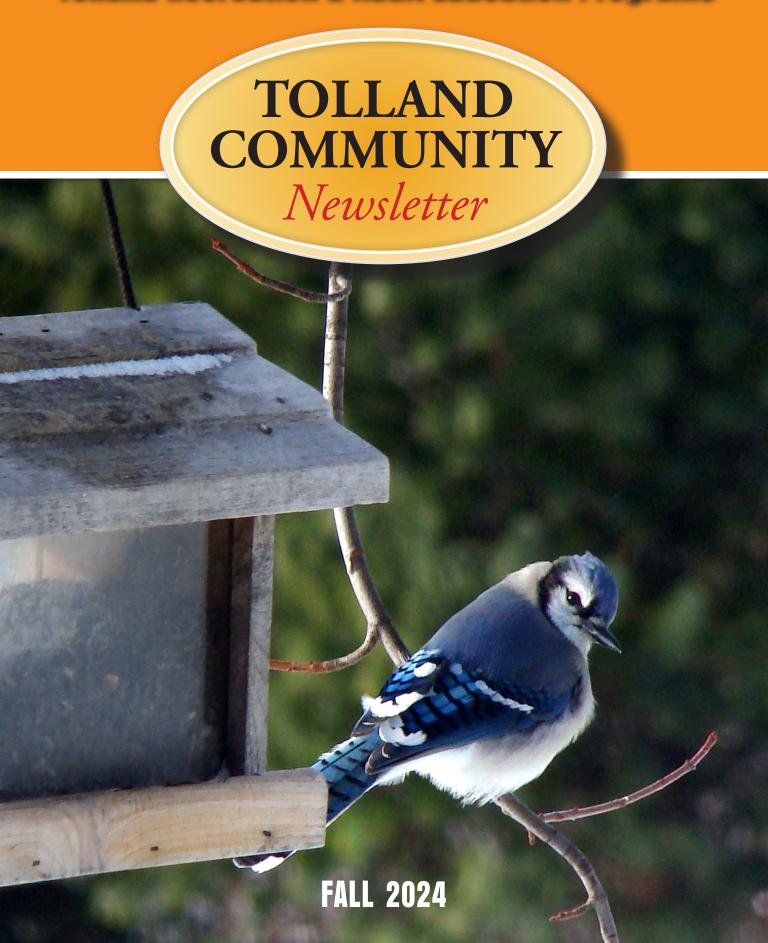
## **Tolland Recreation & Adult Education Programs**



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- Radiology (MRI, X-Ray)
- Sleep Disorders
- Sports Medicine Clinic
- Vascular Surgery

#### Willimantic

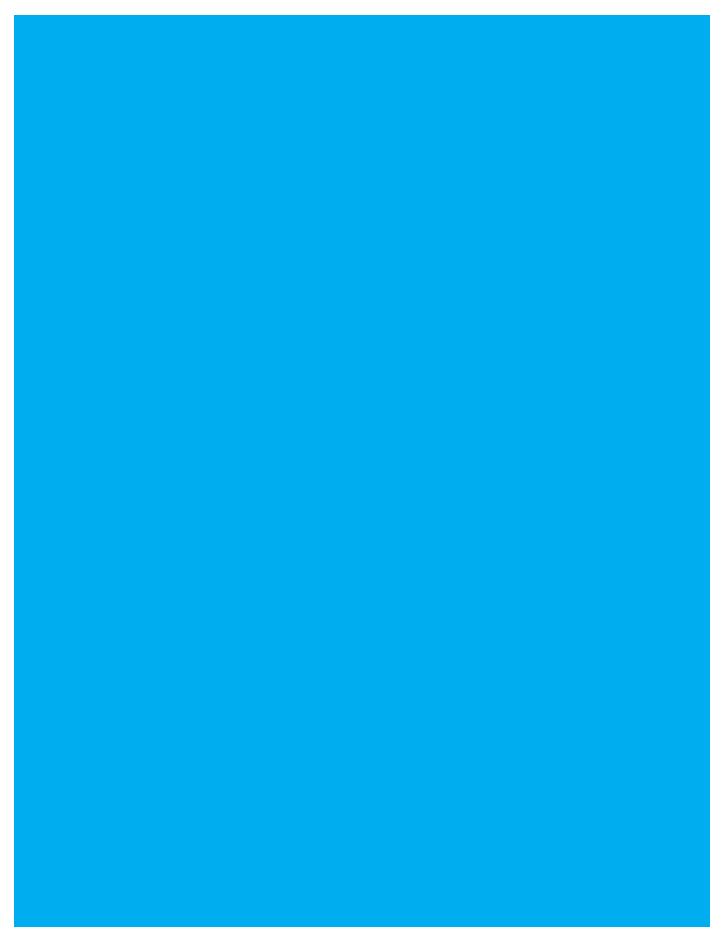
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## **Table of Contents**

Town Manager's Office5
Recreation Departmant5
Contact information5
General Information5
Registration Information6
Program Locations6
Park Facilities6
Tolland Youth Sports Leagues & Groups7
Tolland Town Directory7
Rentals7
Preschool Programs9
Youth Programs
Youth Sports Programs14
Adult Sports 15
Adult Eduction 17
Trips/Recreation Happenings 18
Tolland Assessor's Office Notice to Residents 19
Tolland Senior Center- programs 21
Tolland Human Services
Fair Housing Notice21
Human Services Assistance Programs,
Youth Programming22
Tolland's Commission on People with Disabilities23
Registrar of Voters25
Planning & Development
Building Department25
Planning Department25
Public Library Programs
Tolland Fire Department/Public Safety28

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#### To advertise please contact:

Jean Beckley, Sales Representative 860-423-8466 x3305 Jackie Gottlieb, Sales Representative 860-423-8466 x3348

## Town Manager's Office - Recycling Update

#### **Tolland Needs Your Help To Recycle!**

Below are the items that the Town of Tolland is presently recycling:

- Cardboard and Brown Paper bags
- Milk & Juice Cartons
- Glass and Metal Food Containers
- Mixed Paper (Including Junk Mail, Magazines, Multi Ply Carbon Paper)
- Newspaper
- Soft & Hard Covered Books
- Phone Books
- Copy, Color and Computer Paper
- Plastic Containers #1 through #7
- Cans (Aluminum and Tin)

More information can be found at www.tolland.org/solid-waste-recycling

## Next Town sponsored (no charge) Bulky Waste and Metal pick-up will take place during the first full week of October 2024

The next Town sponsored no charge Bulky Waste and Metal pickup will take place during the first full week of October 2024 (the week of October 7th), on the same day of the week as your trash collection. <u>A reservation is required at least (4) business days in</u> advance of your pick-up day or your items WILL NOT be picked up.

#### **Free Residential Electronics Recycling Event**

The Town of Tolland in cooperation with Take 2, Inc. will be hosting a **FREE** Residential Electronics Recycling Collection event at **Tolland High School** located at **1 Eagle Hill**. Residents are encouraged to bring their unwanted electronics to the drive up/drive through electronics collection event on **Saturday, October 19, 2024** between **8 AM and 12 noon**.

## **Tolland Recreation Department**

#### **Contact Information**

104 Old Post Road

Office: 860-871-3610 • Fax: 860-870-1367

#### **Mailing Address**

21 Tolland Green, Tolland, CT 06084

#### **Office Hours**

Monday-Wednesday: 8:00am-4:30pm Thursday: 8:00am-7:30pm • Friday: CLOSED

#### **Registration Website:**

Registration website: www.tollandct.myrec.com

Email: tollandrec@tollandct.gov

#### Recreation Staff

Director: Bruce Watt, bwatt@tollandct.gov

**Recreation Coordinator:** 

Leah Margelony, Imargelony@tollandct.gov

Administrative Assistant: Kim Grimes, kgrimes@tollandct.gov

#### **Recreation Board**

Jeff Maron, Chairman Brian Lievense
David Drost, Assistant Chairman Cristopher Jiminez
David Clokey James Leahy

Nicole Kowal

The Board meets every second Monday of the month. All meetings are open to the public.

PROGRAM DISCOUNT! THE TOLLAND TOWN COUNCIL APPPROVED ARPA FUNDING USE TO SUPPORT A 50% REDUCTION ON SELECTED RECREATIONAL PROGRAMS FOR TOLLAND RESIDENTS CONCLUDING DECEMBER 2024. PROGRAM FEES WILL BE ADJUSTED DURING THE TIME OF CHECK OUT. QUALIFING FEE REDUCTIONS ARE SHOWN IN PROGRAM DISCRPIPTIONS.

## FALL REGISTRATION

BEGINS ON: MONDAY, August 26, 2024; 8:00am

Please visit our registration site at www.tollandct.myrec.com

#### **Activity and Program Pictures**

Throughout the year Andre Garant has taken pictures of our activities and programs.

If you would like to see them please go to: www.flickr.com/photos/63906149@N02/ Andre Garant-Photography on Demand

#### **General Information**

#### Insurance

All persons participating in Recreation programs should carry their own personal health insurance. The Town of Tolland is not responsible for personal injuries. Participants in all Department sponsored programs do so at their own risk.

#### **ADA**

The Town of Tolland does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in provision of programs and services. We are committed to assuring equal access to programs, activities, and services to all individuals. If you or a family member needs special assistance, please let us know when you register.

## **Tolland Recreation Department**

#### **Participation**

Only those enrolled in the program may attend. Sorry, children will not be allowed in the class room or gym during adult programs and siblings must remain seated and not disturb youth classes.

#### **Age Requirement**

To participate, children must meet minimum age before the class starts.

#### **Inclement Weather**

Program cancellations due to inclement weather are announced via email blasts through the Recreation Department's registration system and are broadcast on Channel 3's Early Warning Announcements.

#### **Scholarship Programs**

It is our policy that residents of the Town of Tolland who cannot afford to participate in programs or activities can make confidential inquiries for assistance to the Recreation Director.

#### "Oops!

Despite our best efforts, errors sometimes make it into this Newsletter. We apologize for any inconvenience these errors may cause." We reserve the right to: Make changes in price, content, description, etc. at any time without notice.

### **Registration Information**

#### MAIL-IN

Registrations are accepted on a first come/first serve basis. A registration form is available at tollandct.myrec.com
Mail your completed form with payment to:

**Tolland Recreation Department** 

21 Tolland Green, Tolland, CT 06084

Consider yourself registered if you do not hear from us.

#### **ON-LINE**

#### **Recreation Department Registration Website:**

www.tollandct.myrec.com

Town Website: www.tollandct.gov

Participants registering online will be confirmed online. Not all classes can be registered for online; however you may view all classes.

#### **INFORMATION**

Be sure to complete all information when registering.

#### **REGISTER EARLY!**

If a program does not meet its minimum enrollment number prior to the start of class it will be cancelled.

#### **CLASSES**

We reserve the right to limit class size and to cancel classes failing to meet minimum requirements.

#### **PAYMENT**

Registration is not considered valid until the program fee is paid. We accept cash, checks, Discover Card, Visa or Master Card.

#### REFUND POLICY

- 1. If a program is cancelled by the Tolland Recreation Department, a full refund will be issued.
- 2. All refunds are subject to a \$25.00 processing fee provided a written cancellation request is submitted to the department a minimum of 14 days prior to the start of the activity. No refunds will be issued within 14 days of the start of the activity.
- 3. Bus trips and special events and tickets are only refundable if your seat/space can be filled by someone on a waitlist.

All written request must be submitted to tollandrec@tollandct. gov. All refunds will be issued as a credit on the household's account unless a check is requested.

#### **Program Locations**

Crandall Park	64 Cider Mill Rd, Tolland
Cross Farms Recreation Complex	167 Rhodes Road, Tolland
Tolland Recreation Center	104 Old Post Rd, Tolland
Tolland Tennis Courts	Old Cathole Rd, Tolland
Skungamung River Golf Course, end of Goose La)	114 Folly Ln, Coventry
Youth Garden, (by Lions Field)	Cider Mill Rd, Tolland
Birch Grove Primary School	247 Rhodes Rd, Tolland
Tolland Intermediate School (TIS)	96 Old Post Rd, Tolland
Tolland Middle School (TMS) Tolland High School (THS)	1 Falcon Way, Tolland 1 Eagle Hill Rd, Tolland

#### **Park Facilities**

All parks are open sunrise to sunset. Dogs are required to be on a leash. Dogs are NOT allowed on athletic fields!!

#### **CRANDALL PARK**



64 Cider Mill Road- 350+ acre Town Park containing 3 tennis courts/ 3 pickle ball courts, a basketball court, softball & baseball fields, a swimming pond, bathrooms, 2.5 miles of marked hiking trails and a picnic area.

#### **PAVILION**

Is an open air shelter with picnic table seating for groups of up to 75. Facilities include a large charcoal grill, horseshoe pits and a sand volleyball court. Use of a softball field is possible depending on availability. Rental of the Pavilion does not include beach access. Rental by reservation only through the Recreation Office. Call the Recreation office at 860-871-3610 for fee schedule and available dates.

## **Tolland Recreation Department**

#### "THE LODGE"

124 Cider Mill Road-The Lodge is a year round rental facility available to groups of 100 or less for special events such as weddings, showers, picnics, parties or meetings. Rental rates vary for residents, non-residents, and businesses. Building contains Central Air-conditioning, fireplace, tables & chairs, a warming oven, microwave, and double door fridge. For available dates, fees & more information call the Recreation office at 860-871-3610.

#### **RIVER PARK**

South River Road - 2 Little League size baseball fields, river access.

#### **HERON COVE PARK**

125 South River Road-Small soccer field, multipurpose field, basketball court & canoe launch.

#### **TENNIS COURTS**

Old Cathole Road - Six all weather tennis courts across from Tolland Middle School.

#### **CROSS FARMS RECREATION COMPLEX**

167 Rhodes Road - 3 baseball and 3 soccer fields, hiking trails, exercise stations, 18 hole disc golf course, concession stand and Adam's Adventure an all-inclusive play structure.

#### **ALL WEATHER TURF FIELD**

1 Eagle Hill Road - A beautiful lighted synthetic turf field at Tolland High School. The field with permanent lines for football, soccer and lacrosse is available to rent for a variety of practices, games and other events. To find out more, call the Recreation Department at 860-871-3610 or go to the web site <a href="https://www.tolland.org/recreation.">www.tolland.org/recreation.</a>

The Town of Tolland is an Equal Opportunity Employer <u>www.tollandct.gov</u>

#### **TOLLAND YOUTH SPORTS LEAGUES & GROUPS**

Tolland Boys Travel Basketball	www.tollandbasketballclub.com
Tolland Girls Travel Basketball	www.tollandtravelbasketball.com
Tolland Lacrosse	<u>www.tollandlacrosse.org</u>
Tolland Little League	www.tollandlittleleague.org
Tolland Soccer Club	www.tollandsoccerclub.org
Tolland Youth Football & Cheerleading	www.tollandeaglesyouthfootball.com
Tolland Garden Paths-Youth Garden	www.tgpyouthgarden@comcast.net

### **Tolland Town Directory**

DEPARTMENT	PHONE
Animal Control	(860) 871-3676
Assessor's Office	(860) 871-3650
Building Department	(860) 871-3601
Elections Administration	
Emergency Management	(860) 871-3677
Finance Department	(860) 871-3653
Fire Department/Ambulance-(Non-Emergency	)(860) 871-3677
Fire Chief	
Fire Marshal	(860) 871-3675
Health District/Sanitarian	(860) 871-3601
Human Resources	(860) 871-3600
Human Services	(860) 871-3648
Library	(860) 871-3620
Planning & Zoning	

Police -Lori Sherwood, Secretary	(860) 926-4695
Admin. Resident Trooper	
Probate Court	(860) 871-3640
Public Works	(860) 871-3696
Recreation Department	(860) 871-3610
Senior Services	(860) 870-3730
Tax Department	(860) 871-3657
Tolland Tykes Preschool	(860) 871-3610
Town Clerk	
Town Manager's Office	(860) 871-3600
Trash & Recycling	
,	
Youth Services	(860) 871-3612

#### Rentals

#### TOLLAND RECREATION CENTER- Room Rental 104 Old Post Road, Tolland, CT 06084

Rent a room for parties, events or weekend meetings. Want to have a party for your son or daughter but don't have the space in your house? The Tolland Recreation Center has rooms available to rent for parties, small gatherings, weekend meetings or similar events. Want a special birthday party? Why not rent our gym? Call the Recreation Office at 860-871-3610 to get rates and check on availability.

#### THE LODGE at CRANDALL PARK II

#### 124 Cider Mill Road, Tolland, CT 06084

A year-round rental facility overlooking Powell Pond; Available to residents, non-residents, businesses, etc. in groups of 100 or less for special events such as weddings, showers, picnics, parties, or meetings. The building contains tables & chairs, a warming oven, microwave, and double door fridge. Built in 1991, it is located in the middle of a 300+ acre town park. Nestled on a wooded hilltop overlooking a quiet pond, its singular design blends with the rustic surroundings to create a warm and serene atmosphere. A covered deck on two sides adds to the down home feeling, while inside a large fieldstone fireplace, a cathedral ceiling, and cedar siding completes the picture. The Lodge is heated for year round use, and is available weekdays, weeknights, or weekends. Call the Recreation Department office at (860) 871-3610 for more information, rental fees and available dates.

#### **Amenities:**

- Central Air-conditioning
- Kitchen with warming oven, microwave, double door refrigerator (no freezer)
- Two sided field stone fireplace
- Cedar planking on interior walls
- Tables & chairs to accommodate groups of up to 100
- Clean bathrooms
- Sound system with Bluetooth connection
- Horseshoe pits
- Easy access to hiking trails and fishing pond

PROGRAM DISCOUNT! THE TOLLAND TOWN COUNCIL APPPROVED ARPA FUNDING USE TO SUPPORT A 50% REDUCTION ON SELECTED RECREATIONAL PROGRAMS FOR TOLLAND RESIDENTS CONCLUDING DECEMBER 2024. PROGRAM FEES WILL BE ADJUSTED DURING THE TIME OF CHECK OUT. QUALIFING FEE REDUCTIONS ARE SHOWN IN PROGRAM DISCRPIPTIONS.

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## PRESCHOOL PROGRAMS

#### **TOLLAND TYKES PRESCHOOL**

#### For 3 & 4 Year Olds - Classes begin September 2024

The Tolland Tykes Program is sponsored by the Town of Tolland and is under the direct guidance of the Tolland Recreation Department. Our main objective is to provide a safe, positive, nurturing environment where children can grow and thrive in a group setting while at the same time continue their individual development. Tolland Tykes is a play-based, hands-on, developmentally appropriate preschool program. We use the State of Connecticut Early Learning and Development Standards to guide our curriculum and programming. The children are exposed to all of the major developmental areas including language and literacy, motor development, creative art, math, science, music, and play.

At Tolland Tykes, the individuality of every child is valued and respected.

#### 3 year old class

Day: Meets on Tuesdays and Thursdays
Date: September thru May (32 weeks)

**Time:** 9 to 11:30am

**Ages:** 3 (Children must be 3 years old on or before

December 31st)

**Fee:** \$650.00 Res.(discounted fee) / \$1,300.00

Non-Res. payable in \*two (2) installments

(August & January).

Location: Tolland Recreation Department
Participants: Minimum: 6 Maximum: 12

#### 4 year old class

Day: Meets on Monday, Wednesday, and Fridays

**Date:** September thru May (32 weeks)

**Time:** 9:00am to 12:00pm

**Ages:** 4 (Children must be 4 years old on or before

December 31st)

**Fee:** \$925.00 Res.(discounted fee) / \$1,850.00

Non-Res. payable in \*two (2) installments

(August & January).

**Location:** Tolland Recreation Department **Participants: Minimum: 6 Maximum: 15** 

We will be holding an open enrollment on a first come first serve basis. To register, fill out our department's registration form and mail to the Tolland Recreation Department, 21 Tolland Green, Tolland, CT 06084, along with your \$100.00 non-refundable deposit to hold your child's place. The deposit will be applied toward your tuition fee.

Registration forms can be found on our department's website at <a href="https://www.tollandct.gov">www.tollandct.gov</a> or <a href="https://www.tollandct.myrec.com">www.tollandct.myrec.com</a>.

For more information or if you have any questions please check out our website at <a href="https://tollandct.myrec.com">https://tollandct.myrec.com</a> or feel free to contact the Recreation Office at (860) 871-3610.

#### **PRESCHOOL PROGRAMS**

#### **SOCCER SHOTS Mini Program**

Soccer Shots Mini is designed for 2 year olds. It is a high energy program introducing young children to fundamental soccer principles such as using your feet dribbling and basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active. Soccer Shots jerseys and other gear are available for purchase on our site: Soccer Shots. No equipment is necessary. Space is limited to 12 participants.

Day: Saturdays

**Date:** September 14– November 2, 2024

**Time:** 10:00am-10:30am

Ages: 2

Fee: \$46.00 Res. (Discounted rate) \$102.00 Non-

Res. (8 weeks)

**Location:** Tolland Recreation Department

#### **SOCCER SHOTS Classic Program**

Designed for 3 and 4 year old children as an introduction to Soccer. Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation. Soccer Shots jerseys and other gear are available for purchase on our site: Soccer Shots. No equipment is necessary. Space is limited to 12 participants.

Day: Saturdays

**Date:** September 14– November 2, 2024

**Time:** 10:45am-11:30am

**Ages:** 3 & 4

**Fee:** \$49.00 Res. (Discounted rate) \$108.00

Non-Res. (8 weeks)

**Location:** Tolland Recreation Department



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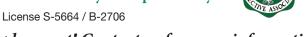




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## PRESCHOOL PROGRAMS

#### TINY TYKES

#### **Parent & Child Program**

This program is designed for all ages and provides littles the opportunity for socialization and interaction through fine and gross motor play. Classes will be held in the gym where participants will have the freedom to explore climb-on's, ride-on's and tinkering with puzzles. This class is ideal for those looking to introduce their toddler to the preschool setting and those that may not be comfortable being away from their caregiver to help acclimate into the next stage of our Preschool Program. Classes are open to moms, dads, grandparents, nanny's – all caregivers are welcome. One registration per child, caregiver must accompany child for duration of program.

**Maximum Enrollment: 12** 

#### Giggle & Go!

**MONDAYS** Day:

September 9 - October 21, 2024 Session 1:

(No Class October 14)

Session 2: November 4 - December 9, 2024

Time: 1:00pm - 2:00pm Ages: All Ages Welcome

\$30.00 Res (discounted fee)/ Fee:

\$70.00 Non-Res (6 weeks)

Location: Tolland Recreation Center - Gym

#### **Little Leapers**

Dav: **TUESDAYS** 

Session 1: September 10 - October 15, 2024 November 12 - December 17, 2024 Session 2:

Time: 9:00am - 10:00am Aaes: All Ages Welcome

\$30.00 Res (discounted fee) / Fee:

\$70.00 Non-Res (6 weeks)

Location: Tolland Recreation Center - Gym

#### **Curious Kiddos**

Day: **THURSDAYS** 

Session 1: September 12 - October 17, 2024 Session 2: October 31 - December 12, 20214

(No Class November 28)

Time: 9:00am - 10:00am Ages: All Ages Welcome

Fee: \$30.00 Res (discounted fee) /

\$70.00 Non-Res (6 weeks)

Location: Tolland Recreation Center - Gym

#### Zumbini

Music and Movement with Nicole! Zumbini is an early childhood education program that uses original music and movement to promote cognitive, social, fine/gross motor skills and emotional development for children ages 0-4, all while creating the ultimate bonding experience for you and your child. This is a parent/quardian style class and requires a quardian to be in attendance for duration of class.

Min Enrollment: 6 Max Enrollment: 12

**MONDAYS** Dav:

**Session 1:** September 9 - October 21 NO CLASS 10/14

Session 2: November 4 – December 9

Time: 9:30am - 10:30am

Ages: Ages 0-4

\$30.00 Res (discounted fee) / Fee:

\$70.00 Non-Res (6 weeks)

Location: Tolland Recreation Center - Program Room 4

Dav: **THURSDAYS** 

**Session 1:** September 12 – October 17

Session 2: October 31 - December 12 NO CLASS 11/28

Time: 10:00am - 11:00am

Ages: Ages 0-4

Fee: \$30.00 Res (discounted fee) /

\$70.00 Non-Res (6 weeks)

Location: Tolland Recreation Center – Program Room 4

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## YOUTH PROGRAMS

#### **FOOD EXPLORERS - Fall Desserts**

Join Food Explorers for fantastic fall desserts! Each week you'll make brandnew recipes focused on fall flavors and ingredients. You'll be making: Fall Fruit Salsa, Pumpkin Donuts, Maple Butter Blondie Bites, and Sweet Potato Pies with Marshmallow Whipped Cream. All recipes are nutfree but may contain dairy, eggs, and gluten.



Max Enrollment: 12 Day: Mondays

**Date:** September 9-September 30, 2024

**Time:** 3:30-4:30pm

Grades: 3-5

Fee: \$42.50 Res (discounted fee) (4 weeks)
Location: Tolland Recreation Department

#### **FOOD EXPLORERS - Holiday Desserts**

Join Food Explorers for delicious holiday desserts! Each week you'll make a dessert inspired by favorite holiday flavors and foods. You'll be making: Chocolate Orange Brownie Bites, Tiramisu Pies, Gingerbread Mini Donuts, Biscoff Banana Trifles. All recipes are nut-free but may contain dairy, eggs, and gluten.

#### **Max Enrollment: 12**

Day: Tuesdays

**Date:** November 12-December 3, 2024

**Time:** 3:30-4:30pm

Grades: 3-5

**Fee:** \$42.50 Res (discounted fee) (4 weeks) **Location:** Tolland Recreation Department

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## YOUTH PROGRAMS

#### The "CREW After School" Program

#### **Maximum Enrollment: 20**

The 'CREW After School' offers an opportunity exclusively for Tolland Intermediate School students to

Celebrate Recreation, Education and Well-being. 'The CREW' meets every day after school for the 2024/2025 school year. Students are met by Crew Leaders at the dismissal bell on Regular School days as well as Scheduled Early Release days (TBD based on BOE Calendar for 2024/2025 School Year).

From there the CREW make the guick walk up to the Recreation Center - 104 Old Post Road (next door to TIS). Afternoons with 'the CREW' begin with quiet time which may look like a good book, a game of cards, making a friendship bracelet or getting a head start on homework - all before jumping into recreational activities.

Consider 'the CREW After School' - the cousin of Crandall's Summer Camp!

We can't wait to meet you and have you join 'the CREW'!

Day: Monday-Friday 2024/2025 School Year Date: First Day of School to Last Day of School

Time: Regular Days 3:15 – 6:00pm

Scheduled Early Dismissal 12:40 – 6:00pm

3rd, 4th & 5th – Must be attending Tolland **Grades:** 

Intermediate School

Fee: \$1,250.00 (discounted fee) \$125.00/month

(discounted fee)

**Tolland Recreation Center** Location:

#### **Babysitter Safety**

This course is for youth's age 11 to 17 years of age with the most common age of 12 - 14. This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Other topics include hand washing, diapering, bottle feeding, and personal safety and interview skills. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. First Aid including adult and child CPR (requires passing written and skills testing to receive 2 year certification)

Booklet, handouts and Babysitter Safety Certificate of completion included. Bring a snack.

Instructor: LifeSafe Services Staff

Dav: Saturday

Date: November 9, 2024 Time: 9:00am - 2:00pm

Ages: 11-17

Fee: \$55.00 Res.(Discounted Fee)/\$120.00 NonRes.

Location: **Tolland Recreation Center** 

#### **Building Up S.T.E.A.M. Using LEGO®**

Children are working independently and cooperatively as they begin to explore simple machines using LEGO® DUPLO® early childhood materials. Projects may include spin tops, motorcycles, and hockey players.

Instructor: E.Y.E.S., LLC. Staff

Dav: Mondays

Date: September 16-October 28, 2024 (No Class

Oct. 14)

Time: 3:45-4:45pm Kindergarten-2nd **Grades:** 

Fee: \$90.00 (discounted fee) (6 weeks) Location: Birch Grove Elementary School



Wendy C. Ernst, DVM • Kaitlyn M. Way, DVM Stephen Muir, DVM

266 Stafford Road, Mansfield Center, CT 06250



kirbyveterinaryhospital.com

Call (860) 450-0505 today to schedule an appointment.

## **YOUTH SPORTS PROGRAMS**

#### **FUTSAL CLINIC**

The Tolland Recreation Department in conjunction with CAB Sports is running Futsal Clinics this Fall/Winter. Futsal is a sport that is widely popular in South America, and Europe. It is traditionally played as a 5 v. 5, with goalies on a basketball court. Futsal is played with a smaller, low bounce ball and encourages a great touch on the ball, good footwork, and dribbling past a defender. It is gaining popularity in America because many famous players have praised Futsal for developing their playing style. Players such as Lionel Messi, Neymar, and Cristiano Ronaldo. Futsal is one of the fastest growing sports worldwide. The United States is now developing a league which will begin soon. What does a session look like? Every session is broken down into 3 parts; Technical Training, Tactical Training and Game/ Skill Application. Players will engage in game or modified game in order to apply both technical and tactical skills. This is the player's favorite part of the clinic and where they are really encouraged to show the skills they have learned.

#### **Tolland Middle School**

**Monday-Friday** Dav:

Date: November 18 - November 22, 2024

Time: 2:30 - 4:00pm

Ages: Students attending Tolland Middle School

Fee: \$47.50 (discounted price) Location: **Tolland Intermediate School** 

#### **Tolland Intermediate School**

Dav: **Monday-Friday** 

Date: December 16 - December 20, 2024

Time: 3:30 - 5:15pm

Students attending Tolland Intermediate School Ages:

\$47.50 (discounted price) Fee: Location: **Tolland Intermediate School** 

#### **Birch Grove School**

**Monday-Friday** Day:

Date: January 6 – January 10, 2025

Time: 3:50 - 5:20pm

Ages: Students attending Birch Grove School

Fee: \$47.50 (discounted price) Location: Tolland Birch Grove School

#### DODGEBALL AFTER SCHOOL

A chance for some after school fun playing the popular game of dodge ball. The players will use super soft foam balls and safety is stressed. Each week different styles of dodgeball are learned. The emphasis will be on teamwork and sportsmanship. Participants will be met at Tolland Intermediate School and be walked up to the Recreation Center.

Instructor: Rich Laviane Dav: Tuesdays

Date: October 1 – October 29, 2024 (No class 10/22)

Time: 3:30-5:00pm Ages: Grades 3 - 5

Fee: \$20.00 Res (discounted fee) / \$50.00 Non-Res

Location: Tolland Recreation Center

#### **RECREATION YOUTH** BASKETBALL PROGRAM

This recreational basketball league is for boys and girls grades 3-12. A fun program designed to help improve individual skills and learn the fundamentals of basketball. Games will be played on Saturdays. Practices will be held once a week during the weekday. Each league has a separate

program for boys and girls.

#### **SPACE IS LIMITED!**

**Game Play:** Saturdays, schedule will vary **Practices:** Will be held 1 day per week during

the weekday.

**Dates:** Mid December-Early March **Time:** Times will vary according to schedule Ages: Boys League: Grades 3rd& 4th, 5th& 6th,

7th & 8th and 9th - 12th

Girls League: Grades 3rd – 5th and Grades 6th – 9th

Fee: \$62.50 (discounted price)

We will not accept registrations after November 15, 2024

Volunteer coaches are needed for all age groups. Leagues cannot start until we have enough coaches. Call the Recreation Office at 860-871-3610.

PROGRAM DISCOUNT! THE TOLLAND TOWN COUNCIL APPPROVED ARPA FUNDING USE TO SUPPORT A 50% REDUCTION ON SELECTED RECREATIONAL PROGRAMS FOR TOLLAND RESIDENTS CONCLUDING DECEMBER 2024. PROGRAM FEES WILL BE ADJUSTED DURING THE TIME OF CHECK OUT. QUALIFING FEE REDUCTIONS ARE SHOWN IN PROGRAM DISCRPIPTIONS.

## ADULT SPORTS

#### **PICKLE BALL – Classes for New Players**

These classes are a great way for brand new players to learn the sport of Pickleball. Players receive instruction plus playing time. Players will learn all the basics to be able to play. We will cover equipment, unique lingo, score keeping, court position, and the fundamentals of serve, return, and the volley. These classes are for Individuals ages 35 and older. Indoor Court shoes are required. Pickleball paddles are not provided to use during the classes.

Instruction: Richard Lavigne WEDNESDAY Day:

September 25 - October 16, 2024 Date:

12:30 - 1:30pm Time: Ages: 35 and older

\$20.00 Res (discounted fee) / Fee:

\$50.00 Non-Res (4 weeks)

**Tolland Recreation Center** Location: **Participants:** Minimum: 4 Maximum: 8

#### **PICKLE BALL – Classes for Intermediate Players**

These classes are a great way for experienced players to expand their skill set in the sport of Pickleball. Players receive instruction plus playing time. Players will learn all the basics to be able to play. We will teach techniques such as the third shot drop, retrieving lobs, dinking, and more. These classes are for Individuals ages 35 and older. Indoor Court shoes are required. Pickleball paddles are not provided to use during the classes.

Instruction: Richard Lavigne **WEDNESDAYS** Dav:

Date: September 25 - October 16, 2024

2:00 - 3:00pm Time: Ages: 35 and older

\$20.00 Res (discounted fee) Fee:

\$50.00 Non-Res (4 weeks)

Location: Tolland Recreation Center Minimum: 4 Maximum: 8 **Participants:** 

#### **PICKLE BALL - OPEN COURT**

Are you looking to meet new people, workout, or just have fun? Then Pickle ball is for you! Pickle ball is a racquet sport which combines badminton; tennis and ping pong all in one and is easy to learn. **REGISTRATION IS REQUIRED.** 

Class limited to 10 participants.

**TUESDAYS** Dav:

Date: September 17 - December 3, 2024

(No Class Oct 22, Nov 5)

Time: Session 1: 5:30-7:00pm

Session 2: 7:00 – 8:30pm

18 and up Ages:

Fee: \$25.00 Res. (discounted fee) /

\$60.00 Non-Res. (10 weeks) per session

Location: **Tolland Recreation Department** 

#### PICKLE BALL - OPEN COURT

Are you looking to meet new people, workout, or just have fun? Then Pickle ball is for you! Pickle ball is a racquet sport which combines badminton; tennis and ping pong all in one and is easy to learn.

#### **REGISTRATION IS REQUIRED. Class limited to 10 participants.**

Dav: **THURSDAYS** 

Date: September 19 – December 5, 2024

(No Class Oct 24, Nov 28)

Session 1: 1:00-2:30pm Time:

Session 2: 2:30 -4:00pm Session 3: 5:30-7:00pm

Ages: 18 and up

Fee: \$25.00 Res. (discounted fee) /

\$60.00 Non-Res. (10 weeks) per session

Location: Tolland Recreation Department

#### GOLF LESSONS (Beginner) - Coed

If you want to learn to play golf or improve your game this course is for you. Learn proper grip, alignment, swing technique, basic etiquette and rules.

Instructor: Rick Nelson, PGA Professional

Dav: **THURSDAYS** 

Date: September 5-September 26, 2024

Time: 6:00 -7:00pm Ages: 16 & up

Fee: \$42.00 Res .(discounted fee) /

\$94.00 Non-Res., (4 weeks)

Location: Skungamaug River Golf Course

(end of Goose La)

#### **BASKETBALL- Pick up**

The benefits of basketball include great aerobic exercise, it provides a wonderful cardiovascular workout, improves heart health, stamina and lung capacity. The guick movements exercise your joints and muscles and improve strength and flexibility. In other words it provides a complete workout and allows you to meet new people while having fun! Pickup games using multiple courts.

Register with the Recreation Department for a reduced rate or pay the drop in for \$7.00 an evening. TOLLAND RESIDENTS ONLY.

**MONDAYS** Day:

September 16 – December 9, 2024 Date:

(No class Oct 14)

Time: 7:00-9:00pm Ages: 19 and up

Fee: \$36.00 Res.(discounted fee) (12 weeks) or

\$7.00 per walk-in

Location: Tolland Middle School

**WEDNESDAYS** Dav:

Date: September 25 – December 11, 2024

(No class Oct 2, Nov 27)

6:30-8:30pm Time: Ages: 19 and up

Fee: \$30.00 Res.(discounted fee) (10 weeks) or

\$7.00 per walk-in

Tolland Middle School Location:

### **ADULT SPORTS**

#### VOLLEYBALL (Coed)

If you are looking for a fun way to improve your health, volleyball could be the sport for you. Join us for coed pickup games, No experience necessary. Our experience instructor will help you learn the game. If you have experience he will help you improve. A good opportunity to meet new people and make new friends. Sign up with the recreation department at the reduced rate or pay the drop in rate \$7.00 an evening.

Instructor: Sue Vang Day: **Mondays** Date: September 16 -

> December 9, 2024 (No class Oct 14)

Time: 7:00-9:00pm Ages: 16 and up

Fee: \$36.00Res (Discounted fee) /

\$82.00 Non-Res. (12 weeks) or

\$7.00 per walk-in

Location: Tolland Intermediate School





#### **VOLLEYBALL** (Power)

If you have some experience as volleyball player this program is for you. Coed pick- up games for fitness and fun. Improve your game and meet new people while getting a good cardiovascular workout. Build muscle and burn fat. Sign up with the recreation department at the reduced rate or pay the drop in rate for \$7.00 an evening.

Instructor: Sue Vang Dav: **Tuesdays** 

Date: September 17 – December 10, 2024

Time: 7:15-9:15pm Ages: 18 and up

Fee: \$39.00 Res. (discounted fee) /

\$88.00 Non-Res. (13 weeks) or \$7.00 per walk-in

Tolland Intermediate School Location:





## **ADULT EDUCATION**

#### Ed 2 Go-Education to Go - Online Courses

Here at the Tolland Recreation Department we offer a wide range of ed2go courses that you can take from the comfort of your own home. All of our courses include expert instructors, many of whom are nationally known authors. Our online courses are affordable, fun, fast, convenient, and geared just for you. Classes as low as \$95!! Ready to explore our catalog? Visit www.ed2go.com/TollandRec.



#### KNITTING CLASS

Beginners, novice, intermediate or expert knitters; this is your class. Bring your problems, questions, or unfinished projects. The basics of knitting will be explored. Casting on, binding off, the knit stitch, the purl stitch, simple knit & purl combinations, simple cables, reading & interpreting patterns & abbreviations. Come join the fun and learn a thing or two. Materials are covered by the student according to individual patterns. Extra yarn and needles to practice stitches & techniques will be available during class.

Instructor: Lori D'Andrea Tuesdays Day:

September 10 – November 19, 2024 (No Nov 5) Date:

Time: 6:30-8:00pm Ages: 16 and up

Fee: \$40.00 Res.(discounted fee) /

\$90.00 Non-Res, (10 weeks)

Location: Tolland Recreation Center- Program Room 1



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### **ADULT EDUCATION**

#### YOGA AM & PM

#### **Maximum Enrollment: 18**

These classes are moderate, mixed level Kripalu Yoga classes. In the Kripalu approach, we use the tools of yoga – breathing exercises, yoga postures and meditation - to develop awareness, strength, flexibility, balance, and resilience in the body and mind. I also incorporate some of the principles of Ayurveda, "the science of life", in these classes to give you more tools to create balance, harmony and vibrant health in your life. Everything can be adapted to suit individual levels. No previous experience with yoga is necessary. Please bring a yoga mat and a blanket or towel to cover up for final relaxation. Walk-in rate \$10.00 per class. Space is limited.

Instructor: Amy Evans, RYT-500, AYT.

#### **MORNING YOGA**

Day: **TUESDAYS- AM** 

Date: September 24 - December 17, 2024

(No Class 11/5)

9:00am-10:00am Time:

Ages: 16 and up

Fee: \$42.00 Res. (discounted fee) /

\$94.00 Non-Res., (12 weeks)

Location: **Tolland Recreation Department** 

Dav: **WEDNESDAYS-AM** 

Date: September 25 - December 11, 2024

Time: 9:00am-10:00 am

Ages: 16 and up

Fee: \$42.00 Res. (discounted fee) /

\$94.00 Non-Res., (12 weeks)

Location: **Tolland Recreation Department** 

#### AFTERNOON YOGA

Day: **WEDNESDAYS - Afternoon** 

September 25 - December 11, 2024 Date:

Time: 4:45pm – 5:45pm

16 and up Ages:

Fee: \$42.00 Res. (discounted fee) / \$94.00 Non-

Res., (12 weeks)

Location: **Tolland Recreation Department** 

#### **EVENING YOGA**

**WEDNESDAYS - PM** Day:

September 25 - December 11, 2024 Date:

Time: 6:00pm-7:00 pm Ages: 16 and up

Fee: \$42.00 Res. (discounted fee) / \$94.00 Non-Res.,

(12 weeks)

Location: **Tolland Recreation Department** 

## Trips/RECREATION HAPPENINGS

#### A Day on your own in Salem, MA: Saturday, November 2, 2024

Join us for a spooky trip to Salem, Massachusetts, right after Halloween! We provide the transportation, and you are free to explore the streets of Salem as you wish! Just make sure you meet us back at the bus station by 5:45pm for the bus ride home.

Discounted self-guided tickets to the Peabody Essex Museum are available for purchase along with your bus ticket. These tickets are good for the whole day.

Dav: Saturday

Date: November 2nd, 2024

Time: 7:00am-Tolland Commuter Parking Lot (Exit

68 off of I-84)

**Arrival:** Approximately 9:00am, Salem Train & Bus

Station: 252 Bridge St, Salem, MA 01970 Depart: 6:00pm-Salem Train & Bus Station: 252

Bridge St, Salem, MA 01970

Approximately 8:00 -8:30PM-Tolland **Return:** 

Commuter Parking Lot

Cost: \$70.00 per person, add-on for discounted

self-quided tickets to the Peabody

Essex Museum- \$23.00

Location: Salem, MA

#### **Blossoms and Butterflies: December 3 2024** Yankee Candle, Deerfield Inn and Magic Wings Butterfly Conservatory

We begin our journey at Yankee Candle Village, located in South Deerfield, Massachusetts. Visiting the flagship store provides amusement and holiday cheer year-round. Spend your visit roaming the winding showrooms and losing yourself in the infinite varieties of fragrant scents. You can explore Santa's workshop and wander through the Bavarian

Christmas Village where it snows every four minutes...inside! Sweeten your trip at our Fudge Shop and Yankee Candy – featuring 125 different types of candy. Yankee Candle Village truly has something for everyone. After, lunch is served at the Deerfield Inn. Choice between: Herb Crusted White Fish (topped with toasted herbed crumbs with a sundried tomato butter sauce), Lemon-Rosemary Chicken Breast or Vegetable Lasagna Rolls. The meal comes with warmed rolls and butter, baby green salad, coffee, tea, and dessert. Our journey continues, this afternoon, with a selfguided tour at Magic Wings Butterfly Conservatory and Gardens. Magic Wings is an 8,000 square foot glass conservatory filled with butterflies, moths and tropical vegetation. Year round, the conservatory is kept at 80 degrees which creates a tropical-like environment. The sound of the waterfall, peaceful music and hundreds of butterflies fluttering freely through the air provides a tranguil and serene atmosphere. Bring your camera for some beautiful photo opportunities. If you're lucky, one

Tuesday Day:

might even land on you!

Date: December 3, 2024

8:30am - Tolland Commuter Parking Lot Depart:

(exit 68 off of I-84)

Approximately 6:15pm, Tolland Return:

Cost: \$149.00 per person

Includes: Round trip motor-coach, free-time at Yankee

## Trips/RECREATION HAPPENINGS

Candle, Self-guided tour of Magic Wings, Lunch at Deerfield Inn, Tour Director and all gratuities (including driver and tour Director).

Yankee Candle Village, Deerfield Inn and

Magic Wings Butterfly Conservatory

and Gardens.

#### TRICK-OR-TREAT

Location:

Tolland Recreation Department - THURSDAY, OCTOBER 24, 2024 A chance to show off your child's costume, see your friends and trick or treat in a safe friendly environment.

Visit the Recreation Department and find out more about us. Busiest time is between 5:30 and 6pm; come later when the lines are shorter. The event will be held at the Tolland Recreation Center (104 Old Post Road).

**Sponsored by:** Yanni Family Orthodontics &The Tolland

**Recreation Department** 

Dav: **Thursday** 

Date: October 24, 2024 5:30-7:00pm Time: 10 and under Ages:

In lieu of a fee, we ask that you bring a non-Fee:

perishable food donation.

Location: **Tolland Recreation Department** 

#### **LETTERS TO SANTA**

Santa's elves will be collecting letters left in the mail boxes at the Post Office, the Tolland Recreation Department, and Tolland Library beginning Tuesday, November 26, 2024 thru Sunday, December 15, 2024. It is so hard for Santa to write back when a child doesn't include their FULL NAME & ADDRESS. so please be sure that children include them.

#### ANNUAL CIDER MILL 5K & FAMILY I MILE RUN

#### Saturday, October 5, 2024

Attention all runners and community enthusiasts! Get ready to lace up your running shoes for the annual Tolland CT Cidermill Road Race, a cherished tradition that brings together our local community for a morning of fun, fitness, and camaraderie.

The Cider Mill Road Race is more than just a race - it's an opportunity to come together as a community, promote a healthy lifestyle, and support our local community. Proceeds from the event will benefit Tolland Schools, helping to make a positive and direct impact in our town.

Whether you're a seasoned runner, a casual walker, or just looking for a fun morning out with family and friends, the Cidermill Road Race has something for everyone. Mark your calendars, spread the word, and join us for a memorable day of fitness and fun!

- 8:30 AM-CHECK IN
- 9:00 AM-CIDERMILL KIDS RUN
- 9:45 AM-CIDER MILE FUN RUN, 1 mile race
- 10:30 AM-CIDER MILL 5K, 3.1 mile race
- 11:30 AM-Awards Ceremony

Be sure to stop by the tables of our sponsors for some swaq and information on their business!

Participants must pre-register by 10/4/2024. T-shirts are free to runners who pre-register by 9/6/2024. Please be advised that there will be no day of registration for the 2024 race.

For more information and to register, visit www.cidermillroadrace.org. See you at the starting line!

## Assessors Office - NOTICE TO TOLLAND RESIDENTS

#### NOTICE TO TOLLAND RESIDENTS - ASSESSORS OFFICE

The Tolland Assessor's office is currently receiving applications from individuals who are entitled to the following exemptions:

Any person who has been declared legally blind is entitled to an exemption of 3,000. Proof must be filed with the Assessor. Individuals who drive vehicles that have been equipped with handicapped features may apply annually to have their vehicle exempted from property taxes. Filing deadline is January 31, 2025.

Totally disabled persons who are receiving permanent total disability under the Federal Old Age Survivors and Disability Insurance Program are entitled to an exemption of 1,000. The filing deadline is December 1, 2024.

Assessment staff will be visiting homes from August through November to inspect those who have taken out building permits over the last year. Jason Lawrence or Karen Vaiciulis will have identification.

The town is conducting a state mandated revaluation of all properties effective for the 10/1/2024 grand list. You may see a clearly marked town vehicle reviewing your property during the summer and into the fall. Assessment notices will be sent in late November. Please return any sales questionnaires you have received ASAP.

For eligible homeowners looking to apply for the Tolland Local Tax Relief Program for permanently disabled and senior residents or Tax Deferral for Senior Citizens, the application period begins February 1, 2025 and runs through May 15, 2025.

Information is available on the Assessors website at https://www. tollandct.gov/assessors-office/pages/tax-relief-programs. Feel free to stop in to the Assessor's office or call 860-871-3650 for information on the available programs. Returning applicants will be notified if you need to reapply.

The Board of Assessment Appeals will meet on September 11, 2024 to hear appeals for motor vehicles appearing on the 2023 grand list. Appeals are by appointment only and will no longer be first come first served. Please contact the assessor's office to make an appointment or fill out an application and submit it to the Assessor's office before September 11, 2024. Applications are available in the Assessor's office or on our web page. https://www.tollandct.gov/sites/g/files/ vyhlif11831/f/uploads/mv\_baa\_23gl\_0.pdf



Join us May 5th- October 13th

## **SUNDAYS ON TOLLAND GREEN 10AM-1PM**

Visit our Website Tollandgreenmarket.com for our schedule of events and a list of our Vendors.

Calling all Kids-September 22<sup>nd</sup> is our Kids Market, come sell what you love to create. Tolland Business Market - September 15th.

Send us an email to sign up at supportlocal@tollandgreenmarket.com



## Look who is smiling with us!

Dr. Neil Hoss would like to welcome our two new hygienists to our practice.

In business since May 1994, we would like to invite you to join us for all your dental needs.









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## **Human Services - Senior Center**

#### TOLLAND SENIOR CENTER

674 Tolland Stage Road, Tolland, CT 06084 • 860-870-3730 Mailing Address: 21 Tolland Green, Tolland, CT 06084

Center Hours: Monday – Wednesday: 8:30 AM – 4:00 PM, Thursday: 8:30 AM – 6:30 PM • Friday: CLOSED

#### **Programs we offer:**

Bean Bag Toss, Billiards, Book Club, Bridge, Cardio Drumming, Cards, Chair Volleyball, Chorus, Cooking Program, Dominoes, Jammers, Line Dancing, Mahjong, Pickleball, Ping Pong, Tap Dancing, and Tech Class!!

We also offer the following Health & Wellness programs:

Chair Yoga, Exercise, Foot Care, Haircuts, and Hiking Club!! We serve LUNCH every Wednesday!!

Stop in or visit our webpage (www.tollandct.gov/home/senior-center) and see what we have to offer! Want a newsletter emailed to you? Email: kkowalyshyn@tollandct.gov and let us know.

#### **Fair Housing Notice**

Beverly Bellody, Director of Tolland Human Services, serves as the Fair Housing Officer for the Town of Tolland. The Federal Fair Housing Act prohibits discrimination in the sale, rental and financing of dwellings, and in other housing-related transactions, based on race, color, national origin, sex, religion, familial status or the presence of children, or disability.

Under the Connecticut Fair Housing Act, it is against the law to deny

anyone housing based on race, color, national origin, ancestry, sex, religion, familial status or the presence of children, disability, marital status, sexual orientation, age (except minors), lawful source of income, veteran status or gender identity or expression. If you feel your rights have been denied in the equal access to the rental, sale or financing of residential property, please contact Beverly Bellody at (860) 871-3611, Mon.-Wed. 8:00 am-4:30 pm, Thurs. 8:00 am-7:30 pm, closed on Friday.

### Turning 65 or losing employer coverage in the next 4 months? **Unsatisfied with your current Medicare plan?** CALL ME!

My purpose is to place you in a plan that is appropriate for YOUR lifestyle, budget, drugs taken and health insurance needs.

## I represent ALL 8 Medicare Insurance Carriers in CT

Aetna • Anthem Blue Cross Blue Shield CarePartners of Connecticut • Cigna • ConnectiCare Humana • United Heathcare/AARP • WellCare



### **CALL MICKEY WEINSTEIN** AT 203-592-0000

I am local, and my services are at no cost to you.

Medicare Advantage Plans Medicare Supplemental Plans Part D Drug Plans Dental, Vision, & Hospital Expense Plans

## **Human Services - Asst. Programs & Youth Services**

#### **Human Services Assistance Programs**

#### Renter's Rebate

Tolland Human Services will be accepting Renter's Rebate applications through September 30th. This income-based program provides a one-time payment to renters based on the rent and utilities paid in 2023. Proof of income (SSA 1099) and paid rental expenses for 2023 must be provided.

Requirements for recipients include:

 Recipient or spouse must be 65 years of age or older

#### OR

• Be 50 years of age or older and the surviving spouse of a renter who at the time of the renter's death had qualified and was entitled to tax relief (provided such spouse was domiciled with such renter at the time of the renter's death)

## New Human Services Staff Member!

We are excited to introduce Lincoln, an 18-month-old Standard Poodle, who is joining our Human Services team as our first-ever Therapy Dog! Lincoln will be providing comfort and support to our clients. He will also accompany us in the field for our youth programs. Keep an eye out for Lincoln's "Paws up for Prevention" initiatives, starting this fall!



#### OF

• Be 18 years of age or older and receiving Social Security Disability benefits and must meet a one year state residency requirement

To schedule an appointment, please contact Jillian Fiddler at (860)-871-3615.

#### **Energy Assistance**

Eligibility for the CT Energy Assistance Program is based on annual gross income and household size. Assistance is for your primary source of heating, including oil, electricity, and propane. Renters and homeowners may apply. Renters whose heating costs are included in their rent may also apply.

Guidelines for income eligibility will be released and available shortly on the Tolland Human Services page. Residents can apply through Tolland Human Services 860-871-3648. Please call in advance to set up an appointment if you would like to meet with someone from Human Services. Residents can also apply at the Access Agency in Willimantic (860-450-7400) or online at: https://portal.ct.gov/heatinghelp/ctenergy

#### **Food Assistance**

Tolland residents needing Food Assistance may contact Lisa Murdock at (860) 871-3648 to fill out an application for the Tolland Food Pantry and applicable Food Assistance programs.

#### **FoodShare Mobile Food Pantry**

The FoodShare Mobile Food Pantry is available in Tolland on alternate Thursdays, 10-10:30 a.m. in the parking lot adjacent to the United Congregational Church of Tolland, 45 Tolland Green. Pre-registration and identification are not required. For more information about FoodShare, residents may contact FoodShare at (860) 286-9999 or the UCC office at (860) 875-4160, or visit the FoodShare website, www.foodshare.org. Residents participating in the program must bring their own bags.

#### **Back to School Program**

Thank you to the generous donors in the community who provided support and donations to our back to school program. Thanks to your kindness and generosity we were able to get our Tolland students off to the right start for the school year!

#### **Human Services Youth Programming**

**Tolland Youth Services Community Theater (TYSCT)** 



Congratulations to the cast and crew of Tolland Youth Services Community Theater for their incredibly successful performances of the Little Mermaid this past July! With a cast of 100 performers and 7 crew, we could not be more proud of the hard work and dedication you put into this production! Next summer's musical will be selected in early Spring and announced on our social media pages, as well as the Tolland Youth Services Community Theater page: <a href="https://www.tollandct.gov/youth-services/pages/tolland-youth-services-community-theater">https://www.tollandct.gov/youth-services/pages/tolland-youth-services-community-theater</a>

#### 'Paint a Pumpkin' Events!

Keep an eye on the Tolland Youth Services and Tolland Public Library pages for the dates of our "Paint a Pumpkin" groups that we will be co-hosting with the Tolland Children's Librarian in the Story Time room at the Tolland Public Library! We will have paint, gems, feathers and various art supplies to decorate pumpkins. Registration will be required for those needing a pumpkin; participants can also bring their own! We can't wait to see what you create!

#### <u>Tolland Youth Advisory Board and Local Prevention</u> <u>Council (LPC)</u>

The **Tolland Youth Advisory Board** is growing! The advisory board works with the **Tolland Local Prevention Council (LPC)** and helps to advise and make recommendations for the Tolland Youth Services Program. This is a great opportunity for community involvement and service hours. Our new members are looking forward to meeting this fall to brainstorm projects and ideas for this school year! If you would like to join, please contact Teresa Kristoff at tkristoff tollandct.gov or (860)-871-3612.

The Tolland Local Prevention Council is thrilled to participate in the

### **Human Services**

Grade 9 Orientation at Tolland High School on August 26th to provide resources and education about getting involved with the LPC. The LPC is looking forward to sponsoring upcoming events and activities for youth and families in the community. Check the Youth Services page for upcoming event information as it becomes available!

For current information regarding Tolland Youth

Services programming and events, residents are encouraged to contact Teresa Kristoff, (860) 871-3612 or visit https://www.tolland. org/youth-services

#### **HVCC Dial-A-Ride Program**

Dial-A-Ride is a transportation program (wheel-chair accessible) for residents who are at least 60 years of age or are disabled adults. This program will provide transportation to medical appointments, shopping, social and recreational activities. Reservations are made on a first come, first served basis. You will need to reserve your ride both to the appointment and from the appointment. There is an annual \$20.00 registration fee and a \$2.00 donation for each trip. Round trips are \$4.00. Call (860) 870-7940 to make a reservation.

#### **Tolland's Commission on People with Disabilities**

#### Did You Know?

The goal of the Tolland Commission on People with Disabilities is to provide information, education, and advocacy for the entire community by embracing the contributions of its citizens with disabilities, and to create a more inclusive Tolland. The Commission researches and advises the Town Council on issues relevant to our citizens with disabilities.

#### The Commission will:

- Offer support for legislative initiatives that promote equality and accessibility for people with disabilities
- Invite speakers from both the public and private sector to discuss topics of concern to the disability community;
- · Explore additional state, federal, and grant funding resources;
- Analyze the services for persons with disabilities provided by the community,

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both by public and private agencies, and make recommendations to the Town Council regarding their findings.

Remember – when you make something accessible for a person with a disability, you make it accessible for **EVERYONE**.

Do you have suggestions on how to make Tolland more inclusive and improve the lives of people with disabilities in our town? We would love to hear from YOU! You can join our Facebook page, join a meeting (every 3rd Thursday of the month at 6:30pm) or send an email to copwd@tollandct.gov. Learn here:

Or at our web page: https:// www.tollandct. gov/commissionpeopledisabilities/ resources



Tolland, CT

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- ➤ Lawn and Garden
- ➤ Floor Sanding

- ➤ Boom Lift
- ➤ Towable Compressor
- ➤ Jackhammers
- ➤ Concrete Tools
- ➤ Party Tents
- > Propane and Ice
- ➤ Party Supplies



#### **EQUIPMENT RENTAL, CONTRACTOR SUPPLIES, TENTS & PARTY RENTALS**

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## Registrars of Voters

#### **REGISTRARS OF VOTERS**

**ALL ELECTIONS (MUNICIPAL,** GUBERNATORIAL, PRESIDENTIAL AND PRIMARIES) are held at the Recreation Center and Senior Center

ALL REFERENDUMS are held in the Program Room of the Library.

**ALL EARLY VOTING** is held in Conference Room B & C. Conference Room B & C are on the second level of town hall adjacent to the Registrars of Voters

**ABSENTEE BALLOTS** are available in the Town Clerk's Office in Town Hall 30 days prior to the November 5th election date, October 4, 2024.

#### **ELECTION CALENDAR**

October 21 - November 3, 2024 Early Voting for **November 5** General Election

Early voting will take place in Conference Room B & C of the Town

Hall from 10am – 6 pm each day, with the exception of Tuesday, October 29 and Thursday, October 31, on which early voting will take place from 8am till 8pm.

#### **November 5, 2024 - GENERAL ELECTION**

**The November 5, 2024** election will be for the offices of US President, US Senator, Representative in Congress, State Senator, State Representative, Registrar of Voters, and Judge of Probate.

To register to vote online or to make changes to your voter registration card (name, address, party etc.), please visit www.myvote.ct.gov and follow the prompts. You will need a valid Connecticut Driver's license.

Please visit our WEBSITE: www.Tollandelections.org for answers to many questions you may have.

If you have any further questions, please call the Registrars of Voters at 860-871-3634

## Planning & Development

#### **Building Department**

860-871-3601 https://www.tolland.org/ building-department

Did you know that many permits can be applied and paid for online? Visit the Building Department webpage and click

the 'Forms & Permits' button to start your application. Having proper permits will not only guarantee the work is approved and inspected, but will benefit you if you decide to sell your home. Did you know that homeowner's insurance claims may be denied due to unpermitted home improvements? Our office staff is happy to answer any questions you may have on the permit process.

While you're on the Building Dept. page, check out our'Permit Requirements by Project Type' page. Here, you'll find a wealth of information tailored to assist you with various home improvement projects. Our resources cover topics such as: generators, heating stoves, and roofing.

As we approach the cooler months, it's essential to prepare our homes for the winter season. If you're considering installing a wood stove, pellet stove, or insert to keep warm, please note that a building permit is required. Here's why this is important:

A building permit ensures that the installation of your stove or insert meets safety standards and local building codes. This includes proper ventilation and clearance requirements to prevent fire hazards and ensure efficient operation. Additionally, a permitted installation typically requires the installation of smoke and carbon monoxide detectors, crucial for the safety of your household.

Speaking of detectors, it's a good practice to change the batteries in your smoke detectors when you change your clocks for daylight saving time. This simple step ensures that your detectors are functioning properly and ready to alert you in case of smoke or fire.

Whether you're applying for permits, seeking guidance on regulations, or have general inquiries, we are pleased to offer our support. Office hours: Monday-Wednesday 8:00am-4:30pm, Thursday 8:00am-7:30pm.

#### **Planning Department**

#### https://www.tollandct.gov/planning-zoning

The Planning & Community Development Department is charged with reviewing building and development projects to ensure compliance with State and Town codes and regulations. The Department also performs long range development and conservation planning projects, studies and gathers community data, advises the public on planning and zoning matters, encourages sound economic development and assists other town agencies as needed. Please visit our website at https://www.tollandct.gov/planning-zoning for frequently asked questions, forms and fees, zoning regulations and much more!

Commissions	Meetings held:
Agriculture Commission	1st Monday of each month
Conservation Commission	2nd Thursday of each month
Design Advisory Board Meeting	1st Thursday of each month
Inland Wetlands Commission	3rd Thursday of each month
Planning and Zoning	2nd and 4th Monday of each
Commission	month
Zoning Board of Appeals	4th Thursday of each month

Staff provides technical guidance and support to the Planning and Zoning Commission, Zoning Board of Appeals, Inland Wetlands Commission, Conservation Commission, Agriculture Commission, Design Advisory Board, Water Pollution Control Authority and the Water Commission. For Meeting information, Agendas, Packets, Minutes and Recordings - please visit https://www.tollandct.gov/boards and locate the Board or Commission you are interested in.

## Public Library - Programs & Groups

#### **Tolland Public Library -**

#### **Exciting Programs for Late Summer/Fall!**

Please check the Library website for the latest on upcoming programs! Registrations will open up at the beginning of each month for programs happening that month. \*\*Dates are subject to change from the time of this printing – please check the Library Calendar.\*\*

#### **Meet CT Author Hanna Marcus**,

#### Thursday, September 12th, at 6 PM.

Award-winning author Hanna Marcus will highlight her newest book, *Sidonia's Seam Binding*, which completes the *Sidonia's Thread* trilogy about Hanna's life with her mother, a Holocaust survivor, noted fashion designer and dressmaker in New England, and keeper of secrets!

This program is made possible by the Friends of Tolland Public Library.

#### **Secret Life of Owls**

#### Thursday, October 10th, at 6 PM.

Members of the Horizon Wings Raptor Rehabilitation and Education Center offer this chance to meet a Northern Saw-Whet Owl, an Eastern Screech Owl, a Barred Owl, a Barn Owl and a Great-Horned Owl up close and personal! Discover the extraordinary features of owls, including exceptional eyesight, hearing, and ability to fly silently.

#### **Learning to Plan for Social Security**

#### Tuesday, October 15th, at 6 PM.

Electing Social Security can be one of the most important decisions as you approach retirement. During this educational workshop, Mike Alimo from USA Financial shares how to potentially maximize your social security benefits.

#### Welcome to the Graveyard!

#### Thursday, November 7th, at 6 PM.

Brenda Sullivan of the Gravestone Girls offers a 90 minute "virtual tour" chronicling cemetery art, history, and symbolism. From colonial New England burial grounds of the 16 & 1700s into 21st century locations, learn why we have cemeteries and gravestones, why they look like they do, and how styles and art have evolved over almost 400 years. You'll be amazed at all you discover – Brenda is a true fountain of knowledge!

#### **Ongoing Programs/Groups**

#### Friends Meeting

The Friends of the Tolland Public Library meet on the first Monday of the month at 11 am in the library's program room. The group is always looking for new members so just stop in!

#### Meditation

The meditation group meets on the first Tuesday of the month at 6:30 pm. This group is run by Kathy Grinold and is appropriate for beginners and more experienced practitioners.

#### **Tech Help**

Do you have questions about your laptop, smartphone, or tablet? Call 860- 871-3620 to book your personalized session with Reference Librarian Kelly Marchand. Let Kelly ease your tech woes! Tech appointments will be available on the second Wednesday of the month at 10 am.

We can help you create an email or social media account, set up new devices, download library articles, e-books, and magazines and learn how to use Microsoft Word.

#### **Movies**

The Tolland Public Library will show movies on either the first or second Saturday of the month at 2 pm in the library's program room.

#### **Book Discussion**

The Adult Book Discussion Group meets on the third Wednesday of the month at 2 pm in the program room. We provide the books and the questions.

#### **Featherweight Friends Club**

The Featherweight Friends Club meets one Saturday a month at 10 am in the library's program room. Come learn about the featherweight machine and this type of sewing!

#### **Writers Workshop**

The Writers Workshop meets on the third Tuesday of the month at 6 pm in the Audiovisual Room. Participants of this group share their work and receive support from other members.

#### **Knitters**

Nookless Knitters meet every Friday at 10 am in the Program Room. Nookless Knitters II meet on the second and fourth Wednesday of the month at 6:30 pm in the Audiovisual Room.

#### **Tech Class**

Classes on a variety of tech topics are held on the fourth Thursday of the month at 2 pm in the library's program room. Past classes have covered iPhones, e-books, PixIr, and Canva.

## Events for September - November in the Children's Department at Tolland Public Library Story Time

Select Tuesdays: 10:30 AM – 11:15 AM

Kids and caregivers are invited to join our children's librarian on Tuesdays for stories, songs, crafts, and oodles of fun! Toddlers & Kids. FREE. Due to limited space and supplies, registration is required for all participants.

Please register for your spot at tollandct.gov/library and look for the Online Library Events Calendar or call (860) 871-3621. Please check our calendar for the most up-to-date information.

#### **Baby Bookworms**

Select Wednesdays: 10:30 AM - 11:00 AM

Join us on Wednesday mornings for board book read-alongs, songs, rhymes, finger-plays, and playtime for your little ones. Perfect for babies 0 -23 months. Free!

Please register for your spot at tollandct.gov/library and look for the Online Library Events Calendar or call (860) 871-3621. Please check our calendar for the most up-to-date information.

## **Public Library**

#### **Lego Club**

Second and fourth Thursday of each month: 4:00 PM – 4:45 PM Attention LEGO lovers! Exercise your creativity, show off your skills, and attempt awesome challenges. Meets on the 2nd and 4th Thursday of every month, 4-4:45 PM. Kids & Pre-Teens. FREE. Call (860) 871-3621 for more info.

#### Reading to Millie the Therapy Dog

Second and fourth Thursday of each month

Ten minute slots between 4:30 PM - 5:30 PM

Improve your child's reading-out-loud skills with a furry friend who loves to listen and perhaps get a scratch behind the ears. Millie is a certified therapy dog from the Tails of Joy. Sign up for a ten-minute one-on-one session with Millie. Pick out a favorite book (prior to your child's appointment) or read one provided by us. This program will occur on the 2nd and 4th Thursdays of each month. Slots are limited and sign-up is required for each date attended. Check our calendar to see which dates Millie will be here!

For elementary-aged students who wish to improve their reading-out-loud skills. Registration is required for your tenminute slot and must be done by calling (860) 871-3621 or email mestey@tollandct.gov.

More Events will be added throughout the season. Check our Event Calendar for more up-to-date information.



- Spring Clean Ups
   Mowing
- Mulching Fall Clean ups
- Beds New lawns
- Overseeding
   Snow blowing
- Snow plowing
- Sidewalks shoveled
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## Fire Department/Public Safety

#### Is Your Street Number Visible from the Road?

Residents and Business Owners are asked to please check their street address numbers. Can they be seen from the road? Are they faded, too small, overgrown or missing? If so, please update your numbers so that they are visible from both directions. The Fire Department offers blue reflective street address signs for \$16. The signs measure 6" wide and 18" long, your house numbers are placed on both sides. Both the numbers and the blue coating are reflective. These signs will make your address easier to find. They also make great gifts! For an order form please visit www. tollandfire.org, click the Forms button on the left

#### Help Us Help You!

Tolland Fire Department is currently seeking additional Emergency Medical Technicians (EMTs) to join our volunteer ranks. If you currently hold an EMT license or would like to train to become an EMT please consider volunteering for your community.

- We have a flexible duty schedule in which volunteer EMTs can sign-up for night or weekend shifts. This program allows EMTs to fit volunteering into their personal schedules.
- With the increased emergency call volume we risk burning out our core membership. If we could recruit a few more people to assist us we can lighten the load of our members, possibly holding onto to these well-trained EMTs and extend their years of service to the community.
- · Additions to the Town's population both residential and commercial over the past years have affected our membership as well. Members have moved away from volunteering for a variety of reasons such as work and family obligations. Bottom line is we need additional volunteer EMTs to keep delivering our high-level of service. We need to plan for Tolland's future, now.
- Volunteer EMTs often reflect on their service to their neighbors and community as a personally fulfilling and extremely rewarding experience.

We would like to thank all of our past and present members, both career and volunteer, because together they have created a foundation that we continue to build on. We miss those who have moved on and look forward to meeting new people who will help

If you reside in Tolland and are interested in becoming a volunteer EMT please visit the Department's website www.tollandfire.org, click the "join us" button on the left side of the page or stop by the Training Center, located at 191 Merrow Road, during the day or on Monday nights when training is in session.

#### **STATE LAW: Move Over or Slow Down** for Stopped Emergency Vehicles

Drivers are reminded that they must move over one lane and slow down if they see emergency vehicles and tow trucks stopped on the shoulder of a highway with their lights flashing. If all lanes are full and drivers can't move over, they are required to slow down as they pass the scene. Connecticut passed its Move Over law in 2009, fines for breaking the law start at \$181.

#### **STATE LAW**

MOVE OVER OR SLOW **DOWN FOR STOPPED EMERGENCY VEHICLES** 

#### Scam Alert – Do Not Click the Link!

Just a reminder that Tolland Fire Department does not solicit donations via phone or email. If you receive an unsolicited phone call, text message or email, DO NOT engage with the caller and DO NOT click any links!

We ask residents to be vigilant and be on the lookout for all types of scams. Scammers can be extremely convincing and play on people's emotions, thus compelling you to give them your information. If you did not initiate the interaction, a good course of practice is to never reveal any personally identifiable information, bank or credit card numbers. Always complete your due diligence before revealing your information to anyone. Being diligent will help to keep your private information private!

#### **Tolland Fire Department Explorer Post** Seeks Members

The Tolland Fire Department Explorer Post is a program for young residents, ages 14 to 17, who are interested in learning about Fire/Medical Emergency Services. They meet twice a month to learn about the fire service, participate in hands-on drills and gain an understanding of what it takes to become a Firefighter/EMT. Sanctioned by the Boy Scouts of America, this group is looking for additional members. If you are interested in learning more about this unique opportunity, please email Post Advisors <u>naudette@tollandct.gov</u> or <u>jmeyer@tollandct.gov</u>.

#### Smoke Alarm Sense

Install and maintain smoke alarms on EVERY level of your home, outside each sleeping area and inside each bedroom. For the best protection, interconnect the alarms. When one sounds, they all sound. TEST all smoke alarms MONTHLY.

#### Replacing your smoke alarms:

- Replace all smoke alarms when they are 10 years old or sooner depending on the manufacturer's recommendation. determine the age of your smoke alarm, look at the back where you will find the date of manufacture. Research the brand and model number to determine when the unit should be replaced.
- · Immediately replace any smoke alarm that does not respond properly when tested.
- Test alarms monthly and be certain to install fresh batteries if indicated.

## Fire Department/Public Safety

#### **CARBON MONOXIDE**

Often called the invisible killer, carbon monoxide is an odorless, colorless gas created when fuels (such as gasoline, wood, coal, natural gas, propane, oil, and methane) burn incompletely. In the home, heating and cooking equipment that burn fuel are potential sources of carbon monoxide. Vehicles or generators running in an attached garage can also produce dangerous levels of carbon monoxide.

#### Facts & figures

- The dangers of CO exposure depend on a number of variables, including the victim's health and activity level. Infants, pregnant women, and people with physical conditions that limit their body's ability to use oxygen (i.e. emphysema, asthma, heart disease) can be more severely affected by lower concentrations of CO than healthy adults would be.
- A person can be poisoned by a small amount of CO over a longer period of time or by a large amount of CO over a shorter amount of time.
- · CO enters the body through breathing. CO poisoning can be confused with flu symptoms, food poisoning and other illnesses. Some symptoms include shortness of breath, nausea, dizziness, light headedness or headaches. High levels of CO can be fatal, causing death within minutes.
- · At a minimum, industry experts recommend a CO alarm be installed on each level of the home--ideally on any level with fuel burning appliances and outside of sleeping areas. Additional CO alarms are recommended 5-20 feet from sources of CO such as a furnace, water heater or fireplace. Alarms can alert you to problems only after smoke or carbon monoxide reach their sensors. Choose locations free of obstructions, where the alarm will stay clean and protected from adverse environmental conditions. Do not place the unit in dead air spaces or next to a window or door.
- If your CO alarm sounds, immediately evacuate all occupants and pets from your home and call 9-1-1!

#### **STAYING INFORMED**

For local alerts, visit tollandct. gov/emergency-management sign-up for Tolland's **Emergency Alerts** 

Get alerted about emergencies and other important community by signing up for Tolland Alert, our Emergency Notification Program. emergency notification system enables the Town of Tolland to

TOLLAND ALERT Start Receiving EMERGENCY Instructions and Information anytime and anywhere. one call reaches all SIGN UP HERE powered by Everbridge

provide you with critical information quickly in a variety of situations, such as severe weather, unexpected road closures, missing persons, and evacuation of buildings or neighborhoods.

You can receive time-sensitive messages wherever you specify,

such as your home, cell, or business phone, email, text messages, hearing impaired receiving devices, and more. You pick where, you pick how. Visit tollandct.gov/emergency-management to sign-up for Tolland's Emergency Alerts.

#### **STATE ALERTS AND RESOURCES:**

Through the State of Connecticut's website https://portal.ct.gov/ demhs/emergency-management/resources-for-individuals/ **staying-informed** there are multiple ways for you to stay informed before, during and after a disaster. The following are a few of the resources available to you during an emergency or disaster situation.

#### CT PREPARES WEB APPLICATION:



The CT Prepares app can be downloaded on both Apple and Android based smartphones. CT Prepares provides information and alerts in emergency situations and incorporates and integrates text messaging, email, and social networking, allowing residents to communicate with family members during an emergency. Users will receive real-time notifications including emergency news, state office closings, and public safety messages. Visit https://portal.ct.gov/ demhs/emergency-management/resources-for-individuals/ staying-informed to download the app.

#### **CT ALERT NOTIFICATION SYSTEM:**

CT Alert is an enrollment based notification system that is used by the State to notify the public of impending emergency situations. The public may enroll in this notification system by visiting https:// portal.ct.gov/CTAlert/Common-Elements/Common-Elements/ Learn-about-CT-Alerts

For a link to these State Resources visit tollandct.gov/emergency-management Select "CT Prepares Informational Webpage" listed on the left-hand side.



#### IS YOUR DOG IDENTIFIABLE?

Did you know that your dog's town-issued license tag aids local Animal Control officers in returning your dog to you should they run loose? Their license tag, often paired with a rabies vaccination tag, provides valuable information which is helpful in reuniting you with your pet should they become lost. One of the best ways you can protect your dog is to be certain your contact information is up-to-

Outside of being required by State law, annual dog licensing also provides an opportunity to update your contact information with the Town Clerk's Office. Not only is securely attaching your dog's license to their collar or harness required by the State, it aids in reuniting lost pets with their owners. Dog licenses are available, beginning June

## Fire Department/Public Safety

1st of each year, in the Town Clerk's office during regular business hours.

While not a substitute for annual licensing, you may want to consider having your dog microchipped as an additional way to identify them. Microchips, which are commonly used for both dogs and cats, are often inserted when pets are very young. However microchips can be implanted at any age, after consultation with your veterinarian. Regardless of the age of your pet, the most important part about microchipping is to be certain the contact information is periodically updated.

If you adopted your pet through a rescue, they may have already been microchipped. If so, the microchip registration would be listed with the rescue's information and need to be changed. If you were not provided instructions on how to update the contact information associated with the microchip number, or you are unsure if your pet is microchipped, try contacting the rescue where you obtained your pet, or speak to your veterinarian. Making sure the microchip's information is up-to-date will speed up the reunification process should you become separated from your pet.

As dog owners we want the very best for the furry members of our family. You never know what may happen, and there is always the chance of your pet getting lost. Ensuring that they can be quickly identified should they become lost, is one of the best ways we can care for them.

#### **DELINQUENT DOG LICENSES**

Each year on August 1st, Animal Control officers are notified by the Town Clerk of any previously licensed dogs, whose licenses have not been renewed. Owners on this Dog License Delinquency List are urged to obtain a new license immediately to avoid being issued an infraction ticket.

There are several options to renew: By mail, On-line or In-person. Visit the Town Clerk's webpage www.tollandct.gov/town-clerk/pages/ dog-licenses for details.

After June 30th a late fee of \$1 per month is assessed upon renewal. Additionally, failure to comply with Connecticut State statute §22-338 (i.e. failure to license) will result in an infraction ticket which carries a \$75 penalty for each unlicensed dog. Beginning September 1st, 2024, Animal Control officers will issue infractions tickets to owners who are not in compliance with this State Statute. Note: Overdue fees and infraction fees are set by the State of Connecticut.

If you have any questions regarding licensing, please contact our office at 860-871-3676. If you had a dog licensed in 2023 and no longer own that dog, please contact the Town Clerk's Office 860-871-3630 or email animal control@tollandct.gov to remove that dog from the listing. Be sure to include your name, address, phone number and pet's name in your email. Thank you for your cooperation in this matter.





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This statement was provided 4/3/2024 by Jeannie and Matt Grenier who are clients. The image shown are models and not the actual clients. This statement may not be representative of the experience of others and is not a guarantee of future performance or success. For additional reviews, search us wherever local businesses are reviewed. Securities and advisory services offered through Commonwealth Financial Network®, Member FINRA/SIPC, a Registered Investment Advisor.

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