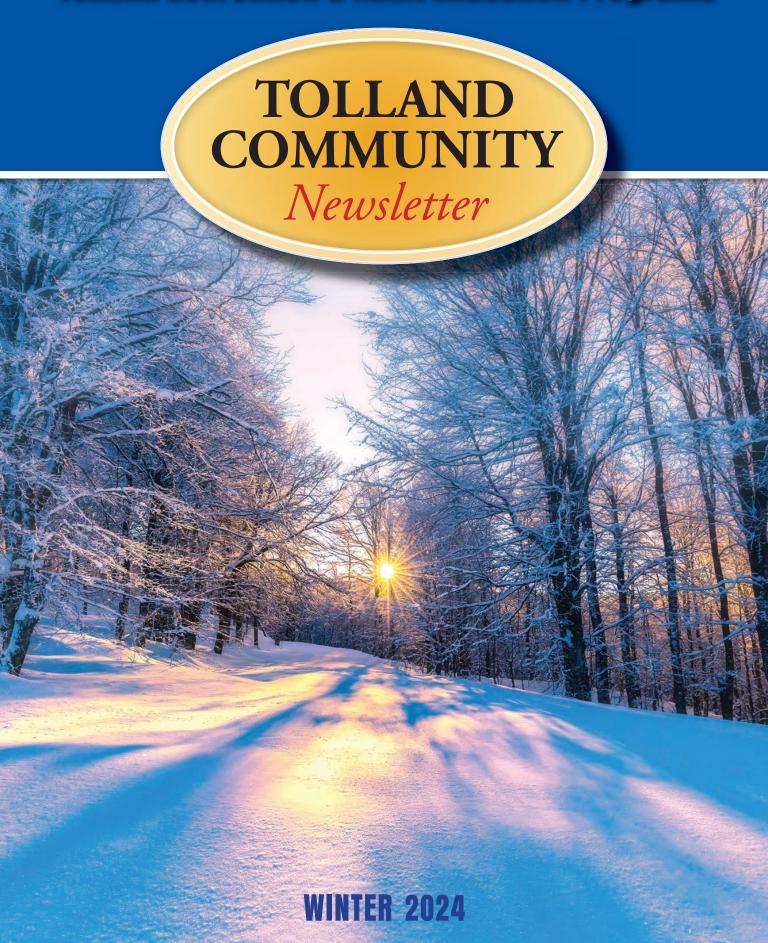
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Tolland Town Manager's Office - Budget Schedule

TARGETED BUDGET TIMELINES

February 8, 2024 (Thursday) February 12, 2024 (Monday) February 22, 2024 (Thursday) Capital Budget Public Hearing – Council Chambers* – 7:00 p.m.

Board of Education submits Budget to Manager

A. Manager convenes joint meeting between Council and Board of Education (by April 11 per Charter requirement). Recommendations & Suggestions to BOE regarding consolidation of non-education services and cost savings (10 days from date of receiving BOE Budget per State Statutes (Public Act 13-60)) B. Discuss Board of Education budget overall request, pursuant to Charter Section

C9-4 or C9-1 - Location - TBD* - 7:00 p.m.

March 13, 2024 (Wednesday) March 20, 2024 (Wednesday) March 21, 2024 (Thursday) March 25, 2024 (Monday) Manager submits Budget to Council

Mgr. discusses Budget w/Council—Council Chambers* — 7:00 p.m.

Mgr. discusses Budget w/Council—Council Chambers* — 7:00 p.m.

Mgr. discusses Budget w/Council—Council Chambers* — 7:00 p.m.

April 2, 2024 (Tuesday)

PUBLIC HEARING on Manager's Recommended Budget: Board of Education, Town Gov't., Capital Improvement Plan – Council Chambers* – 7:00 p.m.

April 4, 2024 (Thursday) April 10, 2024 (Wednesday) April 17, 2024 (Wednesday) Council Discussion – Budget Finalized – Council Chambers* – 7:00 p.m.

Advertise Budget

ANNUAL BUDGET PRESENTATION MEETING – Council Chambers* – 7:00 p.m. – BOE is provided an opportunity to present a revised adopted budget based on funding approved by Town Council and other line item updates

April 18, 2024 (Thursday) May 7, 2024 (Tuesday) By May 14, 2024 (Tuesday) ANNUAL BUDGET PRESENTATION - Senior Center 12:00 p.m.

Annual Budget Referendum

Council Establish Mill Rate upon referendum adoption

*Meetings may be Hybrid



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TOLLAND 9 Fieldstone Commons Tolland, CT 06084 (860) 870-8701



ASHFORD 118 Ashford Center Rd Ashford, CT 06278 (860) 487-0479

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Assessor's Office - Applications for exemptions

NOTICE TO TOLLAND RESIDENTS - ASSESSORS OFFICE

The Tolland Assessor's office is currently receiving applications from individuals who are entitled to the following exemptions:

Any person who has been declared legally blind is entitled to a \$3000 exemption. Proof must be filed with the Assessor. Handicapped individuals who drive special equipped motor vehicles must apply annually to have their vehicle exempted from property taxes. Filing deadline is January 31, 2024.

Totally disabled persons who are receiving permanent total disability under the Federal Old Age Survivors and Disability Insurance Program are entitled to an exemption of \$1,000 of property assessment on

property that they own. The filing deadline is December 1, 2023.

Assessment staff will be visiting homes from August through November to inspect those who have taken out building permits over the last year. Jason Lawrence or Karen Vaiciulis will have identification.

For éligible homeowners looking to apply for the Tolland Local Tax Relief Program for permanently disabled and senior residents or Tax Deferral for Senior Citizens, the application period begins February 1st 2024 and runs through May 15th 2024. Stop in to the Assessor's office for information or call 860-871-3650. Returning applicants will be notified if you need to reapply.





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Kaitlyn M. Way, DVM
266 Stafford Road
Mansfield Center, CT 06250



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Tolland Recreation Department

Tolland Recreation Department

Contact Information

104 Old Post Road

Office: 860-871-3610 **Fax:** 860-870-1367

Mailing Address

21 Tolland Green, Tolland, CT 06084

Office Hours

Monday-Wednesday: 8:00am-4:30pm **Thursday:** 8:00am-7:30pm, **Friday:** CLOSED

Registration Website: www.tollandct.myrec.com

Email: tollandrec@tollandct.gov

Recreation Staff

Director: Bruce Watt, bwatt@tollandct.gov

Recreation Coordinator:

Leah Margelony, Imargelony@tollandct.gov

Administrative Assistant: Kim Grimes, kgrimes@tollandct.gov

Recreation Board

Jeff Maron, Chairman

David Drost, Assistant Chairman

David Clokey

Nicole Kowal

Brian Lievense

Cristopher Jiminez James Leahy

The Board meets every second Monday of the month. All meetings are open to the public.

WINTER PROGRAM REGISTRATION

BEGINS ON:

Monday, December 11, 2023

Please visit our registration site at www.tollandct.myrec.com

PROGRAM DISCOUNT!

The Tolland town council appproved ARPA funding use to support a 50% reduction on selected recreational programs for tolland residents concluding December 2024. Program fees will be adjusted during the time of check out. Selected discounted programs are indicated below.

TOLLAND RECREATION DEPARTMENT

Activity and Program Pictures

Throughout the year Andre Garant has taken pictures of our activities and programs. If you would like to see them please go to: www.flickr.com/photos/63906149@N02/

Andre Garant-Photography on Demand

WE ARE HIRING!!

The Tolland Recreation Department is looking for friendly, energetic individuals to join our team. Job positions are part time and offer flexible hours and competitive wages. For more information, call the Tolland Recreation Department at 860-871-3610 or go online at www.tollandct.gov, under Help Center.

Current Vacant positions:

- 1. Lodge Supervisors
- 2. Director of Crew (afterschool program)

General Information

Insurance

All persons participating in Recreation programs should carry their own personal health insurance. The Town of Tolland is not responsible for personal injuries. Participants in all Department sponsored programs do so at their own risk.

ADA

The Town of Tolland does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in provision of programs and services. We are committed to assuring equal access to programs, activities, and services to all individuals. If you or a family member needs special assistance, please let us know when you register.

Participation

Only those enrolled in the program may attend. Sorry, children will not be allowed in the class room or gym during adult programs and siblings must remain seated and not disturb youth classes.

Age Requirement

To participate, children must meet minimum age before the class starts.

Inclement Weather

Program cancellations due to inclement weather are announced via email blasts through the Recreation Department's registration system and are broadcast on Channel 3's Early Warning Announcements.

"Oops!

Despite our best efforts, errors sometimes make it into this Newsletter. We apologize for any inconvenience these errors may cause." We reserve the right to: Make changes in price, content, description, etc. at any time without notice.

Tolland Recreation Department

Registration Information

MAIL-IN

Registrations are accepted on a first come/first serve basis. Consider yourself registered if you do not hear from us.

ON-LINE

Recreation Department Registration Website:

www.tollandct.myrec.com

Town Website: www.tollandct.gov

Participants registering online will be confirmed online. Not all classes can be registered for online; however you may view all classes.

INFORMATION

Be sure to complete all information when registering.

REGISTER EARLY!

If a program does not meet its minimum enrollment number prior to the start of class it will be cancelled.

CLASSES

We reserve the right to limit class size and to cancel classes failing to meet minimum requirements.

PAYMENT

Registration is not considered valid until the program fee is paid. We accept cash, checks, Discover Card, Visa or MasterCard.

REFUNDS

Refunds are given only prior to the start of classes or if we cancel the program. Requests for refunds must be in writing and are subject to a \$10.00 processing fee. Programs less than \$15.00 receive an account credit.

Program Locations

| Crandall Park | 64 Cider Mill Rd, Tolland, CT |
|-----------------------------------|-------------------------------|
| Cross Farms Recreation Complex | 167 Rhodes Rd, Tolland, CT |
| Tolland Recreation Center | 104 Old Post Rd, Tolland, CT |
| Tolland Tennis Courts | Old Cathole Rd, Tolland, CT |
| Skungamung River Golf Course, | 114 Folly Ln, Coventry, CT |
| | (End of Goose La) |
| Youth Garden, (by Lions Field) | Cider Mill Rd, Tolland, CT |
| Birch Grove Primary School | 247 Rhodes Rd, Tolland, CT |
| Tolland Intermediate School (TIS) | 96 Old Post Rd, Tolland, CT |
| Tolland Middle School (TMS) | 1 Falcon Way, Tolland, CT |
| Tolland High School (THS) | 1 Eagle Hill Rd, Tolland, CT |

Park Facilities

All parks are open sunrise to sunset. Dogs are required to be on a leash.

Dogs are **NOT** allowed on athletic fields!!

CRANDALL PARK

64 Cider Mill Road- 350+ acre Town Park containing 3 tennis courts/3 pickle ball courts, a basketball court, softball & baseball fields, a swimming pond, bathrooms, 2.5 miles of marked hiking trails and a picnic area.

PAVILION

Is an open air shelter with picnic table seating for groups of up to 75. Facilities include a large charcoal grill, horseshoe pits and a sand volleyball court. Use of a softball field is possible depending on availability. Rental of the Pavilion does not include beach access. Rental by reservation only through the Recreation Office. Call the Recreation office at 860-871-3610 for fee schedule and available dates

"THE LODGE"

124 Cider Mill Road- The Lodge is a year round rental facility available to groups of 100 or less for special events such as weddings, showers, picnics, parties or meetings. Rental rates vary for residents, non-residents, and businesses. Building contains Central Air-conditioning, fireplace, tables & chairs, a warming oven, microwave, and double door fridge. For available dates, fees & more information call the Recreation office at 860-871-3610.

RIVER PARK

South River Road - 2 Little League size baseball fields, river access.

HERON COVE PARK

125 South River Road-Small soccer field, multipurpose field, basketball court & canoe launch.

TENNIS COURTS

Old Cathole Road - Six all weather tennis courts across from Tolland Middle School.

CROSS FARMS RECREATION COMPLEX

167 Rhodes Road - 3 baseball and 3 soccer fields, hiking trails, exercise stations, 18 hole disc golf course, concession stand and Adam's Adventure an all-inclusive play structure.

ALL WEATHER TURF FIELD

1 Eagle Hill Road - A beautiful lighted synthetic turf field at Tolland High School. The field with permanent lines for football, soccer and lacrosse is available to rent for a variety of practices, games and other events. To find out more, call the Recreation Department at 860-871-3610 or go to the web site www.tollandct.gov/recreation.

The Town of Tolland is an Equal Opportunity Employer-www.tollandct.gov

Tolland Recreation Department

Rentals

TOLLAND RECREATION CENTER - Room Rental

104 Old Post Road, Tolland, CT 06084

Rent a room for parties, events or weekend meetings. Want to have a party for your son or daughter but don't have the space in your house? The Tolland Recreation Center has rooms available to rent for parties, small gatherings, weekend meetings or similar events. Want a special birthday party? Why not rent our gym? Call the Recreation Office at 860-871-3610 to get rates and check on availability.

THE LODGE at CRANDALL PARK II

124 Cider Mill Road, Tolland, CT 06084

A year-round rental facility overlooking Powell Pond; Available to residents, non-residents, businesses, etc. in groups of 100 or less for special events such as weddings, showers, picnics, parties, or meetings. The building contains tables & chairs, a warming oven, microwave, and double door fridge. Built in 1991, it is located in the middle of a 300+ acre town park. Nestled on a wooded hilltop overlooking a quiet pond, its singular design blends with the rustic surroundings to create a warm and serene atmosphere. A covered deck on two sides adds to the down home feeling, while inside a large fieldstone fireplace, a cathedral ceiling, and cedar siding completes the picture. The Lodge is heated for year round use, and is available weekdays, weeknights, or weekends. Call the Recreation Department office at (860) 871-3610 for more information, rental fees and available dates.

Amenities:

- Central Air-conditioning
- Kitchen with warming oven, microwave, double door refrigerator (no freezer)
- Two sided field stone fireplace
- Cedar planking on interior walls
- Tables & chairs to accommodate groups of up to 100 Clean bathrooms
- Sound system with CD player, iPod connection, Bluetooth connection
- Horseshoe pits
- Easy access to hiking trails and fishing pond

TOLLAND YOUTH SPORTS LEAGUES & GROUPS

Tolland Boys Travel Basketball - www.tollandbasketballclub.com Tolland Girls Travel Basketball - www.tollandtravelbasketball.com

Tolland Lacrosse- www.tollandlacrosse.org

Tolland Little League - www.tollandlittleleague.org

Tolland Soccer Club - www.tollandsoccerclub.org

Tolland outh Football & Cheerleading - www.tollandeaglesyouthfootball.com Tolland Garden Paths Youth Garden - www.tgpyouthgarden@comcast.net

Tolland Town Directory

| DEPARTMENT | PHONE |
|---|-----------------|
| Animal Control | (860) 871-3676 |
| Assessor's Office | (860) 871-3650 |
| Building Department | (860) 871-3601 |
| Elections Administration | (860) 871-3634 |
| Emergency Management | (860) 871-3677 |
| Finance Department | (860) 871-3653 |
| Fire Department/Ambulance-(Non-Emergency) | |
| Fire Chief | |
| Fire Marshal | |
| Health District/Sanitarian | |
| Human Resources | |
| Human Services | |
| Library | (800) 871-3020 |
| Planning & Zoning Police – | (800) 87 1-3001 |
| Lori Sherwood, Secretary | (860) 926-4695 |
| Kevin Eklund,, Admin. Resident Trooper | (860) 875-8911 |
| Probate Court | |
| Public Works | |
| Recreation Department | |
| Senior Services | |
| Tax Department | (860) 871-3657 |
| | (860) 8/1-3654 |
| Tolland Tykes Preschool | (860) 871-3610 |
| Town Clerk | (860) 871-3630 |
| Town Manager's Office | (860) 871-3600 |
| Trash & Recycling | (860) 926-4695 |
| V. d. C. d. d. | (860) 8/1-3600 |
| Youth Services | (860) 8/1-3612 |



Preschool Programs

TOLLAND TYKES PRESCHOOL

For 3 & 4 Year Olds,

Classes begin September 2024

The Tolland Tykes Program is sponsored by the Town of Tolland and is under the direct

guidance of the Tolland Recreation Department. Our main objective is to provide a safe, positive, nurturing environment where children can grow and thrive in a group setting while at the same time continue their individual development. Tolland Tykes is a play-based, hands-on, developmentally appropriate preschool program. We use the State of Connecticut Early Learning and Development Standards to guide our curriculum and programming. The children are exposed to all of the major developmental areas including language and literacy, motor development, creative art, math, science, music, and play. At Tolland Tykes, the individuality of every child is valued and respected.

Our 3 year old class

Meets on Tuesdays and Thursdays Date: September thru May (32 weeks)

Time: 9:00am to 11:30am

3 (Children must be 3 years old on or before Ages:

August 31st)

Fee: \$1300.00 payable in *two (2) installments

(August & January).

Tolland Recreation Department Location: **Participants:** Minimum: 6 Maximum: 12

Our 4 year old class

Meets on Monday, Wednesday, and Fridays Day:

September thru May (32 weeks) Date:

Time: 9:00am to 12:00pm

4 (Children must be 4 years old on or before Ages:

August 31st)

\$1850.00 payable in *two (2) installments Fee:

(August & January).

Location: **Tolland Recreation Department Participants:** Minimum: 6 Maximum: 15

We will be holding an open enrollment on a first come first serve basis. To register, fill out our department's registration form and mail to the Tolland Recreation Department, 21 Tolland Green, Tolland, CT 06084, along with your \$100.00 non-refundable deposit to hold your child's place. The deposit will be applied toward your tuition fee.

Registration forms can be found on our department's website at www.tollandct.gov or www.tollandct.myrec.com.

For more information or if you have any questions please check out our website at https://tollandct.myrec.com or feel free to contact the Recreation Office at (860) 871-3610.

TOLLAND TYKES PRESCHOOL

OPEN HOUSE - Thursday, January 18, 2024 6:00-7:30pm Ages: 3 & 4

Tolland Recreation Center

Tolland Tykes will be hosting an Open House on Thursday, January 18, 2024 (snow date Thursday, January 25, 2024) at the Tolland Recreation Center, 104 Old Post Road, Tolland, CT 06084.

50% OFF

Come meet the teachers and see what we are all about!

SOCCER SHOTS Mini Program

Soccer Shots Mini designed for 2 year olds. It is a high energy program introducing young children to fundamental soccer principles such as using your feet dribbling and basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

Children new to Soccer Shots will receive jersey and all children will receive season prize. No equipment is necessary.

Day: Saturdays

January 6- February 10, 2024 Date:

Time: 2:00 - 2:30pm

Ages:

Fee: \$95.00 Res:

\$105 Non-Res. (6 weeks)

Location: **Tolland Recreation**

Department

Maximum: 15 **Participants:**

SOCCER SHOTS Classic Program

Shots Classic designed for 3 and 4 year old children as an introduction Soccer. Soccer Shots utilizes Classic creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a



positive character trait each session such as respect, teamwork and appreciation.

Day: Saturdays

Date: January 6- February 10, 2024

2:45 - 3:30pm Time:

Ages: 3 & 4

Fee: \$105.00 Res;

\$115 Non-Res. (6 weeks)

Location: **Tolland Recreation Department**

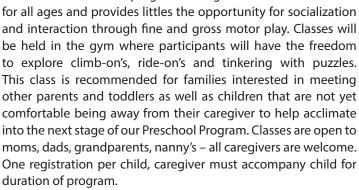
Participants: Maximum: 15

Preschool Programs

TINY TYKES

Parent & Child Program

Our NEW Parent & Child program is designed



Giggle & Go!

Day: **MONDAYS**

Date: Session 1: January 29 – March 25, 2024

(No Class Feb 19)

Session 2: April 15 - June 10, 2024

(No Class May 27) (Spring/Summer Newsletter)

Time: 1:00 - 2:00pm Ages: All Ages Welcome

Fee: \$80.00 Res; \$90.00 Non-Res (8 weeks) Tolland Recreation Center - Gym Location: Minimum: 6 Maximum: 12 **Participants:**

Little Leapers

TUESDAYS Day:

Date: Session 1: January 30 - March 26, 2024

(No Class Feb 20)

Session 2: April 16 - June 4, 2024 (Spring/

Summer Newsletter)

Time: 9:00 - 10:00am Ages: All Ages Welcome

Fee: \$80.00 Res; \$90.00 Non-Res (8 weeks) Location: Tolland Recreation Center - Gym **Participants:** Minimum: 6 Maximum: 12

Curious Kiddos

Day: **THURSDAYS**

Session 1: February 1 - March 21, 2024 Date:

Session 2: April 18 – June 6, 2024 (Spring/

Summer Newsletter)

Time: 9:00 - 10:00am Ages: All Ages Welcome

Fee: \$80.00 Res; \$90.00 Non-Res (8 weeks) Location: Tolland Recreation Center - Gym **Participants:** Minimum: 6 Maximum: 12

YOUTH PROGRAMS

Babysitter Safety

This course is for youth's age 11 to 17 years of age with the most common age of 12 - 14. This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Other topics include hand washing, diapering, bottle feeding, and personal safety and interview skills. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. First Aid including adult and child CPR (requires passing written and skills testing to receive 2 year certification)

Booklet, handouts and Babysitter Safety Certificate of completion

included. Bring a snack/Lunch.

Instructor: LifeSafe Services Staff

Day: Saturday

Date: February 24, 2024 Time: 9:00am - 2:00pm

Ages: 11-17

\$110.00 Res/ \$120.00 Non-Res Fee: Location: **Tolland Recreation Center Participants:** Minimum: 8 Maximum: 15

FOOD EXPLORERS - Holiday DessertsJoin Food Explorers for a holiday baking camp! You'll be making two delicious recipes: Hot Chocolate Croissant Bites and Cinnamon Sugar Skewers. All recipes are nut free but will contain dairy, eggs and gluten."

Max Enrollment: 12

Dav: Thursday

Date: December 28, 2023 Time: 9:00am -12:00pm

Grades:

Fee: \$45.00 Res. \$55.00 Non-Res. Location: Tolland Recreation Department **Participants:** Minimum: 5 Maximum: 12

FOOD EXPLORERS- Cheesy Recipes

Join Food Explorers for 4 weeks of deliciously cheesy recipes! We'll be making three cheese pizza bites, personal nachos, fried mozzarella bites, and cheesy smashed potatoes. Recipes are nut free but will contain dairy, eggs and gluten. Ingredient substitutions will not be possible. Participants will be walked from Tolland Intermediate School to the Tolland Recreation

Day: Thursday

February 27- March 19, 2024 Date:

Time: 3:30 - 4:30pm

Grades: 3-5

Fee: \$85.00 (4weeks)

Location: **Tolland Recreation Department**

Participants: Minimum: 5

YOUTH PROGRAMS

Building Up S.T.E.A.M. Using LEGO®

Children are working independently and cooperatively as they begin to explore simple machines using LEGO® DUPLO® early childhood materials. Projects may include spin tops, cranes, and hockey players.

Instructor: E.Y.E.S., LLC. Staff

Day: Mondays

Date: January 22 - March 4, 2024

(No Class Feb. 19)

Time: 3:45 - 4:45pm

Grades: Kindergarten - 2nd Fee: \$180.00 (6 weeks)

Location: Birch Grove

Elementary School

Participants: Minimum: 8 Maximum: 15



for Tolland Intermediate School students to **C**elebrate Recreation, Education and Well-being. 'The CREW' meets every day after school for the 2023/2024 school year. Students are met by a Crew Leader at the dismissal bell on Regular School days as well as Scheduled Early Release days (9/20, 10/18, 11/2, 11/15, 12/13, 12/22, 2/7, 3/7, 3/8, 3/20, 4/24, 5/15, 6/13).

From there the CREW make the quick walk up to the Recreation Center - 104 Old Post Road (next door to TIS). Afternoons with 'the CREW' begin with quiet time which may look like a good book, a game of cards, making a friendship bracelet or getting a head start on homework - all before jumping into recreational activities. Consider 'the CREW After School' - the cousin of Crandall's Summer Camp!

We can't wait to meet you and have you join 'the CREW'!

Monday-Friday 2023/2024 School Year Day:

Date: August 31, 2023 – June 13, 2024 Time: Regular Days 3:15 - 6:00pm

Scheduled Early Dismissal 12:40 – 6:00pm

Grades: 3rd, 4th & 5th – Must be attending Tolland

Intermediate School

\$250/month -Fee:

open enrollment

Tolland Recreation Location:

Center

Minimum: 10 Maximum 20 **Participants:**





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Open 7 days Mon-Fri 7:30-5:30 • Sat 8-4 Sunday: Tolland 9-3 & Stafford 9-12

YOUTH SPORTS

Futsal Clinic

CAB Futsal & Soccer is back for its 5th year in

Tolland! Futsal is indoor soccer played on a court

using a smaller, no bounce ball. Futsal players get thousands of touches on the ball which translates to more confident, faster thinking, and moving players. Every session is broken down into 3 parts; Technical Training, Tactical Training and Game/ Skill Application. Players will engage in high yielding and developmentally appropriate drills and games. Our players look forward to this program every year.

Tolland Middle School

Dav: Monday-Friday

Date: February 26 - March 1, 2024

Time: 2:30 - 4:00pm

Students attending Tolland Middle School Ages:

Fee:

Tolland Middle School Location: **Participants:** Minimum: 10 Maximum 30

Tolland Intermediate School

Day: Monday-Thursday

Date: March 25 - March 28, 2024

Time: 3:30 - 5:15pm

Students attending Tolland Intermediate Ages:

School

\$95.00 Fee:

Location: Tolland Intermediate School Minimum: 10 Maximum 30 **Participants:**

Birch Grove School

Monday-Friday Day:

January 8 - January 12, 2024 Date:

3:50 – 5:20pm Time:

Ages: Students attending Birch Grove School

\$95.00 Fee:

Tolland Birch Grove School Location: **Participants:** Minimum: 10 Maximum 24

DODGEBALL AFTER SCHOOL

A chance for some after school fun playing the popular game of dodge ball. The players will use super soft foam balls and safety is stressed. Each week different styles of dodgeball are learned. The emphasis will be on teamwork and sportsmanship. Participants will be met at Tolland Intermediate School and be walked up to the Recreation Center.

Instructor: Rich Lavigne Wednesdays Day:

Session 1 January 3 – 31, 2024 (No Class Jan 24) Session 2 Feb. 28 – March 27, 2024 (No Class Mar 20)

Time: 3:30 - 5:00pm Grades 3 - 5 Ages:

\$40.00 Res. (4 weeks) Fee: Location: **Tolland Recreation Center**

Participants: Maximum: 20

ADULT EDUCATION

YOGA AM & PM

These classes are moderate, mixed level Kripalu Yoga classes. In the Kripalu approach, we use the tools of yoga -

breathing exercises, yoga postures, and meditation - to develop awareness, strength, balance, flexibility, resilience in the body and mind. I also incorporate some of the principles of Ayurveda, "the science of life", in these classes to give you more tools to create balance, harmony, and vibrant health in your life.



Everything can be adapted to suit individual levels. No previous experience with yoga is necessary. Please bring a yoga mat and a blanket or towel to cover up for the final relaxation. Walk in rate \$10.00 per class. Space is limited. Instructor - Amy Evans, RYT-500, AYT.

YOGA – MORNING CLASS

TUESDAYS- AM Day:

Date: January 9 - April 2, 2024

Time: 9:00 - 10:00am Ages: 16 and up

\$91.00 Res. / \$101.00 Non-Res. (13 weeks) Fee:

Location: **Tolland Recreation Department**

Participants: Maximum: 18

YOGA – MORNING CLASS

Dav: WEDNESDAYS- AM January 10- April 3, 2024 Date:

Time: 9:00 - 10:00am Ages: 16 and up

\$91.00 Res. / \$101.00 Non-Res. (13 weeks) Fee:

Tolland Recreation Department Location:

Participants: Maximum: 18

YOGA – AFTERNOON CLASS

Dav: WEDNESDAYS- Afternoon Date: January 10 - April 3, 2024

Time: 4:45 - 5:45pm Ages: 16 and up

Fee: \$91.00 Res. / \$101.00 Non-Res. (13 weeks)

Tolland Recreation Department Location:

Participants: Maximum: 18

YOGA - EVENING CLASS

WEDNESDAYS-PM Dav: January 10 - April 3, 2024 Date:

Time: 6:00 - 7:00pm Ages: 16 and up

\$91.00 Res. /\$101.00 Non-Res. (13 weeks) Fee:

Tolland Recreation Department Location:

Maximum: 18 **Participants:**

ADULT EDUCATION

Ed 2 Go – ONLINE COURSES

Take an online class...and learn on your own terms! Here at the Tolland Recreation Department we offer a wide range of ed2go courses that you can take from the comfort of your own home. All of our courses include expert instructors, many of whom are nationally known authors. Our online courses are affordable, fun. fast, convenient, and geared just for you. Classes as low as \$95!! Ready to explore our catalog? Visit www.ed2go.com/TollandRec

KNITTING CLASS

Beginners, novice. intermediate expert knitters: this is vour class. Brina vour problems, questions, unfinished or projects. The basics of knitting will be explored. Casting on, binding off, the knit stitch, the purl stitch, simple knit & purl combinations, simple cables, reading & interpreting



patterns & abbreviations. Come join the fun and learn a thing or two. Materials are covered by the student according to individual patterns. All students will need a skein of worsted weight yarn & needles, size 6, 7 or 8 to practice stitches & techniques.

If you don't have needles, don't buy any until after the first class. We have a very large selection of needles to lend or give away.

Instructor: Lori D'Andrea Day: Tuesdays

Date: January 9 – March 12, 2024

Time: 6:30 - 8:00pm 16 and up Ages:

Fee: \$80.00 Res / \$90.00 Non-Res. (10 weeks)

Location: **Tolland Recreation Center**

Participants: Maximum: 15

VOLLEYBALL (Coed)

If you are looking for a fun way to improve your health, volleyball could be the sport for you. Join us for coed pickup games, No experience necessary. Our experience instructor will help you learn the game. If you have experience he will help you improve. A good opportunity to meet new people and make new friends.

Sign up with the recreation department at the reduced rate or pay the **drop in rate for \$7.00** an evening.

Instructor: Sue Vana **Mondays** Day:

January 8 – March 25, 2024 Date:

(No class Jan 15, Feb 19)

Time: 7:00 - 9:00pm 16 and up Ages:

\$60.00 Res./ \$70.00 Non-Res. Fee:

(10 weeks) or **\$7.00 per walk-in**

Location: Tolland Intermediate School

ADULT SPORTS

VOLLEYBALL (Power)

If you have some experience as a volleyball player this program is for you. Coed pick- up games for fitness and fun. Improve your game and meet new people while getting a good cardiovascular workout. Build muscle and burn fat.

Sign up with the recreation department at the reduced rate or pay the drop in rate for \$7.00 an evening.

Instructor: Sue Vang Day: Tuesdays

Date: January 9 - March 26, 2024

(No class Feb 20)

7:15 - 9:15pm Time: Ages: 18 and up

Fee: \$66.00 Res./\$76.00 Non-Res.

(11 weeks) or

\$7.00 per walk-in

Location: **Tolland Intermediate School**





BASKETBALL - Pick up

The benefits of basketball include great aerobic exercise, it provides a wonderful cardiovascular workout, improves heart health, stamina and lung capacity. The quick movements exercise your joints and muscles and improve strength and flexibility. In other words it provides a complete workout and allows you to meet new people while having fun! Pickup games using multiple courts.



Register with the Recreation Department for a reduced rate or pay the drop in for \$7.00 an evenina.

TOLLAND RESIDENTS ONLY.

Day: **MONDAYS**

Date: January 8 – March 25, 2024 (No class Jan 15, Feb 19)

7:00 - 9:00pm Time: Ages: 19 and up

\$60.00 (10 weeks) or **\$7.00 per walk-in** Fee:

Location: Tolland Middle School

WEDNESDAYS Day:

Date: January 10 – April 3, 2024 (No class Jan 24, Feb

21, Mar 6)

Time: 6:30 - 8:30pm Ages: 19 and up

\$60.00 (10 weeks) or \$7.00 per walk-in Fee:

Location: **Tolland Middle School**



ADULT SPORTS

PICKLE BALL -Classes for beginners

These classes are a great way for brand new players to learn the sport of Pickleball. Players

receive instruction plus playing time. Players will learn all the basics to be able to play. We will cover equipment, unique lingo, score keeping, court position, and the fundamentals of serve, return, and the volley. These classes are for Individuals ages 35 and older. Indoor Court shoes are required. Pickleball paddles are not provided to use during the classes.

Instruction: Richard Lavigne

Mondays Day:

Date: January 8 – February 5, 2024 (No class Jan 15)

Time: 12:30 - 1:30pm 35 and older Ages:

Fee: \$40.00 Res / \$50.00 Non-Res (4 weeks)

Location: **Tolland Recreation Center Participants:** Minimum: 4 Maximum: 8

PICKLE BALL-OPEN COURT – Pick up

Coed pick-up games for fitness and fun - Are you looking to meet new people, workout, or just have fun?

Then Pickle ball is for you! Pickle ball is a racquet sport which combines badminton; tennis and ping pong all in one.

Pickup games only; No instruction provided.

REGISTRATION IS REQUIRED. Class limited to 10 participants.

Session 1

Day: **THURSDAYS**

Date: January 4 - March 21, 2024

1:00 - 2:30pm Time: 18 and up Ages:

\$60.00 Res / \$70.00 Non-Res. (12 weeks) Fee:

Location: **Tolland Recreation Department Participants:** Maximum: 10 Minimum: 4

Session 2

Day: **THURSDAYS**

Date: January 4 - March 21, 2024

Time: 2:30 - 4:00pm 18 and up Ages:

\$60.00 Res / \$70.00 Non-Res. (12 weeks) Fee:

Location: **Tolland Recreation Department Participants:** Minimum: 4 Maximum: 10

Session 3

THURSDAYS Day:

January 4 - March 21, 2024 Date:

4:30 - 6:00pm Time: 18 and up Ages:

\$60.00 Res./ \$70.00 Non-Res. (12 weeks) Fee:

Tolland Recreation Department Location: **Participants:** Minimum: 4 Maximum: 10

MEN'S SOFTBALL LEAGUE Slow Pitch

Weeknights at Crandall Park starting in May. A good competitive league for adults 18 and over. The league will play 8 games plus playoffs. Call the Recreation Department at 860-871-3610 to see about getting on a team.



Dav: Tuesday nights

(Thursdays will be used for make-up games)

Starts in May, 2024 Date:

Time: Evening games; various times

Ages: 18 and up

Fee: Fee by Team; \$650.00

Location: Crandall Park

MEN'S SOFTBALL LEAGUE Slow Pitch (Over 35)

Plays Friday nights at Crandall Park. Fun, friendly competition and good exercise. The league will play 8 games plus playoffs. Call the Recreation Department at 860-871-3610 to see about getting on a team. This league consist of residency requirements.

Day: **Fridays**

Date: Starts in May, 2024

Time: Evening games; various times

35 and up Ages:

Fee: Fee by Team; \$650.00

Location: Crandall Park

RECREATION HAPPENINGS

LETTERS TO SANTA

Santa's elves will be collecting letters left in the mail boxes at the Tolland Recreation Department, Tolland Post Office and Tolland Library beginning Tuesday, November 28, 2023 thru Wednesday, December 13, 2023.

It is so hard for Santa to write back when a child doesn't **include** their FULL NAME & ADDRESS, so please be sure that children include them.



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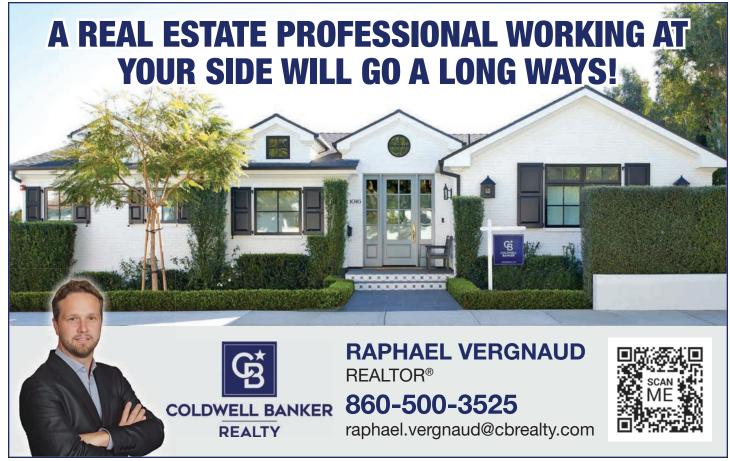
393 Merrow Road Tolland, CT 06084



Hours: Monday-Friday 8:00 - 5:00

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Tolland Human Services - Programs

Human Services Assistance Programs:

If you have trouble paying your home heating bills, help may be available.

Eligibility for the CT Energy Assistance Program is based on annual gross income and household size. Assistance is for your primary source of heating, including oil, electricity, and propane. Renters and homeowners may apply. Renters whose heating costs are included in their rent may also apply.

| Maximum Household Income: 2022/2023 Program Guidelines* | | |
|---|-----------|--|
| 1 | \$41,553 | |
| 2 | \$54,338 | |
| 3 | \$67,124 | |
| 4 | \$79,910 | |
| 5 | \$92,695 | |
| 6 | \$105,481 | |
| 7 | \$107,878 | |

- * Any household with an individual who receives Cash Assistance, SNAP or Supplemental Security Income will be automatically eligible for CEAP Benefit.
 - Residents can apply through Tolland Human Services 860-871-3648. Please call in advance to set up an appointment if you would like to meet with someone from Human Services. Tolland seniors can contact Rebecca Ellert at the Senior Center, 860-871-3726. Required documentation is listed on the next page.
 - Residents can apply at the **Access Agency** in Willimantic 860-450-7400.
 - Residents can apply online @ https://portal.ct.gov/heatinghelp/ctenergy

Food Bank



If you are a Tolland resident and your household would benefit from using the Food Bank, please contact 860-871-3648. Distribution is by appointment only, and participation is strictly confidential.

FoodShare Mobile Food Pantry

The FoodShare Mobile Food Pantry is available in Tolland on alternate Thursdays, 10-10:30 a.m. in the parking lot adjacent to the United Congregational Church of Tolland, 45 Tolland Green. Pre-registration



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Tolland Human Services - Programs

and identification are not required. For more information about FoodShare, residents may contact FOODSHARE at (860) 286-9999 or the UCC office at (860) 875-4160, or visit the FOODSHARE website, www.foodshare.org.

Residents participating in the program must bring their own

HVCC Dial-A-Ride Program

Dial-A-Ride is a transportation program (wheel-chair accessible) for residents who are at least 60 years of age or are disabled. Rides are available to locations in Vernon, Ellington, and Tolland, and to Manchester and South Windsor for medical appointments. All appointments are on a first come, first served basis. You will need to reserve your ride both to the appointment and from the appointment. In order to provide a return ride, you will need to estimate the duration of your stay at your appointment. You may reserve your ride up to 8 weeks in advance. There is an annual \$20.00 registration fee and a \$2.00 donation for each trip. Round trips are \$4.00. You must have exact change. No Passenger will be refused. Call (860) 870-7940 to make a reservation.

Youth Programming

Please visit the Youth Services pages on the Town website for up to date programming information as it becomes available. For current information about any services for Tolland youth and families, residents may contact Jillian Fiddler, (860) 871-3615 or visit https://www.tolland.org/youth-services

Elderly Outreach/Case Management Services

Would you or a loved one benefit from Elderly Outreach/Case Management Services?

Navigating the world of programs and services can be confusing as there are so many options out there. Together, Tolland Elderly Outreach Worker Rebecca Ellert.

Case Management services include:

- An Assessment of the elder's current health, financial and living situation
- Identification of community resources and funding options for home care services such as Transportation, Home Delivered Meals, Insurance, Adult Day Care, Emergency Response Systems etc.
- Developing a Plan of Care based on the client's needs/ situation
- Monitoring of the elders situation

Rebecca is a Certified Choices Counselor and is available to help you understand your options regarding Medicare including Medigap and Medicare Advantage Plans.

Contact Rebecca at the Senior Center (860) 870-3726 to arrange a consultation.

Fair Housing Notice

Beverly Bellody, Director of Tolland Human Services, serves as the Fair Housing Officer for the Town of Tolland. The Federal Fair Housing Act prohibits discrimination in the sale, rental and financing of dwellings, and in other housing-related transactions, based on race, color, national origin, sex, religion, familial status or the presence of children, or disability.

Under the Connecticut Fair Housing Act, it is against the law to deny anyone housing based on race, color, national origin, ancestry, sex, religion, familial status or the presence of children, disability, marital status, sexual orientation, age (except minors), lawful source of income, veteran status or gender identity or expression. If you feel your rights have been denied in the equal access to the rental, sale or financing of residential property, please contact Beverly Bellody at (860) 871-3611, Mon.-Wed. 8:00 am-4:30 pm, Thurs. 8:00 am-7:30 pm, closed on Friday.

SENIOR CENTER NEWS

Center Hours

Monday - Wednesday: 8:30 AM - 4:00 PM Thursday: 8:30 AM - 6:30 PM Friday: CLOSED

Programs we offer:

Bean Bag Toss, Billiards, Book Club, Bridge, Cards, Chair Volleyball, Chorus, Dominoes, Drumming Circle, Line Dancing, Mahjong, **Lunches Ping Pong and more!!**

> We also offer the following **Health & Wellness programs:**

Exercise, Cardio Drumming, Chair Yoga, Walking Club, Foot Care, Haircuts, and Blood Pressure & Blood Sugar Clinic!!

Stop in and see what we have to offer or find our newsletter online at

https://www.tollandct.gov/home/senior-center/ pages/newsletters

Want a newsletter emailed to you?

Email: kkowalyshyn@tollandct.gov and let us know.

Tolland Planning & Development

Building Department

860-871-3601

https://www.tollandct.gov/building-department

Did you know that many permits can be applied and paid for online? Visit the Building Department webpage and click the Online Permit Center button to start your application. Having proper permits will not only guarantee the work is approved and inspected, but will benefit you if you decide to sell your home. Did you know that homeowner's insurance claims may be denied due to unpermitted home improvements? Our office staff is happy to answer any questions you may have on the permit process.

While you're on the Building Dept. page, check out our many Reference Materials and Links. There is quite a bit of information provided to help you with your home improvement projects, including swimming pools, decks, additions and more.

With the snow and ice, come many problems for our homes. Residents with direct-vent pellet stoves, boilers, water heaters and furnaces should verify that the intake and exhaust vents are

not buried by blowing and drifting snow. Direct-vent appliances are those that don't have a typical chimney system; they often have plastic pipes going through the exterior wall, low to the ground. If these pipes are blocked, deadly carbon monoxide can build up in your home. Please don't become a statistic!

Before the snow arrives, consider calling in professional help to address any ice dam issues your roof may have had last year. The root cause is usually a lack of ceiling insulation and/or attic ventilation. We always recommend using a competent, licensed and insured contractor for any home improvement project. A professional contractor will take care of the permit requirements for you and will provide peace of mind knowing that the work is done properly and to current code

If you have questions for Jim Paquin, the Building Official, he is usually available in the office Mon-Thurs, 8:00-10:00 AM and noon-2:00PM. He is also available Thursday evenings from 6:00-7:30PM.

requirements.

Planning Development

https://www.tollandct.gov/planning-zoning

The Planning & Community Development Department is charged with reviewing building and development projects to ensure compliance with State and Town codes and regulations. The Department also performs long range development and conservation planning projects, studies and gathers community data, advises the public on planning and zoning matters, encourages sound economic development and assists other town agencies as needed. Please visit our website for frequently asked questions, forms and fees, zoning regulations and much more!

Staff provides technical guidance and support to the Planning and Zoning Commission, Zoning Board of Appeals, Inland Wetlands Commission, Conservation Commission, Agriculture Commission, Design Advisory Board, Water Pollution Control Authority and the Water Commission. For Meeting information, Agendas, Packets, Minutes and Recordings - please visit https:// www.tollandct.gov/boards and locate the Board or Commission you are interested in.

| Commissions | Meetings held: |
|--------------------------------|----------------------------------|
| Agriculture Commission | 1st Monday of each month |
| Conservation Commission | 2nd Thursday of each month |
| Design Advisory Board Meeting | 1st Thursday of each month |
| Inland Wetlands Commission | 3rd Thursday of each month |
| Planning and Zoning Commission | 2nd and 4th Monday of each month |
| Zoning Board of Appeals | 4th Thursday of each month |



Department of Public Works

Winter Parking Bans

Residents are reminded of the winter parking ban in effect from **November 1st through April 15th.** Overnight parking is not allowed on public streets or municipal parking lots between the hours of **midnight and 6:00 AM.** A parking ban may also be declared if a significant snow event is forecast or in progress. For information on whether a parking ban has been declared (beyond the midnight to 6 AM ban) tune to WFSB (CBS), WTNH (ABC), WVIT (NBC) or FOX61.

Snow Removal

Snow and ice may not be plowed, blown or shoveled into the street. This practice presents a hazard to passing motorists and may contribute to unsafe road conditions. Please remember that you will also be held responsible for any actions of a contractor hired by you.

Mailboxes

Your mailbox should be in good repair, firmly attached to a solid post and properly placed so no part of it is over the pavement. It will have to withstand countless tons of flying snow this winter and it may require periodic maintenance. If a mailbox or post is pushed over or damaged as a result of snow or slush coming off a snowplow, it is considered a



winter hazard and the Town will not repair or replace the mailbox or post. The height of the bottom of the mailbox to the street should be between 42"- 48" and the mailbox door should be 6 to 8 inches back from the front face of the curb or road edge.

Garbage & Recycling Tote Placement



Residents are reminded that garbage and recycling totes should be placed within 18" of the curb or roadside. Please know that they are to be placed on your property, not in the street. Doing so not only creates a public safety issue but also hinders snow removal operations. The Town is not responsible for damage done to totes by plows.

Portable Basketball Hoops

Portable basketball hoops and similar items should NOT be in the Town Right-of-Way. The Town is not responsible for damage done by plows to such items left in the Town Right-of-Way.

Catch Basins & Storm Inlets

Help minimize street flooding by shoveling snow and ice away from the front of the storm inlet nearest your house. This includes keeping catch basin grates free of leaves and other debris all year long.

Sidewalk Clearing

Per Town Ordinance, it is the responsibility of owners and occupants of buildings and vacant lots to remove snow, sleet and ice from public sidewalks abutting their property within 24 hours after a storm has concluded. Failure to comply with this ordinance may result in a fine. Please remember that the final snowplow pass is not made until after the storm has concluded. Your cooperation in clearing sidewalks is an essential safety measure for pedestrians using the sidewalks.



Christmas Trees

Tolland does not offer curb-side pick up of Christmas trees. However, Christmas trees may be dropped off at Crandall's II, near the Lodge driveway, from December 26th through January 26th.



Adult Programs

Needle Felting

Angelina Fleury is back on **Thursday, December 14** at 6 pm with a new needle felting project making reindeer. Her classes fill up very quickly and this class is limited to 8 participants so don't delay if you are interested. This program is funded by the Friends of the Tolland Public Library. Please sign up at tollandct.gov and look for the Online Library Events Calendar.

A Perky Pairing: Coffee and Chocolate

Join us to welcome Kim Larkin from Classic Kreations Workshops, for a fun, educational one hour



workshop on **Saturday, January 6** at 2 pm in the library's program room. Participants will hear about the health benefits of both dark chocolate and coffee, and where they come from. We will pair coffee provided with different chocolate varieties throughout the class. Each person will receive a coffee-chocolate tasting wheel to help throughout the tasting. This program is funded by the Friends of the Tolland Public Library. Please sign up at tollandct.gov and look for the Online Library Events Calendar.

Zentangle

On **Saturday, January 27** at 1 pm in the library's program room, Amy Finke, Certified Zentangle teacher, will present an introductory class in Zentangle. Materials will be provided. Please sign up tollandct.gov and look for the Online Library Events Calendar.

Frank Sinatra: The History of a Storied Singer

From the Sinatrauma of the Bobbysoxers, through his legendary fall-and-rebirth, to his becoming the Chairman of the Board (and beyond!) Frank Sinatra embodied the "American Century." During Frank Sinatra: The History of a Storied Singer," we'll discuss some of his most entertaining, powerful, and significant performances in song and film. On **Thursday, February 8** at 6:30 pm Dr. Gilbert Gigliotti will be sharing his knowledge of Frank Sinatra. Dr. Gigliotti is a professor of English and World Languages, Literature and Culture at Central Connecticut State University. This program is funded by the Friends of the Tolland Public Library. Please sign up at tollandct.gov/library and look for the Online Library Events Calendar.

Luanne Rice

Luanne Rice is speaking at the Tolland Public Library as part of the Tolland Public Library Foundation's Eaton-Dimock-King Authors Series

Luanne Rice, a New York Times bestselling author of 36 novels, will give a free book talk on **Saturday, February 24** at 1 p.m. She will be discussing "Last Night," her latest novel, which will be released on Dec. 5. It's a gripping murder mystery set during a fierce blizzard at a familiar locale, the Ocean House in Watch Hill, Rhode Island.

Irish Music

Join us in March (date TBD) in the library's program room for some rousing Irish music. Emile and Nora Carroll have loved and played Irish music for over a decade in pubs, farm festivals house and (pandemic -inspired) driveway concerts, and the Boston Celtic Music Festival. This duet is known for their lively traditional tunes, beautiful harmonies, and unique musical arrangements. Please sign up at tolland.org/library and look for the Online Events Calendar.

Ongoing Programs/Groups Friends Meeting

The Friends of the Tolland Public Library meets on the first Monday of the month at 11 am in the library's program room. The group is always looking for new members so just stop in.

Meditation

The meditation group meets in the library's program room on the first Tuesday of the month at 6:30 pm. This group is run by Kathy Grinold and is appropriate for beginners and more experienced practitioners.

Tech Help

Do you have questions about your laptop, smartphone, or tablet? The Tolland Public Library is now offering one-on-one tech help appointments. Call 860- 871-3620 to book your personalized session today! Tech appointments will be available on the second Wednesday of the month at 11 am.

We can help you create an email or social media account, set up new devices, download library articles, e-books and magazines and learn to use Microsoft Word.

Movies

The Tolland Public Library will show movies on either the first or second Saturday of the month at 2 pm in the library's program room.



Book Discussion

The Adult Book Discussion Group meets on the third Wednesday of the month at 2 pm in the program room. We provide the books and the questions.

Featherweight Friends Club

The Featherweight Friends Club meets one Saturday a month at 10 am in the library's program room. Come learn about the featherweight machine and this type of sewing!

Library

Writers Workshop

The Writers Workshop meets on the third Tuesday of the month at 6 pm in the Audiovisual Room. Participants of this group share their work and receive support from other members.

Knitters

Nookless Knitters meet every Friday at 10 am in the Program Room.

Nookless Knitters II meet on the second and fourth Wednesday of the month at 6:30 pm in the Audiovisual Room.

Tech Class

Classes on a variety of tech topics are held on the fourth Thursday of the month at 2 pm in the library's program room. Past classes have covered iPhones, e-books, PixIr, and Canva.

CHILDREN'S Programs

Events for January, February, and March in the Children's Department at Tolland Public Library

Story Time

Tuesdays 10:30 - 11:15 AM Kids and caregivers are invited to join our children's librarian Tuesdays for stories, songs, crafts, and oodles of fun! Toddlers & Kids. Due to limited FRFF. supplies, space and



registration is required for all participants.

Please register for your spot at tollandct.gov/library and look for the Online Library Events Calendar or call (860) 871-3621.

December – 12, 19 & 26 January – 2, 9, 16, 23, & 30 February – 20, & 27 March - 5, 12, 19, & 26

Baby Bookworms

Wednesdays 10:30 – 11:00 AM

Join us on Wednesday mornings for board book readalongs, songs, rhymes, finger-plays, and playtime for your little ones. Perfect for babies 0 -23 months. Free!

Please register for your spot at tollandct.gov/library and look for the

Online Library Events Calendar or call (860) 871-3621.

December - 13, 20, & 27 January - 3, 10, 17, 24, & 31 February - 21 & 28 March - 6, 13, 20, & 27

Tech Time *Meets one Satura*

Meets one Saturday a month

12 PM - 1 PM

Got a tech question? Need help with your iPads, iPhones, or computers? Bring your devices and see if we can help. Want to explore the technology we have here? Have fun using our Zozobots, iPads, Nintendo Switch, and more!

Please register for your spot at tollandct.gov/library and look for the Online Library Events Calendar or call (860) 871-3621.

Anime/Manga Club

Meets one Wednesday a month 4 – 4:45 PM

Practice manga-style art, eat exotic snacks, fold origami, watch, read, and discuss your favorite anime and manga. Pre-Teens & Teens. Check our website for the official dates of this program. Please register for your spot at tollandct.gov/library and look for the Online Library Events Calendar or call (860) 871-3621.



Lego Club

Attention LEGO lovers! Exercise your creativity, show off your skills, and attempt awesome challenges. Meets on the 2nd and 4th Thursday of every month, 4-4:45 PM. Kids & Pre-Teens. FREE. Call (860) 871-3621 for more info.

January – 11 & 25 February – 8 & 22 March – 14 & 22

Dungeons and Dragons

Thursdays, 6:00 - 7:30 PM.

Next session start date TBA.

Grab a character sheet and a set of dice and embark on an epic quest designed by local Dungeon Master extraordinaire,

Rapone of "The Winding"



Way Forward Tabletop Adventures"! Experienced players and DMs are welcome to join and run their own games. Registration is required. Players should have a basic understanding of how to play before joining. Call (860) 871-3620 for more info.

More programs for children and teens are likely to occur. Be sure to check our online calendar or Facebook page for the latest news on programs, crafts, and more.

Submitted by Animal Control:

Winter Tips for Your Animals

During the cold and snowy months of winter, remember to be aware of your pet's limits. Tolland Animal Control would like to remind pet owners of some important winter tips.

- Ice can be sneaky and you may not notice it until it is too late. Make sure to keep a watchful eye out for you and your pet when taking walks. It is also important to keep an eye on your pet's paws, nose, ears and skin. Animals are susceptible to frostbite. If you think that your pet may have frostbite, contact a local veterinarian immediately.
- Be mindful of the depth of snow in your area.
 Snow can pile up fast and can give the illusion that the ground is closer than it really is. Make sure that your pets have a safe area to get their exercise.

- If you own livestock, be sure to make provisions for their food and water. Approved heaters for water buckets and water systems can help prevent freezing. A food supply that is sheltered from the rain and snow can also help ensure that the food stays edible and doesn't turn into an inedible popsicle.
- Livestock should also be provided with shelter to get relief from the elements. This could consist of a shelter with a "wind-break" or a "run-in" shed in the absence of a barn.
- In the event of severe weather, cats should be brought indoors. If you have feral or outdoor only cats, be sure to provide them a shelter with insulation and straw bedding so they can escape the wind and cold.

From the Office of Emergency Management

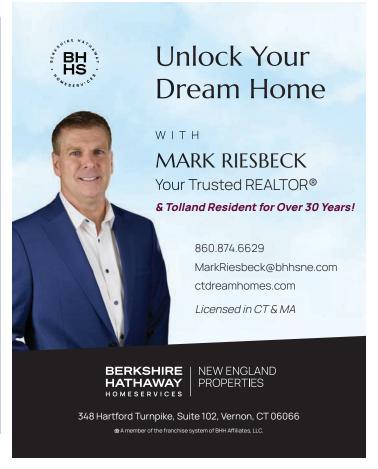
When the Power Goes Out, Call It In!

Have you ever wondered whether or not you should call in a power outage? Have you thought that your neighbor must have called it in? If you're out of power, you should report the outage directly to Eversource, do NOT assume someone else has already reported the outage.

There are several ways to report to Eversource that you are without power:

- 1. Call 800-286-2000
- 2. Visit Eversource's website https://www.eversource.com/cg/customer/reportoutage
- 3. Download the Eversource App from Google Play or the App Store

When storms strike and damage equipment, outages can happen. Eversource knows it isn't easy to be without power and requests customers report their outage by phone, text, using their app or website. Eversource relies on information received from customers, so don't be shy about reporting your outage!



From the Office of the Fire Marshal **Fire Safety During Winter Storms**

Winter storms can happen almost anywhere. They can cause us problems. Know what to do before, during and after a storm. This will help keep you and your family safe from a winter fire.

- Test all smoke alarms. Do this at least once a month. This way you will know they are working. Install carbon monoxide alarms in your home. Test the alarms.
- Plan two ways out of the home in case of an emergency.
- Clear driveway and front walk of ice and snow. This will provide easy access to your home.
- If your furnace uses a direct-vent system, be sure it is clear of ice and drifting snow.
- Make sure your house number can be seen from the street. If you need help, firefighters will be able to find you.
- Be ready in case the power goes out. Have

flashlights on hand. Also have battery-powered lighting and fresh batteries. Never use candles.

- Stay aware of winter weather. Listen to the television or radio for updates. Watch for bulletins online.
- Check on neighbors. Check on others who may need help.
- Generators should be used outdoors. Keep them away from windows and doors. Do not run a generator inside your garage, even if the door is
- Stay away from downed wires. Report any downed wires to authorities.
- Be ready if the heat stops working. Use extra layers of clothes and blankets to stay warm. If you use an emergency heat source, keep anything that can burn at least 3 feet away.
- Turn portable heaters off when you leave the room. Turn them off when you go to bed.





Important Reminder:

There are more home fires in winter than in any other season. Half of all home heating fires happen in December, January and February. As you stay cozy and warm this winter season, be fire smart!

Fact:

Nearly half of all space heater fires involve electric space heaters.

Information used with permission from National Fire Protection Association (NFPA). Visit www.nfpa.org/ education for additional topics.

Winter Holiday Safety

Winter holidays are a time for families and friends to get together. But that also means a greater risk for fire. Following a few simple tips will ensure a happy and fire-safe holiday season.

Holiday decorating:

- Be careful with holiday decorations. Choose decorations that are flame resistant or flame retardant.
- Keep lit candles away from decorations and other things that can burn.
- Some lights are only for indoor or outdoor use, but not both.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Use clips, not nails, to hang lights so the cords do not get damaged.
- Keep decorations away from windows and doors.
- Keep decorations away from heat sources.
- When picking a tree, choose one with fresh, green needles that do not fall off when touched.
- Before placing the tree in the stand, cut 2" from the base of the trunk.
- Make sure the tree is at least three feet away from any heat source, like fireplaces, radiators, candles, heat vents of lights.
- Make sure the tree is not blocking the exit.
- Remember to add water to the tree stand and be sure to add water daily!

Holiday entertaining:

- Test your smoke alarms and tell quests about your home fire escape plan.
- Keep children and pets away from lit candles.
- Keep matches and lighters up high in a locked cabinet.
- Stay in the kitchen when cooking on the stovetop.
- Ask smokers to smoke outside. Remind smokers to keep their smoking materials with them so young children do not touch them.
- Provide large, deep ashtrays for smokers. Wet cigarette butts with water before discarding.

Before Heading Out or Going to Bed:

- Blow out lit candles when you leave the room or go to bed. Make sure they don't re-light.
- Turn off all light strings and decorations before leaving home or going to bed.

Facts:

- More than one-third of home decoration fires are started by candles!
- More than two of every five decoration fires happen because decorations are placed too close to a heat source!

Information used with permission from National Fire Protection Association (NFPA).

Visit <u>www.nfpa.org/education</u> for additional topics.

Safety in Places of Public Assembly

Every day, millions of people wake up, go to work or school, and take part in social events. But every so often the unexpected happens: an earthquake, a fire, a chemical spill, an act of terrorism or some other disaster. Routines change drastically, and people are suddenly aware of how fragile their lives and routines can be. Each disaster can have lasting effects — people may be seriously injured or killed, and devastating and costly property damage can occur. People entering any public assembly building need to be prepared in case of an emergency.

Before You Enter:

Take a good look. Does the building appear to be in a condition that makes you feel comfortable? Is the main entrance wide and does it open outward to allow easy exit? Is the outside area clear of materials stored against the building or blocking exits?

- or friend to contact in case of emergency and you are separated from family or friends.
- **Plan a meeting place.** Pick a meeting place outside to meet family or friends with whom you are attending the function. If there is an emergency, be sure to meet them there.

When You Enter:

- **Take a good look.** Locate exits immediately when you enter a building, you should look for all available exits. Some exits may be in front and some in back of you. Be prepared to use your closest exit. You may not be able to use the main exit.
- **Check for clear exit paths.** Make sure aisles are wide enough and not obstructed by chairs or furniture. Check to make sure your exit door is not blocked or chained. If there are not at least two exits or exit paths are blocked, report the violation to management and leave the building if it is not immediately addressed. Call the local fire marshal to register a complaint.
- **Do you feel safe?** Does the building appear to be overcrowded? Are there fire sources such as candles burning, cigarettes or cigars burning, pyrotechnics, or other heat sources that may make you feel unsafe? Are there safety systems in place such as alternative exits, sprinklers, and smoke alarms? Ask the management for clarification on your concerns. If you do not feel safe in the building, leave immediately.

During an Emergency:

- React immediately. If an alarm sounds, you see smoke or fire, or some other unusual disturbance immediately exit the building in an orderly fashion.
- Get out, stay out! Once you have escaped, stay out! Under no circumstances should you ever go back into a burning building. Let trained firefighters conduct rescue operations.

FACT:

A fire at The Station nightclub in W. Warwick, RI, on February 20, 2003, claimed 100 lives and is the fourthdeadliest nightclub fire in U.S. history. Since that fire, NFPA has enacted tough new code provisions for fire sprinklers and crowd management in nightclub-type venues. Those provisions mark sweeping changes to

Have a communication plan. Identify a relative the codes and standards governing safety in assembly occupancies. Information used with permission from National Fire Protection Association (NFPA). Visit www. nfpa.org/education for additional topics.

Submitted by Tolland Fire Department: Help Us Help You!

Tolland Fire Department is currently seeking additional Emergency Medical Technicians (EMTs) to join our volunteer ranks. If you currently hold an EMT license or would like to train to become an EMT please consider volunteering for your community.

a combination department? A combination department means that both career and volunteer members work together to provide emergency services to the residents, businesses and visitors of Tolland. Our small career staff is on duty Monday through Friday covering the hours of 6:00 A.M. to 6:00 P.M. Our volunteer staff covers nights, weekends and major holidays. This type of coverage is a resourceful and cost-

effective way to provide top-level services to the

Did you know that the Tolland Fire Department is

Did you know the Department operates two ambulances and responds to emergency calls 24/7/365? Did you know we have a flexible duty schedule in which volunteer EMTs can sign-up for night or weekend shifts? This schedule allows EMTs to fit volunteering into their personal schedules.

Town.

- Volunteer EMTs often reflect on their service to their neighbors and community as a personally fulfilling and extremely rewarding experience.
- With the increased emergency call volume we are starting to burn-out our core membership. If we could recruit a few more people to assist us we can lighten the load of our members, possibly holding onto to these well-trained EMTs and extend their years of service to the community.
- Additions to the Town's population both residential and commercial over the past years have affected our membership as well. Members have moved away from volunteering for a variety of reasons such as work and family obligations. Bottom line is we need additional volunteer EMTs to keep delivering our high-level of service.

members, both career and volunteer, because together they have created a foundation that we continue to build on. We miss those who have moved on and look forward to meeting new people who will help shape our future.

If you reside in Tolland and are interested in becoming a volunteer EMT please visit the Department's website www.tollandfire.org. Click the red "Become a Member" tab button on the left side of the page for more information or stop by the Training Center, located at 191 Merrow Road, during the day or on Monday nights when training is in session.

Thank you in advance for Helping Us Help You!

Encountering Emergency Vehicles

Keeping these steps in mind will increase everyone's safety.

- 1. You **must** yield the right-of-way to police vehicles, fire engines, ambulances or other emergency vehicles using sirens, air horns or red or blue flashing lights.
- 2. When you **see or hear** an emergency vehicle approaching from any direction you must pull over to the right edge of the road, or as near to the right as possible, and **stop** your vehicle.
- 3. You must remain stopped until the emergency vehicle has passed, unless otherwise directed by a state or local police officer or a firefighter.

Driveway Accessibility

As you know Tolland Fire Department's number one priority is the safety of our residents and our ability to respond to emergency calls for service. While that statement is true, we are also concerned for the safety of our staff and Fire Department equipment.

Lately, we are noticing a disturbing trend where driveways to properties have become narrow, littered with overhanging trees, limbs, branches and the like. Clearance problems may not be so evident to you, however they are of great concern to the Department. Since our apparatus is larger than most personal vehicles, extra clearance is needed to accommodate the larger size of a fire truck or ambulance to prevent scratches or damage to the apparatus. Additionally low hanging vegetation could impact your service wires, possibly causing damage to your connection. Low hanging wires may also impede emergency access.

We would appeal to our residents to please evaluate

We would like to thank all of our past and present driveway access to their property and complete the necessary maintenance, so that it can easily accommodate larger vehicles. Also, please re-evaluate access often throughout the year, especially after strong storms. Your cooperation will help ensure we can get to you in your time of need, safely and quickly, without damaging our equipment or your trees, bushes, etc. Being vigilant will benefit everyone.

Is Your Street Number Visible from the Road?

Residents and Business Owners are asked to please check their street address numbers. Can they be seen from the road? Are they faded, too small, overgrown or missing? If so, please update your numbers so that they are visible from both directions. The Fire Department offers blue reflective street address signs for \$16. Signs measure 6" wide x 18" long. Three inch reflective numbers are placed on both sides and the blue coating is also reflective. These signs will make your address easier to find and they also make great gifts! For an order form please visit www.tollandfire.org, click the first red button in the second row marked "Reflective Street Address Sign" for a downloadable order form.



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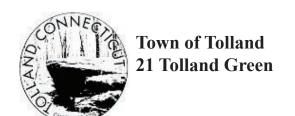
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