WORLD-CLASS CARE IN STORRS.

UConn Health offers primary and specialty care, dental services, and urgent care right in Downtown Storrs. We also have a Sports Medicine Walk-In Clinic for quick assessment and treatment of athletic injuries. Adjacent to our Storrs campus, our highly experienced and compassionate providers offer comprehensive medical care for you and your family.

health.uconn.edu/storrs

SERVICES IN STORRS:

Family Medicine
Obstetrics and Gynecology
Orthopedics and Sports Medicine
Cardiology
Dermatology
Podiatry
Psychiatry
Radiology
Sleep Disorders
Vascular Surgery
Blood Draw Station
Dental Care
Urgent Care
Tolland Needs Your Help To Increase Recycling!

Below are the items that the Town of Tolland is presently recycling:

- Cardboard and Brown Paper bags
- Milk & Juice Cartons
- Glass and Metal Food Containers
- Mixed Paper (Including Junk Mail, Magazines, Multi Ply Carbon Paper)
- Newspaper
- Soft & Hard Covered Books
- Phone Books
- Copy, Color and Computer Paper
- Plastic Containers #1 through #7
- Cans (Aluminum and Tin)

More information can be found at www.tollandct.gov/solid-waste-recycling

Next Town sponsored (no charge) Bulky Waste and Metal pick-up will take place during the first full week of October 2022.

The next Town sponsored no charge Bulky Waste and Metal pick-up will take place during the first full week of October 2022 (the week of October 3rd), on the same day of the week as your trash collection. A reservation is required at least (4) business days in advance of your pick-up day or your items WILL NOT be picked up.

Call today for your free quote
860-872-1466
Located off exit 68

We sell Awnings!
Serving The Community For 40 Years!

www.staffdoveterinarycenter.com

The Hospital with a Heart!

Our new facility is open! We can't wait to welcome you to our new state-of-the-art facility at 42 West Main St in Stafford Springs.
We’re happy to have been providing quality, convenient, and compassionate care for your dogs, cats, large animals, and exotics since 1981!

NOW ACCEPTING NEW PATIENTS!

Dr. David Mordasky
Dr. Drew Mordasky
Dr. Liz Nutile
Dr. Nicole Davies
Dr. Bridget Johnson

27 Buckley Highway
Stafford Springs, CT 06076
860-684-5868
INFLATION
As a financial analyst I will always fight to ensure the state lives within its means. At a time when we are seeing historic inflation and price increases the state should not be profiting off your pain. I will continue to fight to put money back in your pockets instead of the state coffers.

LOCAL ADVOCACY
Tolland, Vernon, and Willington will always come first. Whether you’re a college graduate looking for a place to plant roots, a senior citizen trying to stay in your home, or anyone in between, I will continue to work to create an environment where you can live and thrive.

YOUR WELLBEING
As an architect of the new mental health legislation that was signed into law, I made certain the programs and benefits enacted in that bill would positively impact every town in our state. I ensured the majority of the funding came from federal dollars and required data collection. The programs have end dates and the data will be used to determine if the programs are continued. It is being heralded as landmark legislation that will directly impact our youth and workforce development, as well as create long-term positive mental health change.

ELECTION DAY - NOVEMBER 8TH
NuccioForCT@yahoo.com 860•729•7122
Recreation Department

Tolland Recreation Department
104 Old Post Road
Office: 860-871-3610
Fax: 860-870-1367

Office Hours
Monday–Wednesday: 8:00am–4:30pm
Thursday: 8:00am–7:30pm
Friday: CLOSED

Mailing Address
21 Tolland Green
Tolland, CT 06084

Registration Website:
www.tollandrec.com
Email: tollandrec@tollandct.gov

Recreation Staff
Director: Bruce Watt, bwatt@tollandct.gov
Administrative Assistant: Kim Grimes, kgrimes@tollandct.gov

Recreation Board
Jeff Maron, Chairman
David Drost, Assistant Chairman
Brian Lievense
James Leahy
David Clokey
Nicole Kowal
Jennifer Gott-Caldwell

The Board meets every second Monday of the month. All meetings are open to the public.

Activity and Program Pictures
Throughout the year Andre Garant has taken pictures of our activities and programs.
If you would like to see them please go to:
www.flickr.com/photos/63906149@N02/
Andre Garant-Photography on Demand

GENERAL INFORMATION

Insurance
All persons participating in Recreation programs should carry their own personal health insurance.
The Town of Tolland is not responsible for personal injuries.
Participants in all Department sponsored programs do so at their own risk.

ADA
The Town of Tolland does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in provision of programs and services. We are committed to assuring equal access to programs, activities, and services to all individuals. If you or a family member needs special assistance, please let us know when you register.

Participation
Only those enrolled in the program may attend. Sorry, children will not be allowed in the class room or gym during adult programs and siblings must remain seated and not disturb youth classes.

Age Requirement
To participate, children must meet minimum age before the class starts.

Inclement Weather
Program cancellations due to inclement weather are announced via email blasts through the Recreation Department’s registration system and are broadcast on Channel 3’s Early Warning Announcements.

Scholarship Programs
It is our policy that residents of the Town of Tolland who cannot afford to participate in programs or activities can make confidential inquiries for assistance to the Recreation Director.

“Oops!
Despite our best efforts, errors sometimes make it into this Newsletter. We apologize for any inconvenience these errors may cause.”

We reserve the right to: Make changes in price, content, description, etc. at any time without notice.

Registration Information
MAIL-IN
Registrations are accepted on a first come/first serve basis. A registration form is available at TollandRec.com.
Mail your completed form with payment to:
Tolland Recreation Department
21 Tolland Green
Tolland, CT 06084
Consider yourself registered if you do not hear from us.

FALL PROGRAM REGISTRATION

BEGINS ON: FRIDAY, Aug. 26, 2022
Please visit our registration site at www.tollandrec.com
General Rental of Tolland

General Rental of Tolland LLC

- Mini Excavators
- Skid Steers
- Wood Chippers
- Stump grinder
- Backhoe
- Skid Steer Attachments
- Lawn and Garden
- Floor Sanding

- Boom Lift
- Towable Compressor
- Jackhammers
- Concrete Tools
- Party Tents
- Tables and Chairs
- Propane and Ice
- Party Supplies

EQUIPMENT RENTAL, CONTRACTOR SUPPLIES, TENTS & PARTY RENTALS

Mike & Megan Grogan

407 Merrow Road, Tolland, CT 06084
(860) 870-7622 • generalrentaloftolland.com
Generalrentaloftolland@gmail.com
**Recreation Department**

**ON-LINE**
Recreation Department Registration Website: [www.tollandrec.com](http://www.tollandrec.com)
Town Website: [www.tollandct.gov](http://www.tollandct.gov)
Participants registering online will be confirmed online. Not all classes can be registered for online; however you may view all classes.

**INFORMATION**
Be sure to complete all information when registering.

**REGISTER EARLY!**
If a program does not meet its minimum enrollment number prior to the start of class it will be cancelled.

**CLASSES**
We reserve the right to limit class size and to cancel classes failing to meet minimum requirements.

**PAYMENT**
Registration is not considered valid until the program fee is paid. We accept cash, checks, Discover Card, Visa or MasterCard.

**REFUNDS**
Refunds are given only prior to the start of classes or if we cancel the program. Requests for refunds must be in writing and are subject to a $10.00 processing fee. Programs less than $15.00 receive an account credit.

For a trip cancellation you will be refunded only if the spot can be filled.

**Program Locations**

**Crandall Park**
64 Cider Mill Rd, Tolland

**Cross Farms Recreation Complex**
167 Rhodes Road, Tolland
Tolland Recreation Center
104 Old Post Rd, Tolland
Tolland Tennis Courts
Old Cathole Rd, Tolland
Skungamung River Golf Course, Old Folly Ln, Coventry (end of Goose La)

Youth Garden, (by Lions Field)
Cider Mill Rd, Tolland
Birch Grove Primary School
247 Rhodes Rd, Tolland
Tolland Intermediate School (TIS)
96 Old Post Rd, Tolland
Tolland Middle School (TMS)
1 Falcon Way, Tolland
Tolland High School (THS)
1 Eagle Hill Rd, Tolland

**Park Facilities**
All parks are open sunrise to sunset. Dogs are required to be on a leash.

*Dogs are NOT allowed on athletic fields!!*

**CRANDALL PARK**
64 Cider Mill Road- 350+ acre Town Park containing 3 tennis courts/ 3 pickle ball courts, a basketball court, softball & baseball fields, a swimming pond, bathrooms, 2.5 miles of marked hiking trails and a picnic area.

**PAVILION**
Is an open air shelter with picnic table seating for groups of up to 75. Facilities include a large charcoal grill, horseshoe pits and a sand volleyball court. Use of a softball field is possible depending on availability. Rental of the Pavilion does not include beach access. Rental by reservation only through the Recreation Office. Call the Recreation office at 860-871-3610 for fee schedule and available dates.

**“THE LODGE”**
124 Cider Mill Road- The Lodge is a year round rental facility available to groups of 100 or less for special events such as weddings, showers, picnics, parties or meetings. Rental rates vary for residents, non-residents, and businesses. Building contains Central Air-conditioning, fireplace, tables & chairs, a warming oven, microwave, and double door fridge.

For available dates, fees & more information call the Recreation office at 860-871-3610.

**RIVER PARK**
South River Road - 2 Little League size baseball fields, river access.

**HERON COVE PARK**
125 South River Road - Small soccer field, multipurpose field, basketball court & canoe launch.

**TENNIS COURTS**
Old Cathole Road - Six all weather tennis courts across from Tolland Middle School.

**CROSS FARMS RECREATION COMPLEX**
167 Rhodes Road - 3 baseball and 3 soccer fields, hiking trails, exercise stations, 18 hole disc golf course, concession stand and Adam’s Adventure an all-inclusive play structure.

**ALL WEATHER TURF FIELD**
1 Eagle Hill Road - A beautiful lighted synthetic turf field at Tolland High School. The field with permanent lines for football, soccer and lacrosse is available to rent for a variety of practices, games and other events. To find out more, call the Recreation Department at 860-871-3610 or go to the web site [www.tollandct.gov/recreation](http://www.tollandct.gov/recreation).

The Town of Tolland is an Equal Opportunity Employer - [www.tollandct.gov](http://www.tollandct.gov)

**Tolland Youth Sports Leagues & Groups**

Tolland Boys Travel Basketball
[www.tollandbasketballclub.com](http://www.tollandbasketballclub.com)

Tolland Girls Travel Basketball
[jeffmartens72@gmail.com](mailto:jeffmartens72@gmail.com)

Tolland Lacrosse
[www.tollandlacrosse.org](http://www.tollandlacrosse.org)

Tolland Little League
[www.tollandlittleleague.org](http://www.tollandlittleleague.org)

Tolland Soccer Club
[www.tollandsoccerclub.org](http://www.tollandsoccerclub.org)

Tolland Youth Football
[www.tollandeaglesyouthfootball.com](http://www.tollandeaglesyouthfootball.com)

Tolland Garden Paths - Youth Garden
[www.tgpyouthgarden@comcast.net](mailto:www.tgpyouthgarden@comcast.net)
Opioids don’t care about your dreams.
Educate yourself on the risks of prescription drug misuse.

Learn more drugfreect.org

FROM YOUR TOLLAND LOCAL PREVENTION COUNCIL
If you or a loved one is struggling with substance use, help is available. Visit the website above, or call 2-1-1 or 1-800-563-4086.
Building contains tables & chairs, a warming oven, microwave, and double door fridge. Built in 1991, it is located in the middle of a 300+ acre town park. Nestled on a wooded hilltop overlooking a quiet pond, its singular design blends with the rustic surroundings to create a warm and serene atmosphere. A covered deck on two sides adds to the down home feeling, while inside a large fieldstone fireplace, a cathedral ceiling, and cedar siding completes the picture. The Lodge is heated for year round use, and is available weekdays, weeknights, or weekends. Call the Recreation Department office at (860) 871-3610 for more information, rental fees and available dates.

Amenities:
• Central Air-conditioning
• Kitchen with warming oven, microwave, double door refrigerator (no freezer)
• Two sided field stone fireplace
• Cedar planking on interior walls
• Tables & chairs to accommodate groups of up to 100
• Clean bathrooms
• Sound system with CD player, iPod connection, Bluetooth connection
• Horseshoe pits
• Easy access to hiking trails and fishing pond
TOLLAND TYKES Preschool
For 3 & 4 Year Olds
Classes begin September 2022
Our 3 year old class meets on Tuesdays and Thursdays from 9:00am to 11:30am, September thru May (32 weeks).
The tuition for this program is $1150.00 payable in *two (2) installments (August & January).
Children must be 3 years old on or before December 31st
4 year old class meets on Mondays, Wednesdays & Fridays from 9:00am to 12:00pm, September through May (32 weeks).
The tuition for this program is $1,700.00, payable in *two (2) installments (August & January).
Children must be 4 years old on or before December 31st.
We will be holding an open enrollment on a first come first serve basis. To register, fill out our department’s registration form and mail to the Tolland Recreation Department, 21 Tolland Green, Tolland, CT 06084, along with your $100.00 non-refundable deposit to hold your child’s place. The deposit will be applied toward your tuition fee. Registration forms can be found on our department’s website at www.tollandct.gov or www.tollandrec.com. For more information or if you have any questions please check out our website at www.tollandrec.com or feel free to contact the Recreation Office at (860) 871-3610.

SOCCER SHOTS Mini Program
Soccer Shots Mini designed for 2 year olds. It is a high energy program introducing young children to fundamental soccer principles such as using your feet dribbling and basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active. Each child will receive a Soccer Shots jersey. No equipment is necessary. Space is limited to 12 participants.
Day: Saturdays
Date: September 17– November 5, 2022
Time: 9:30am-10:00am
Ages: 2
Fee: $130.00 Res. / $140.00 Non-Res. (8 weeks)
Location: Tolland Recreation Department

SOCCER SHOTS Classic Program
Soccer Shots Classic is designed for 3 and 4 year old children as an introduction to Soccer. Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation. Space is limited to 12 participants.
Day: Saturdays
Date: September 17– November 5, 2022
Time: 10:15am-11:00am
Ages: 3 & 4
Fee: $140.00 Res. / $150.00 Non-Res. (8 weeks)
Location: Tolland Recreation Department

REGISTER ONLINE AT www.tollandrec.com
Babysitter Safety
This course is for youth's age 11 to 17 years of age with the most common age of 12 - 14. This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Other topics include hand washing, diabpering, bottle feeding, and personal safety and interview skills. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. First Aid including adult and child CPR (requires passing written and skills testing to receive 2 year certification)

Booklet, handouts and Babysitter Safety Certificate of completion included. Bring a snack.

Instructor: LifeSafe Services Staff
Day: Saturday
Date: November 5, 2022
Time: 9:00am – 2:00pm
Ages: 11-17
Fee: $90.00Res/ $100.00 Non-Res
Location: Tolland Recreation Center

Building Up S.T.E.A.M. Using LEGO®
Children are working independently and cooperatively as they begin to explore simple machines using LEGO® DUPLO® early childhood materials. Projects may include spin tops, motorcycles, and hockey players.

Instructor: E.Y.E.S., LLC. Staff
Day: Mondays
Date: September 19-October 31, 2022
(No Class Oct. 10)
Time: 3:45-4:45pm
Grades: Kindergarten-2nd
Fee: $180 (6 weeks)
Location: Birch Grove Elementary School

S.T.E.A.M. Works Using LEGO®
Children are working with standard LEGO® materials to problem solve pre-engineering challenges involving structure, levers, gears, pulleys, and other elements of simple machines. Projects may include drawbridges, flywheel cars, and amusement park rides.

Instructor: E.Y.E.S., LLC. Staff
Day: Tuesdays
Date: September 27-November 1, 2022
Time: 3:30-4:30pm
Ages: Grades 3-5
Fee: $180 (6 weeks)
Location: Tolland Rec Department

Unlock Your Potential with Tolland Adult Education
- High School Completion - Three options (CDP, GED, NEDP)
- Learn English (ESL) - day and evening programs
- Become a U.S. Citizen
- Prepare for College/Training
- Increase Employability Skills
- Family Learning Program

Tolland Adult Education is here to support you and help you accomplish your goals. Call today to find out more about our support services.

FREE ADULT EDUCATION PROGRAMS
Visit www.vrabe.org
Call 860-870-6060
Text VRABE to 866-436-0005
DODGEBALL After School

A chance for some after school fun playing the popular game of dodgeball. The players will use super soft foam balls and safety is stressed. Each week different styles of dodgeball are learned. The emphasis will be on teamwork and sportsmanship. Participants will be met at Tolland Intermediate School and be walked up to the Recreation Center.

Instructor: Rich Lavigne
Day: Wednesdays

Date: Session 1: September 21 – October 12, 2022
Session 2: November 2 – November 30 (No Nov 23)
Time: 3:30-5:00pm
Ages: Grades 3 - 5
Fee: $40.00 Res. / $50.00 Non-Res. (4 weeks)
Location: Tolland Recreation Center

Instructional BASKETBALL- Saturdays

This coed class will teach the basic skills such as, dribbling, passing, shooting and sportsmanship in a fun way! Bring water bottle and wear sneakers. Space is limited to 10 participants per class.

Day: Saturdays
Date: January 7 - February 11, 2023
Time: 8:00-8:45am (Age 4)
9:15-10:00am (Age 5)
10:30-11:15am (Age 6)
11:45am-12:30 am (Ages 7-8)
Ages: 4 – 8
Fee: $65.00 Res. $75.00 Non-Res. (6 weeks)

Recreation YOUTH BASKETBALL PROGRAM

This recreational basketball league is for boys and girls grades 3-12. A fun program designed to help improve individual skills and learn the fundamentals of basketball. Games and practices are held primarily on Saturday. Each league has a separate program for boys and girls. SPACE IS LIMITED!

Day: Saturdays (practices and games)
Dates: Mid December-Early March
Time: Times will vary according to schedule
Ages: Boys League: Grades 3rd& 4th, 5th& 6th, 7th& 8th and 9th - 12th
Girls League: Grades 3rd – 5th and Grades 6th – 9th
 Fee: $100.00
We will not accept registrations after November 18, 2022

Volunteer coaches are needed for all age groups. Leagues cannot start until we have enough coaches. Call the Recreation Office at 860-871-3610.
GOLF LESSONS - Coed
If you want to learn to play golf or improve your game this course is for you. Learn proper grip, alignment, swing technique, basic etiquette and rules.

Instructor: Rick Nelson, PGA Professional
Day: MONSDAYS
Date: Session 2: September 12– September 26, 2022 (last class double session)
Time: 6:00 - 7:00pm
Ages: 16 & up
Fee: $80.00 Res. / $90.00 Non-Res., (4 weeks)
Location: Skungamaug River Golf Course
(end of Goose La)

Day: WEDNESDAYS
Date: Session 2: September 7–September 28, 2022
Time: 5:00 -6:00pm
Ages: 16 & up
Fee: $80.00 Res. / $90.00 Non-Res., (4 weeks)
Location: Skungamaug River Golf Course
(end of Goose La)

BASKETBALL- Pick up
The benefits of basketball include great aerobic exercise, it provides a wonderful cardiovascular workout, improves heart health, stamina and lung capacity. The quick movements exercise your joints and muscles and improve strength and flexibility. In other words it provides a complete workout and allows you to meet new people while having fun! Pickup games using multiple courts.

Register with the Recreation Department for a reduced rate or pay the drop in for $5.00 an evening. TOLLAND RESIDENTS ONLY.

Day: MONDAYS
Date: September 19 – December 12, 2022
(No class Oct 10)
Time: 7:00-9:00pm
Ages: 19 and up
Fee: $48.00 (12 weeks) or $5.00 per walk-in
Location: Tolland Middle School

Day: WEDNESDAYS
Date: September 28 – December 21, 2022
(No class Nov 23)
Time: 6:30-8:30pm
Ages: 19 and up
Fee: $48.00 (12 weeks) or $5.00 per walk-in
Location: Tolland Middle School

Lifelong Women’s Healthcare
Adolescence • Pregnancy • Menopause

Roa Alammari
MD, FACOG
Robert Gildersleeve
MD, FACOG
Lesley Gumbs
MD, FACOG
Veronica Helgans
MD, FACOG
Yvette Martas
MD, FACOG
Shannon Morgan
CNM, DNP
Stephanie Welsh
CNM, DNP

Hebron • Mansfield

REGISTER ONLINE AT www.tollandct.gov
Volleyball (Coed)
If you are looking for a fun way to improve your health, volleyball could be the sport for you. Join us for coed pickup games, no experience necessary. Our experience instructor will help you learn the game. If you have experience he will help you improve. A good opportunity to meet new people and make new friends.

Sign up with the recreation department at the reduced rate or pay the drop in rate $5.00 an evening.

Instructor: Sue Vang
Day: Mondays
Date: September 19 – December 12, 2022 (No class Oct 10)
Time: 7:00-9:00pm
Ages: 16 and up
Fee: $48.00 Res./ $58.00 Non-Res. (12 weeks) or $5.00 per walk-in
Location: Tolland Intermediate School

Volleyball (Power)
If you have some experience as volleyball player this program is for you. Coed pick-up games for fitness and fun. Improve your game and meet new people while getting a good cardiovascular workout. Build muscle and burn fat.

Sign up with the recreation department at the reduced rate or pay the drop in rate for $5.00 an evening.

Instructor: Sue Vang
Day: Tuesdays
Date: September 27 – December 13, 2022
Time: 7:15-9:15pm
Ages: 18 and up
Fee: $48.00 Res./ $58.00 Non-Res. (12 weeks) or $5.00 per walk-in
Location: Tolland Intermediate School

Pickle Ball - Open Court
Are you looking to meet new people, workout, or just have fun? Then pickle ball is for you! Pickle ball is a racquet sport which combines badminton; tennis and ping pong all in one and is easy to learn. REGISTRATION IS REQUIRED. Class limited to 10 participants.

BEGINNER LEVEL
Day: Thursdays
Date: September 15 – December 1, 2022 (No Oct 27, Nov 24)
Time: 1:00-2:30pm
Ages: 65 and up
Fee: $50.00 Res./$60.00 Non-Res. (10 weeks)
Location: Tolland Recreation Department

BEGINNER LEVEL
Day: Thursdays
Date: September 15 – December 1, 2022 (No Oct 27, Nov 24)
Time: 2:30-4:00pm
Ages: 65 and up
Fee: $50.00 Res./$60.00 Non-Res. (10 weeks)
Location: Tolland Recreation Department

ADVANCE LEVEL
Day: Thursdays
Date: September 15 – December 1, 2022 (No Oct 27, Nov 24)
Time: 4:30-6:00pm
Ages: 65 and up
Fee: $50.00 Res./$60.00 Non-Res. (10 weeks)
Location: Tolland Recreation Department
SHAKE IT UP FITNESS
Shake up your routine, shake up your mindset, shake up your goals, shake it up fitness. Show up to a Shake It Up Fitness class exactly how you are; then let loose, be free, shake it up and leave it all on the dance floor. This high energy dance fitness class incorporates cardio, endurance, balance, flexibility and strength with fun upbeat music you’ll want to sing along to! In this class you are not just getting a great workout, you are welcomed into a fun community and atmosphere that will challenge you to push your limits, while celebrating how far you’ve come. Walk in rate $10.00 per class.

Instructor: Marisa Paradis
Day: THURSDAYS
Date: September 15 – December 15, 2022
(No Sept 29, Oct 27, November 24)
Time: 6:30-7:30pm
Ages: 16 and up
Fee: $88.00 Res./ $99.00 Non-Res. (11 weeks) or $10.00 per walk-in
Location: Tolland Recreation Department

KNITTING CLASS
Beginners, novice, intermediate or expert knitters; this is your class. Bring your problems, questions, or unfinished projects. The basics of knitting will be explored. Casting on, binding off, the knit stitch, the purl stitch, simple knit & purl combinations, simple cables, reading & interpreting patterns & abbreviations. Come join the fun and learn a thing or two. Materials are covered by the student according to individual patterns. Extra yarn and needles to practice stitches & techniques will be available during class.

Instructor: Lori D’Andrea
Day: Tuesdays
Date: September 13– November 15, 2022
Time: 6:30-8:00pm
Ages: 16 and up
Fee: $70.00 Res / $80.00 Non-Res, (10 weeks)
Location: Tolland Recreation Center- Program Room 1

DON’T MISS YOUR FAVORITE DISHES!
- Pizza & Calzones
- Quesadillas
- Grinders
- Paninis
- Burgers
- Wraps
- Variety of Salads
- Italian
- Mexican
- Greek Dishes

Download our New Mobile App to make ordering easier than ever! Receive exclusive offers for App users only! Dine-In, Curbside, Delivery & Pickup Available
Open 7 Days a Week

Ed 2 Go–Education to Go- Online Courses
Here at the Tolland Recreation Department we offer a wide range of ed2go courses that you can take from the comfort of your own home. All of our courses include expert instructors, many of whom are nationally known authors. Our online courses are affordable, fun, fast, convenient, and geared just for you. Classes as low as $95!! Ready to explore our catalog? Visit www.ed2go.com/TollandRec

Shake It Up Fitness
Shake up your routine, shake up your mindset, shake up your goals, shake it up fitness. Show up to a Shake It Up Fitness class exactly how you are; then let loose, be free, shake it up and leave it all on the dance floor. This high energy dance fitness class incorporates cardio, endurance, balance, flexibility and strength with fun upbeat music you’ll want to sing along to! In this class you are not just getting a great workout, you are welcomed into a fun community and atmosphere that will challenge you to push your limits, while celebrating how far you’ve come. Walk in rate $10.00 per class.

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Day: Tuesdays
Date: September 13– November 15, 2022
Time: 6:30-8:00pm
Ages: 16 and up
Fee: $70.00 Res / $80.00 Non-Res, (10 weeks)
Location: Tolland Recreation Center- Program Room 1

Don’t Miss Your Favorite Dishes!
- Pizza & Calzones
- Quesadillas
- Grinders
- Paninis
- Burgers
- Wraps
- Variety of Salads
- Italian
- Mexican
- Greek Dishes

Download our New Mobile App to make ordering easier than ever! Receive exclusive offers for App users only! Dine-In, Curbside, Delivery & Pickup Available
Open 7 Days a Week

Red Rock Cafe
On-Line Ordering @ www.redrockcafe.net
591 Middle Turnpike (Rte. 44)
Storrs, CT 06268 | 860-429-1366

Ed 2 Go–Education to Go- Online Courses
Here at the Tolland Recreation Department we offer a wide range of ed2go courses that you can take from the comfort of your own home. All of our courses include expert instructors, many of whom are nationally known authors. Our online courses are affordable, fun, fast, convenient, and geared just for you. Classes as low as $95!! Ready to explore our catalog? Visit www.ed2go.com/TollandRec
Yoga AM & PM

These classes are moderate, mixed level Kripalu Yoga classes. In the Kripalu approach, we use the tools of yoga - breathing exercises, yoga postures, and meditation - to develop awareness, strength, flexibility, balance, and resilience in the body and mind. I also incorporate some of the principles of Ayurveda, “the science of life”, in these classes to give you more tools to create balance, harmony, and vibrant health in your life. Everything can be adapted to suit individual levels. No previous experience with yoga is necessary. Please bring a yoga mat and a blanket or towel to cover up for the final relaxation. Walk in rate $10.00 per class.

Instructor: Amy Evans, RYT-500, AYT

Morning Yoga

Day: TUESDAYS - AM
Date: September 20 - December 6, 2022 (No Class Oct.11)
Time: 9:00-10:00 am
Ages: 16 and up
Fee: $77.00 Res./ $87.00 Non-Res., (11 weeks) or $10.00 per walk-in
Location: Tolland Recreation Department

Afternoon Yoga

Day: WEDNESDAYS - Afternoon
Date: September 21 – December 7, 2022 (No Class Oct.12)
Time: 4:45pm – 5:45pm
Ages: 16 and up
Fee: $77.00 Res./ $87.00 Non-Res., (11 weeks) or $10.00 per walk-in
Location: Tolland Recreation Department

Evening Yoga

Day: WEDNESDAYS - PM
Date: September 21 – December 7, 2022 (No Class Oct.12)
Time: 6:00-7:00 pm
Ages: 16 and up
Fee: $77.00 Res./ $87.00 Non-Res., (11 weeks) or $10.00 per walk-in
Location: Tolland Recreation Department

Tolland Family Pizza Restaurant

$2 Off $15 or more
Expires 11/8/22

$5 Off $30 or more
Expires 11/8/22

Workers C. Ernst, DVM
Kaitlyn M. Way, DVM
266 Stafford Road
Mansfield Center, CT 06250

Call (860) 450-0505
today to schedule an appointment.

Keeping your pets healthy

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225 Merrow Road, Route 195 Tolland, CT 06084
Monday - Sunday: 11:00AM-9:30PM
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A Greek Twist to Pizza & Italian Fare.
A Day on your own in Salem, MA
SATURDAY, OCTOBER 15, 2022

Join us for an exciting trip to Salem, Massachusetts this October, just in time for Spooky Season! We provide the transportation, and you are free to explore the streets of Salem as you wish! Just make sure you meet us back at the bus station by 5:45pm for the bus ride home.

Day: Saturday
Date: October 15, 2022
Time: 7:00am- Tolland Commuter Parking Lot (Exit 68 off of I-84)
Arrival: Approximately 9:00am, Salem Train & Bus Station: 252 Bridge St, Salem, MA 01970
Depart: 6:00pm-Salem Train & Bus Station: 252 Bridge St, Salem, MA 01970
Return: Approximately 8:00 -8:30PM- Tolland Commuter Parking Lot
Cost: $60.00 per person
Location: Salem, MA

A Day on Your Own in New York City
SATURDAY, DECEMBER 3, 2022

Enjoy a day in the Big Apple with friends and family! Get a jump start on your holiday shopping, visit museums, see a Broadway show or just enjoy the sights of the city. Bus will drop off & pick up at Rockefeller Center.

Date: Saturday, December 3rd
Reg. Deadline: Thursday, November 17th
Departs From: Tolland Commuter Lot, I-84 Exit 68 (Near Dunkin Donuts)
Departure Time: 7:00am
Return Time: 10:30pm Approx.
Fee: $87.00 Per Person (fee includes bus transportation only)

Contact us:
(860) 875-7136
393 Merrow Road
Tolland, CT 06084
Hours: Monday-Friday 8:00 – 5:00

JOHNSON AUTO BODY, INC.
Tolland, CT

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Recreation Happenings

Trick-Or-Treat
Tolland Recreation Department
Thursday, October 27, 2022
A chance to show off your child’s costume, see your friends and trick or treat in a safe friendly environment.
Visit the Recreation Department and find out more about us. Busiest time is between 5:30 and 6pm; come later when the lines are shorter. The event will be held at the Tolland Recreation Center (104 Old Post Road).

Sponsored by: The Tolland Recreation Department
Day: Thursday
Date: October 27, 2022
Time: 5:30-7:00pm
Ages: 10 and under
Fee: In lieu of a fee, we ask that you bring a non-perishable food donation.
Location: Tolland Recreation Department

Letters To Santa
Santa’s elves will be collecting letters left in the mail boxes at the Post Office, Birch Grove School, Tolland Intermediate School and Tolland Library beginning Wednesday, November 30, 2022 thru Wednesday, December 14, 2022. It is so hard for Santa to write back when a child doesn’t include their FULL NAME & ADDRESS, so please be sure that children include them.

Cider Mill 5K & Family 1 Mile Run
Saturday, October 1, 2022
The Cider Mill Road Race is a morning of fitness and fun, in 2022 we will be back to all 3 events: the kids fun runs, the 1 miler, and our 5k race. The Kids Fun Runs start around 900 am and are grassy routes set up in the soccer fields. The 1 mile race is a cross-country Cider Mile, a trek through the wooded trails at Crandall Park which starts promptly at 9:45 am. Our final event is the Cider Mill 5K — a closed road race which starts at 10:30am. Prizes are awarded to the top three male/female of both the 5k and 1 miler (overall), and the 5k will have age group awards /ceremony in the Pavilion at 1130 sharp! T-shirts are free to runners who pre-register by 9/11/2022. Pricing will be $12.00 for Kids fun runs & 1 miler, and $25.00 for 5k. No race day registration, must register on line by 9/30/22.

REGISTRATION
Registration is now available ONLINE at https://runsignup.com/Race/CT/Tolland/Cidermillroadrace

CELEBRATE TOLLAND FESTIVAL
SATURDAY, SEPTEMBER 10, 2022
Join us for a full day of fun with good food, entertainment, kid games, information booths by local groups, contests and much more!!

Fun for the Whole Family!
We are in need of volunteers to help make the day run smoothly. If you are interested give the Recreation Office a call at 860-871-3610.

Day: SATURDAY
Date: September 10, 2022
Time: 12:00-4:00pm
Ages: All
Fee: FREE
Location: Tolland Middle School Field

Monet’s Table
Restaurant and Catering
$5.00 OFF
Your Purchase of $25 or more
WITH THIS COUPON!
Not to be combined with any other special offer.
Expires 11/30/22

167 Tolland Stage Road, Tolland CT
860.875.7244 Debra@monetscatering.com
www.MonetsCatering.com
The Tolland Assessor’s office will be preparing the 2022 Grand List during the coming months. Tolland residents are advised that Veterans claiming a property exemption, who have not filed their honorable discharge form DD-214, must bring their original or a certified copy to the Town Clerk’s office prior to September 30, 2022.

The Veteran must be a US citizen for 10 years and have served 90 days of the conflict or the full duration of any conflict lasting less than ninety days. Eligibility for this exemption will be determined by the Assessor after review of the information provided.

Disabled Veterans and Veterans with incomes under $46,400 for married and $38,100 for single may be eligible for additional benefits. Filing deadline is October 1, 2022.

Veterans on active duty service, personnel to certain members of the reserve components of the armed forces, including the National Guard, who perform duty under Title 32 of the United States code, may be eligible for a Veteran’s exemption. Title 32 covers Homeland Security missions, airport security duty service in time of National disasters and patrol of the United States borders. Individuals applying must meet eligibility requirements under CGS-12-81

Active duty military personnel may have one of their motor vehicles exempted from taxes. The Assessor’s office has a form which must be completed and returned to the Assessor’s office along with a copy of a military photo ID and returned to the Assessor’s office to qualify for this benefit.

NOTICE TO TOLLAND RESIDENTS- Assessors Office

The Tolland Assessor’s office is currently receiving applications from individuals who are entitled to the following exemptions:

Any person who has been declared legally blind is entitled to a $3000 exemption. Proof must be filed with the Assessor. Handicapped individuals who drive special equipped motor vehicles must apply annually to have their vehicle exempted from property taxes. Filing deadline is January 31, 2023.

Totally disabled persons who are receiving permanent total disability under the Federal Old Age Survivors and Disability Insurance Program are entitled to an exemption of $1,000 of property assessment on property that they own. The filing deadline is December 1, 2022.

All persons filing for land assessment reductions under Public Act 490, farm, forest and open space for the first time must submit an application to the Assessor between September 1 and October 31, 2022. A State Forester must certify Forest Land applications before the Department of Environmental Protection will issue a Forest Certificate. New since 2016 Grand List, Open Space applications no longer need Planning and Zoning approval and can be filed directly with the Assessor’s office. Owners of land already under Public Act 490 that has not changed in use or acreage do not have to file annual applications with the Assessor.

Personal Property forms will be mailed out late September to those known individuals having taxable personal property. Taxable property consists of all unregistered motor vehicles, campers, horses/ponies and construction equipment.

All businesses located in Tolland are required to file an annual Personal Property Declaration. Any business having personal property to declare and who have not received forms by October 1st, should contact the Assessor’s office and forms will be mailed. All Personal Property forms must be returned to the Assessor’s office by November 1st or a 25% penalty will be applied according to state law. All Personal Property not declared and discovered by the Assessor will be valued by the Assessor. If you have closed your business during the past year, you must notify the Assessor in written form to have your account removed from the Grand List. Please contact the office with any questions. 860-871-3650

Assessment staff will be visiting homes from August through November to inspect those who have taken out building permits over the last year. Jason Lawrence or Karen Vaiciulis will have identification.
Human Services Assistance Programs

Renter’s Rebate
Tolland Human Services will be accepting Renter’s Rebate applications until September 29, 2022. This income-based program provides a one-time payment to renters based on the rent and utilities paid in 2021.

Recipient or spouse must be 65 years of age or older, or be 50 years of age or older and the surviving spouse of a renter who at the time of the renter’s death had qualified and was entitled to tax relief provided such spouse was domiciled with such renter at the time of the renters death, or 18 years of age or older and eligible to receive Social Security Disability benefits and must meet a one year state residency requirement.

Proof of income (SSA 1099) and rental expenses for 2021 must be provided.

To schedule an appointment, please contact Jeanne Pitney (860) 871-3615.

Connecticut Energy Assistance Program
Are you concerned about your heating bills? Tolland Human Services will start accepting applications for the 2022/2023 heating season in September. On behalf of eligible households, the CT Energy Assistance Program provides winter heating assistance for primary heating sources such as oil, natural gas, electricity, propane, kerosene, coal and wood/pellets. The program officially starts November 1 so apply early to receive the maximum benefits. Homeowners and renters may apply. Contact 860-871-3648 for an appointment.

Visit the Tolland Website for 2022/2023 updated financial requirements. [https://www.tolland.org/human-services](https://www.tolland.org/human-services).

Food Pantry
Tolland residents needing to use the Food Pantry may contact the following staff members: Seniors – contact Rebecca Ellert, (860) 870-3726; all other households may call Human Services, (860) 871-3648.

FoodShare Mobile Food Pantry
The FoodShare Mobile Food Pantry is available in Tolland on alternate Thursdays, 10-10:30 a.m. in the parking lot adjacent to the United Congregational Church of Tolland, 45 Tolland Green. Pre-registration and identification are not required. For more information about FoodShare, residents may contact FOODSHARE at (860) 286-9999 or the UCC office at (860) 875-4160, or visit the FOODSHARE website, [www.foodshare.org](http://www.foodshare.org).

Residents participating in the program must bring their own bags.

Information and Ongoing Human Services Programs/Services
The following information and ongoing programs/services are also available through the Human Services Department:

- Local Prevention Council is offering free Deterra Drug Deactivation pouches, which facilitate safe disposal of drugs at home. Businesses, civic organizations, doctors’ offices and individuals are welcome to request samples. This resource was made possible through the CT State Opioid Response (SOR). Contact Human Services at (860) 871-3648 to request pouches.
- Crisis counseling and Case management

Elderly Outreach/Case Management Services
Would you or a loved one benefit from Elderly Outreach/Case Management Services?

Navigating the world of programs and services can be confusing as there are so many options out there. Case Management services include:

- An Assessment of the elder’s current health, financial and living situation
- Identification of community resources and funding options for home care services such as Transportation, Home Delivered Meals, Insurance, Adult Day Care, Emergency Response Systems etc.
- Developing a Plan of Care based on the client’s needs/situation
- Monitoring of the elders situation

Both Rebecca Ellert and Jeanne Pitney are Certified Choices Counselors and are available to help you understand your options regarding Medicare including Medigap and Medicare Advantage Plans. Contact Jeanne at Tolland Human Services (860) 871-3615 or Rebecca at the Senior Center (860) 870-3726 to arrange a consultation.

Youth Programming
Please visit the Youth Services pages on the Town website for up to date programming information as it becomes available. For current information about any services for Tolland youth and families, residents may contact Assistant Director of Human Services Maureen Flanagan, (860) 871-3612 or visit [https://www.tolland.org/youth-services](https://www.tolland.org/youth-services)

HVCC Dial-A-Ride Program
Dial-A-Ride is a transportation program (wheel-chair accessible) for residents who are at least 60 years of age or are disabled. Rides are available to locations in Vernon, Ellington, and Tolland. Trips include: medical appointments, shopping, social and recreational activities. Medical trips are made to Manchester (Monday & Thursdays) and South Windsor (1st & 3rd Tuesdays) when available. All appointments are on a first come, first served basis. You will need to reserve your ride both to the appointment and from the appointment. In order to provide a return ride, you will need to estimate the duration of your stay at your appointment. You may reserve your ride up to 8 weeks in advance. There is an annual $20.00 registration fee and a $2.00 donation for each trip. Round trips are $4.00. You must have

<table>
<thead>
<tr>
<th>Household Income Guidelines (2021)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single/widowed applicants</td>
</tr>
<tr>
<td>Married applicants</td>
</tr>
</tbody>
</table>

[www.theChronicle.com](http://www.theChronicle.com) Tolland Community Newsletter FALL 2022
exact change. Call (860) 870-7940 to make a reservation and for general information.

**Tolland Housing Rehabilitation Loan Program**

The Tolland Housing Rehabilitation Loan Program provides zero percent interest loans to eligible residents for home repair projects that include, but are not limited to: septic systems, well repair, roofing and siding, structural deficiencies, replacement windows, insulation, ADA improvements, plumbing, electrical and heating systems.

To be eligible, yearly gross income must not exceed amounts listed below:

<table>
<thead>
<tr>
<th>Number in Family</th>
<th>Household Income</th>
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<tbody>
<tr>
<td>1</td>
<td>$62,600</td>
</tr>
<tr>
<td>2</td>
<td>$71,550</td>
</tr>
<tr>
<td>3</td>
<td>$80,500</td>
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<tr>
<td>4</td>
<td>$89,400</td>
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<tr>
<td>5</td>
<td>$96,600</td>
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<tr>
<td>6</td>
<td>$103,750</td>
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<tr>
<td>7</td>
<td>$110,900</td>
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<tr>
<td>8</td>
<td>$118,050</td>
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</tbody>
</table>

For an application or for more information, residents who are interested and feel they may be income eligible may contact (860) 871-3648. All information provided to the Tolland Housing Rehabilitation Loan Program will be kept confidential.

**Fair Housing Notice**

Beverly Bellody, Director of Tolland Human Services, serves as the Fair Housing Officer for the Town of Tolland. The Federal Fair Housing Act prohibits discrimination in the sale, rental and financing of dwellings, and in other housing-related transactions, based on race, color, national origin, sex, religion, familial status or the presence of children, or disability.

Under the Connecticut Fair Housing Act, it is against the law to deny anyone housing based on race, color, national origin, ancestry, sex, religion, familial status or the presence of children, disability, marital status, sexual orientation, age (except minors), lawful source of income, veteran status or gender identity or expression. If you feel your rights have been denied in the equal access to the rental, sale or financing of residential property, please contact Beverly Bellody at (860) 871-3611, Mon.-Wed. 8:00 am-4:30 pm, Thurs. 8:00 am-7:30 pm, closed on Friday.

**Senior Center News**

**CENTER HOURS:**

Monday-Wednesday: 8:30 AM – 4:00 PM  
Thursday: 8:30 AM – 6:30 PM  
Friday: CLOSED

**Programs we offer:** Bean Bag Toss, Billiards, Book Club, Cards, Chorus, Chair Volleyball, Dominoes, Jammers, Line Dancing, Mahjong, Ping Pong, Quilting, Seniors with Thyme Cooking Program, Painting Class & Wednesday Lunches!!

We also offer the following Health & Wellness programs: Blood Pressure & Blood Sugar Clinic, Exercise, Chair Yoga, Reiki, Walking Club and Foot Care!!

Check out our website, www.tollandct.gov/senior-center and follow us on Facebook!

We have a newsletter box on the front step of the Senior Center (674 Tolland Stage Road) so stop by anytime to grab a newsletter!!
Did you know that many permits can be applied and paid for online? Visit the Building Department webpage and click the Online Permit Center button to start your application. Having proper permits will not only guarantee the work is approved and inspected, but will benefit you if you decide to sell your home. Did you know that homeowner’s insurance claims may be denied due to unpermitted home improvements? Our office staff is happy to answer any questions you may have on the permit process.

While you’re on the Building Dept. page, check out our many Reference Materials and Links. There is quite a bit of information provided to help you with your home improvement projects, including swimming pools, decks, additions and more.

Fall is the perfect time to prepare for cold, winter months. Please note that wood stoves, pellet stoves and inserts require a building permit. A permit ensures a proper installation, which requires smoke and carbon monoxide detectors. On the subject of smoke detectors, don’t forget to change your batteries in your smoke detectors when you change the clocks!

Before the snow arrives, consider calling in professional help to address any ice dam issues your roof may have had last year. The root cause is usually a lack of ceiling insulation and/or attic ventilation. We always recommend using a competent, licensed and insured contractor for any home improvement project. A professional contractor will take care of the permit requirements for you and will provide peace of mind knowing that the work is done properly and to current code requirements.

If you have questions for Jim Paquin, the Building Official, he is usually available in the office Mon-Thurs, 8:00-10:00 AM and noon-2:00PM. He is also available Thursday evenings from 6:00-7:30PM.

Staff provides technical guidance and support to the Planning and Zoning Commission, Zoning Board of Appeals, Inland Wetlands Commission, Conservation Commission, Agriculture Commission, Design Advisory Board, Water Pollution Control Authority and the Water Commission. For Meeting information, Agendas, Packets, Minutes and Recordings - please visit https://www.tolland.org/boards and locate the Board or Commission you are interested in.
Winter Parking Bans

Residents are reminded of the winter parking ban in effect from **November 1st through April 15th**. Overnight parking is not allowed on public streets or municipal parking lots between the hours of **midnight and 6:00 AM**. A parking ban may also be declared if a significant snow event is forecast or in progress. For information on whether a parking ban has been declared (beyond the midnight to 6 AM ban) tune to WFSB (CBS), WTNH (ABC) or WVIT (NBC).

Mailboxes

Your mailbox should be in good repair, firmly attached to a solid post and properly placed so no part of it is over the pavement. Your mailbox will have to withstand countless tons of flying snow this winter and may require periodic maintenance. If a mailbox or post is pushed over or damaged as a result of snow or slush coming off a snowplow, it is considered a winter hazard and the Town will not repair or replace the mailbox or post. The height of the bottom of the mailbox to the street should be between 42-48 inches and the mailbox door should be 6 to 8 inches back from the front face of the curb or road edge.

Garbage & Recycling Tote Placement

Residents are reminded that garbage and recycling totes should be placed within 18 inches of the curb or roadside. Please know that they are to be placed on your property, not in the street. Doing so not only creates a public safety issue but also hinders snow removal operations. The Town is not responsible for damage done to totes by plows.

Portable Basketball Hoops

Portable basketball hoops and similar items should NOT be in the Town Right-of-Way. The Town is not responsible for damage done by plows to such items left in the Town Right-of-Way.

Catch Basins & Storm Inlets

Help minimize street flooding by shoveling snow and ice away from the front of the storm inlet nearest your house. This includes keeping catch basin grates free of leaves and other debris all year long.

Sidewalk Clearing

Per Town Ordinance, it is the responsibility of owners and occupants of buildings and vacant lots to remove snow, sleet and ice from public sidewalks abutting their property within 24 hours after a storm has concluded. Failure to comply with this ordinance may result in a fine. Please remember that the final snowplow pass is not made until after the storm has concluded. Your cooperation in clearing sidewalks is an essential safety measure for pedestrians using the sidewalks.

Fire Hydrants

Owners of property and occupants of buildings that have a fire hydrant are required by Town Ordinance to clear a four-foot area in all directions around the hydrant and a three-foot wide path from the street to the fire hydrant. Failure to comply with this ordinance may result in a fine. The Fire Department counts on hydrants being clear of snow in the event of an emergency.

Christmas Trees

Tolland does not offer curb side pick up of Christmas trees. However, Christmas trees may be dropped off at Crandall’s II, near the Lodge driveway, from December 26th through January 26th.

Gubernatorial Election

November 8th

The Gubernatorial Election will take place on Tuesday, November 8, 2022. We will be voting for U.S. Senator, Representative in Congress, State Senators, State Representative, and Governor/Lt. Governor, Secretary of State, Attorney General, Comptroller and Treasurer.

As we do for all Elections, voting will take place at both polling places—the Tolland Recreation Center Gym at 104 Old Post Road and the Tolland Senior Center (674 Tolland Stage Road). If you have moved within town, your Polling Place may have changed. Please notify the Registrars of Voters if you have moved so that your records can be updated.

To register to vote online or to make changes to your voter registration card (name, address, party etc.), please visit **www.govote.ct.gov** and follow the prompts. You will need a valid Connecticut Driver’s license or may use the last four digits of your Social Security number.

Please visit our WEBSITE **www.TollandElections.org** for answers to any questions you may have. Deadline for mail-in Voter Registration cards is November 1st. There is limited in person registration on Monday, November 7th, from 9:00 a.m. until 5:00 p.m., if you turned 18, moved into town or became a United States citizen AFTER November 1st.

EDR (Election Day Registration) allows unregistered people who qualify, to register and vote on Election Day. This process will take place in the Program Room in the Library under the direction of the registrars.

Absentee ballots and applications are available in the Town Clerk’s office in Town Hall. Drop boxes for remitting completed Absentee Ballots are available in front of the Library and in Parking Lot “A” at Town Hall.

Polls will be open from 6:00 a.m. until 8:00 p.m. on November 8th. If you have any further questions, please call the Registrars of Voters at 871-3634.
**Adult Programs**

**Summer Reading**
The Adult Summer Reading Program will end on **Saturday, September 3**. Get in your last minute reads by sending us (bpettijohn@tollandct.gov) the title of books read to be eligible for the final prizes. Thanks go to the Friends of the Tolland Public Library for their financial support.

**Finances**
On **Tuesday, September 13** at 6:30 pm in the library’s program room there will be a presentation by Michael Alimo of USA Financial on stock market corrections. There have been over 29 market corrections over the last 50 years as well as 8 recessions. Understanding the potential impact on your investments, savings, and expenses during inflationary times and how to navigate during these time periods are instrumental in maintaining success pre and post retirement. Please register at tolland.org/library and look for the Online Library Events Calendar.

**Jellyfish**
Are you ready for this Jelly? How new discoveries about jellyfish could shape our world.
For centuries humans have copied from nature to solve problems and design new products for use in everyday life. This type of science has given us velcro, swimsuits, and even trains! Among the most fascinating organisms we can learn from are jellyfish, which have inspired many different technologies that are used in medicine, robotics, and engineering. Learn more about the importance of jellyfish and how studying them is leading to new discoveries that could change our lives! Lauren Mellenthin will be talking about jellyfish virtually on **Thursday, September 15** at 6:30 pm. Zoom links will be sent out on September 15. Please register at tolland.org/library and look for the Online Events Calendar.

**Helen Keller Dramatization**
On **Tuesday, September 27** at 6:30 pm in the library’s program room, Sheryl Faye will bring to life Helen Keller using costumes and a multimedia learning experience. Sheryl has portrayed Amelia Earhart, Eleanor Roosevelt, Ruth Bader Ginsberg and Susan B. Anthony for the Tolland Public Library in the past. This program is supported by the Friends of the Tolland Public Library. Please register at tolland.org/library and look for the Online Library Events Calendar.

**Skiing Prep**
On **Wednesday, October 12** at 6:30 pm join Dave England, a PSIA-certified ski instructor in the library’s program room. He is passionate about helping people ski safely and will present a classroom-style alpine ski clinic. Please register at tolland.org/library and look for the Online Events Calendar.

**Music**
Peter Biedermann is a solo instrumental guitarist based in Green Valley, Arizona who has been composing and performing for over 40 years. He will be appearing at the Tolland Public Library, 21 Tolland Green on **Monday, October 17** at 6:30 pm. His background includes stints in various group settings, most notable the bands PING, White Light, Serious Fun, Magic Spot and Amalgamation. Please register for this event at tolland.org/library and scroll down to Online Library Events Calendar.

**Home Buying/Selling**
Do you want to know how to buy and sell a house in today’s market? Join Mark Riesbeck, Realtor, Phil Bailey, Mortgage Consultant, Dave Sherwood, Home Inspector, and Elena Bonavita, Stager for a presentation at 6 p.m. on Wednesday, November 9 in the library’s program room. Please register at tolland.org/library and look for the Online Library Events Calendar.

**Felting**
Angelina Fleury is back on **Tuesday, November 22** from 6 until 8 to teach a needle felting craft. Each participant will make an adorable sheep with candy cane legs. Angelina’s programs fill up very quickly. This program is funded by the Friends. Please call the library to register (860 871-3620) or sign up online at tolland.org/library and look for the Online Library Events Calendar.

**Ongoing Adult Programs**
The Friends of the Tolland Library meet on the first Monday of the month (September thru June) in the program room at 11 a.m. All library lovers are welcome.

**The meditation group** meets on the first Tuesday of the month in the program room at 6:30 p.m. Beginners and advanced practitioners are welcome.

**Tech help** is available the second Wednesday of the month at 11 p.m.

**The Tolland Book Discussion Group** meets on the third Wednesday of the month at 2 p.m. in the program room. We supply the books and the questions.

**The Tolland Writer’s Group** meets on the third Tuesday of the month at 6 p.m. in the Audiovisual Room.

**Tech classes** on a variety of topics happen on the fourth Thursday of the month at 2 p.m in the program room.

**Nookless Knitters** meet every Friday at 10 a.m. in the program room.

**Friends of the Tolland Library**

**Tote Bags**
The popular zippered tote bags have come in and can be bought at the front desk of the library for $15 each. They have outside pockets for 2 beverage containers and inside pockets for your cell phone and pens. They come in 5 beautiful colors and they are displayed by the front desk.
**Tolland Public Library**

**Book Sale Room**

Thank you to everyone who is donating wonderful selections to our Book Sale Room, and thank you to all of you who visit the room and make purchases. We receive new donations each week and new paperbacks, hard cover books, and trade books are alphabetized by author and put in the New Arrivals Section. Nonfiction books are arranged by subject and put in the Nonfiction Section. We also have DVDs, CDs and a variety of children's books.

You can identify when adult items have arrived by the stickers that are on them. Books, CDs and DVDs that are new since January have red stickers. Items since May 1 have white stickers, September-December have yellow stickers, older arrivals have green stickers.

Come and shop for that special book that is a wonderful bargain in our Sale Book Room! Books are $1.00 or $.50. DVD and CD prices have been reduced to $1.00.

If you are donating books or DVDs to us, please donate items you feel will sell. Cookbooks, yellow paged or damaged books, and nonfiction books more than 10 years old are difficult to sell. DVDs that are not Blu-Ray are also hard to sell.

**Museum Passes**

When you make your plans to visit a venue in Connecticut keep in mind that the library has passes that will save you a lot of money. These are the museums and venues for which we have passes at this time: Children's Museum in West Hartford along with the Roaring Brook Nature Center, Connecticut's Old State House, Connecticut River Museum, Connecticut State Parks and Forests, Connecticut Trolley Museum, Florence Griswold Museum, Lutz Children's Museum, Mark Twain House, Museum Mystic Seaport, New Britain Museum of Art, New England Air Museum, Old Sturbridge Village, USS Constitution Museum, Wadsworth Atheneum Museum of Art, and Naismith Memorial Basketball Hall of Fame.

If you have suggestions for passes or other activities, we will take them, but purchasing services depends on costs and the expected popularity of the service. Just mention your idea to library staff or to a member of the Friends' Board.

**Festival of Trees**

More information to come on the most important fundraising effort by the Friends. Typically the Festival of Trees is set up in November and the silent auction takes place the first week in December.

The Friends of Tolland Library are here to serve you and provide you with stimulating library experiences. We look forward to getting your ideas and moving forward with library activities this spring. We have posted the Friends’ Board Photos on our bulletin board at the library. Then, when you see us in person, you can say “Hello” and ask us about the Friends, our plans and our services.

**Upcoming Children’s & Young Adult Programs**

**Sept., Oct., Nov. 2022**

**Super Duper Story Time**

Tuesdays, 10:30 - 11:15 AM.

September 6, 13, 20 & 27.

October 11, 18, & 25.

November 1, 8, 15, 22, & 29.

Kids and caregivers are invited to join our children’s librarian on Tuesdays for stories, songs, crafts, and oodles of fun! Toddlers & Kids. FREE. Call (860) 871-3621 for more info. Registration required.

**Baby Bookworms**

Wednesdays, 10:30 – 11:00 AM.

September 7, 14, 21, & 28.

October 12, 19, & 26.

November 2, 9, 16, 23, & 30.

Join us on Wednesday mornings for board book read-alongs, songs, rhymes, and playtime for your little ones. Infants & Toddlers. FREE. Due to limited space and supplies, registration is required for all participants. Call (860) 871-3621 for more info. Free.

**Museum Passes**

223 Merrow Road, Tolland, CT • (860) 875-0149 • www.birchmountainpottery.com

Thank you community, for all your support!

Featuring an extensive line of beautiful, handcrafted pottery made on the premises. Also, work by area artists and craftspeople.

Follow us on Facebook!

BIRCH MOUNTAIN POTTERY
studio-gallery
Susan Gerr; Your local potter since 1985!

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**Tolland Eye Care**

Healthy Vision for Life

152 Merrow Road, 23C Fieldstone Commons

860-871-6507

Exit 68 - Big Y Plaza

- Comprehensive eye exams
- Contact lenses
- Diagnosis and treatment of eye disease and injury
- Dry eye relief
- Designer eyewear including budget selection
- Prescription sunglasses and recreational activity sports eyewear

TollandEye.com
Chess Club
Meets Wednesdays, 6:30 - 7:30 PM.
September 7, 14, 21, & 28.
October 5, 12, 19, & 26.
November 2, 9, 16, 23, & 30.
Weekly chess group for kids, pre-teens, and teens. Hosted by Mr. Edward Faber. Players should know basic chess moves before joining the group. Registration is required. Kids, Pre-Teens, & Teens. Free. Call (860) 871-3621 for more info.

LEGO Club
Meets on the 2nd & 4th Thursday of Every Month, 4:00 - 4:45 PM.
September 8 & 22.
October 13 & 27.
September 8 & 22.
November 10.
Attention LEGO lovers! Exercise your creativity, show off your skills, and attempt awesome challenges online. Meets on the 2nd and 4th Thursday of every month. Kids & Pre-Teens. Free. Call (860) 871-3621 for more info. Registration required.

Tech Time
Meets Once a Month on a Saturday, 12:00 PM - 1:00 PM.
September 17.
October 15.
November 26.
Get hands-on with some of the amazing technology available at the library and have a STEM-tastic time! Ozobots, iPads, video games, and more. Kids, Pre-Teens, & Teens. Free. Call (860) 871-3621 for more info. Registration required.

Anime / Manga Club
Meets Once a Month on a Wednesday, 4:00 - 4:45 PM.
September 14
October 19
November 16
Practice manga-style art, eat exotic snacks, fold origami, watch, read, and discuss your favorite anime and manga. Pre-Teens & Teens. Call (860) 871-3621 for more info. FREE. Registration required.

Teen Library Council
Meets the Last Wednesday of Every Month, 4:00 - 4:45 PM.
September 28.
October 26.
November 30.
Motivated and dedicated teens wanted! Design your own library programs and web content. Personalize the Teen Area. Have a say in the books and movies that you want in the library. If you’re a teen, ages 13-19, your opinions matter and we want you to share! Join us on the last Wednesday of every month. Registration is required. Call (860) 871-3621 for more info. FREE.

Make Your Own Ice Cream
Tuesday, September 6. 4:00 - 4:45 PM.
Learn how to make quick and easy ice cream with simple ingredients that you can find at home. Pre-teens & Teens. FREE. Call (860) 871-3621 for more info. Registration required.

Pirate Story Time / Treasure Hunt
Saturday, September 17. 10:30 - 11:15 AM.
Avast, mates! Join us for jolly pirate stories and crafts, enjoy a library-wide scavenger hunt, and win a gold doubloon when you share your best pirate voice with a librarian! All ages. Call (860) 871-3621 for more info. Free. Registration required.

Middle Earth Escape Room
Thursday, September 22. 6:00 - 6:45 PM.
Happy Hobbit Day! Celebrate the works of J.R.R. Tolkien with a fun and challenging escape room. Pre-Teens & Teens. Registration is required. Free. Call (860) 871-3621 for more info.

Teddy Bear Picnic
Friday, September 9th. 12:00 - 12:45 PM.
September 9th is National Teddy Bear Day! Join us in the afternoon for an outdoor teddy bear picnic and story. Bring your teddy, bring a blanket, and pack a lunch! Toddlers & Kids. Snacks provided. Parents are welcome to bring their own food. Call (860) 871-3621 for more info and if your child has any food allergies. Rain date TBD. Free. Registration required.

STEM: Frankenfigures
Saturday, October 1. 12:00 - 1:00 PM.
Use your creativity and STEM knowledge to deconstruct old action figures, recycle the pieces, put them back together, and transform them into something new! Pre-teens & Teens. Free. Call (860) 871-3621 for more info. Registration required.

Pet Rocks
Tuesday, October 4. 4:00 - 4:45 PM.
It's National Pet Rock Day! Paint, decorate, and create your own. Feathers, glitter, pipe cleaners, and googly eyes galore! Kids & Pre-Teens. FREE. Registration required.

Dungeons & Dragons
Thursdays, 6:00 - 7:30 PM.
October 6, 13, 20, & 27.
November 3, 10, & 17.
Grab a character sheet and a set of dice and embark on an epic quest designed by local Dungeon Master extraordinaire, Jerry Rapone of “The Winding Way Forward Tabletop Adventures”. Experienced players and DMs are welcome to join and run their own games. Registration is required. Players should have a basic understanding of how to play before joining. Pre-teens & Teens. Call (860) 871-3621 for more info.
Halloween Movie Night
Friday, October 28. 5:00 - 7:00 PM.
Join us after hours for pizza, popcorn, pumpkins, painting, and a special spooky movie... IF YOU DARE! Teens, ages 12-15 ONLY. Registration and parent signature are required. Call (860) 871-3621 or email ageary@tollandct.gov for more info. Free.

Halloween Story Time / Parade
Saturday, October 29. 10:30 AM - 11:30 AM.
Let’s celebrate the spooky holiday with a very special storytime and craft! Wear your costume and join us after the program for a Halloween parade around the library. Toddlers & Kids of all ages. Registration required. Call (860) 871-3621 for more info. Free.

Christopher Agostino’s, “StoryFaces”
Saturday, November 12, 12:00 PM.
Join guest performer Christopher Agostino as he engages his audience through face paint and classic fairy tales. “StoryFaces” is an innovative storytelling art performance that’s great for homeschool students and the whole family. All ages. Free. Call (860) 871-3621 for more info. Registration required.

Thanksgiving Family Film
Wednesday, November 27, 12:00 PM – 1:30 PM.
Join us at the library for a festive movie and fun for the whole family! Holiday craft and snacks provided. All ages. Free. Call (860) 871-3621 for more info. Registration required.

REGISTER ONLINE AT
www.tollandct.gov

SEPTIC SYSTEM SERVICE

INSPECTIONS - REPAIRS - INSTALLATIONS

860-462-3926
SepticologyLLC
septicology.com
Tolland Fire Department

Is Your Street Number Visible from the Road?

Residents and Business Owners are asked to please check their street address numbers. Can they be seen from the road? Are they faded, too small, overgrown or missing? If so, please update your numbers so that they are visible from both directions. The Fire Department offers blue reflective street address signs for $16. The signs measure 6” wide and 18” long, your house numbers are placed on both sides and the blue coating is also reflective. These signs will make your address easier to find and they also make great gifts! For an order form please visit www.tollandfire.org, click the Forms button on the left.

Help Us Help You!

Tolland Fire Department is currently seeking additional Emergency Medical Technicians (EMTs) to join our volunteer ranks. If you currently hold an EMT license or would like to train to become an EMT please consider volunteering for your community.

- Did you know that the Tolland Fire Department is a combination department?
- A combination department means that both career and volunteer members work together to provide emergency services to the residents, businesses and visitors of Tolland. Our small career staff is on duty Monday through Friday covering the hours of 6:00am to 6:00pm. Our volunteer staff covers nights, weekends and major holidays. This type of coverage is a resourceful and cost-effective way to provide top-level services to the Town. Career staff may be called into work to cover major emergencies or during severe weather events. We are grateful that there are still a handful of volunteers that supplement the career staff during the daytime hours.
- The Department operates two ambulances and responds to emergency calls 24/7/365.
- We have a flexible duty schedule in which volunteer EMTs can sign-up for night or weekend shifts. This schedule allows EMTs to fit volunteering into their personal schedules.
- With the increased emergency call volume we are starting to burn-out our core membership. If we could recruit a few more people to assist us we can lighten the load of our members, possibly holding onto these well-trained EMTs and extend their years of service to the community.
- Additions to the Town’s population both residential and commercial over the past years have affected our membership as well. Members have moved away from volunteering for a variety of reasons such as work and family obligations. Bottom line is we need additional volunteer EMTs to keep delivering our high-level of service. We need to plan for Tolland’s future.
- Volunteer EMTs often reflect on their service to their neighbors and community as a personally fulfilling and extremely rewarding experience.

We would like to thank all of our past and present members, both career and volunteer, because together they have created a foundation that we continue to build on. We miss those who have moved on and look forward to meeting new people who will help shape our future.

If you reside in Tolland and are interested in becoming a volunteer EMT please visit the Department’s website www.tollandfire.org, click the “join us” button on the left side of the page or stop by the Training Center, located at 191 Merrow Road, during the day or on Monday nights when training is in session. Thank you in advance for Helping Us Help You!

STATE LAW: Move Over or Slow Down for Stopped Emergency Vehicles

Drivers are reminded that they must move over one lane and slow down if they see emergency vehicles and tow trucks stopped on the shoulder of a highway with their lights flashing. If all lanes are full and drivers can’t move over, they are required to slow down as they pass the scene. Connecticut passed its Move Over law in 2009, fines for breaking the law start at $181.

Tolland Fire Marshal

Lithium Ion Battery Safety for Consumers*

Lithium ion batteries supply power to many kinds of devices including smart phones, laptops, scooters, e-cigarettes, smoke alarms, toys, and even cars. Take care when using them. In rare cases, they can cause a fire or explosion.

The problem

- These batteries store a large amount of energy in a small amount of space.
- Sometimes batteries are not used the right way; batteries not designed for a specific use can be dangerous.
- Like any product, a small number of these batteries are defective. They can overheat, catch fire, or explode.

Safety Tips

- Purchase and use devices that are listed by a qualified testing laboratory.
- Always follow the manufacturer’s instructions.
- Only use the battery that is designed for the device.
- Put batteries in the device the right way.
- Only use the charging cord that came with the device.
- Do not charge a device under your pillow, on your bed or on a couch.
- Keep batteries at room temperature.
- Do not place batteries in direct sunlight or keep them in hot vehicles.
- Store batteries away from anything that can catch fire.

Signs of a Problem

Stop using the battery if you notice these problems: odor, change in color, too much heat, change in shape, leaking, odd noises. If it is safe to do so, move the device away from anything that can catch fire. Call 9-1-1.
Battery Disposal
— Do not put lithium ion batteries in the trash.
— Recycling is always the best option.
— Take them to a battery recycling location or contact your community for disposal instructions.
— Do not put discarded batteries in piles.

High-Tech Luggage
Some major airlines no longer accept ‘smart’ luggage with non-removable lithium ion batteries as checked or carry-on luggage. The powerful batteries can potentially overheat and pose a fire hazard during flight.

In some instances, smart bags with removable lithium ion batteries will be allowed on board if the battery can be removed on site and taken on board with the customer. Check with your airline for restrictions.

Electrical Safety *
Flipping a light switch. Plugging in a coffeemaker. Charging a laptop computer. These are second nature for most of us. Electricity makes our lives easier. However, we need to be cautious and keep safety in mind.

Safety Tips
• Have all electrical work done by a qualified electrician.
• When you are buying or remodeling a home, have it inspected by a qualified private inspector or in accordance with local requirements.
• Only use one heat-producing appliance (such as a coffee maker, toaster, space heater, etc.) plugged into a receptacle outlet at a time.
• Major appliances (refrigerators, dryers, washers, stoves, air conditioners, microwave ovens, etc.) should be plugged directly into a wall receptacle outlet. Extension cords and plug strips should not be used.
• Arc-fault circuit interrupters (AFCIs) shut off electricity when a dangerous condition occurs. Consider having them installed in your home.
• Use ground-fault circuit interrupters (GFCIs) to reduce the risk of shock. GFCIs shut off an electrical circuit when it becomes a shock hazard. They should be installed inside the home in bathrooms, kitchens, garages and basements. All outdoor receptacles should be GFCI protected.
• Test AFCIs and GFCIs once a month according to the manufacturer’s recommendations. You do not need a flame to start a fire. Fires can start when heat builds up near things that burn. This can happen when a hot light bulb is near things that burn, such as cloth or paper, or a cord has been placed under a carpet.
• Check electrical cords to make sure they are not running across doorways or under carpets. Extension cords are intended for temporary use. Have a qualified electrician add more receptacle outlets so you don’t have to use extension cords.
• Use a light bulb with the right number of watts. There should be a sticker that indicates the right number of watts.

IMPORTANT REMINDER
Call a qualified electrician or your landlord if you have:
• Frequent problems with blowing fuses or tripping circuit breakers
• A tingling feeling when you touch an electrical appliance
• Discolored or warm wall outlets
• A burning or rubbery smell coming from an appliance
• Flickering or dimming lights
• Sparks from an outlet

*Reproduced from NFPA’s website, www.nfpa.org/publiceducation
NATIONAL FIRE PROTECTION ASSOCIATION The leading information and knowledge resource on fire, electrical and related hazards

Tolland Emergency Management
Staying Informed
Through the State of Connecticut’s website (https://portal.ct.gov/DEMHS/Emergency-Management/Resources-For-Individuals/Staying-Informed) there are multiple ways for you to stay informed before, during and after a disaster. The following are a few of the resources available to you during an emergency or disaster situation.

CT Prepares Web Application:
The CT Prepares app can be downloaded on both Apple and Android based smartphones. CT Prepares provides information and alerts in emergency situations and integrates text messaging, email, and social networking, allowing residents to communicate with family members during an emergency. Users will receive real-time notifications including emergency news, state office closings, and public safety messages. Visit https://portal.ct.gov/DEMHS/Emergency-Management/Resources-For-Individuals/Staying-Informed to download the app.

CT Alert Notification System:
CT Alert is an enrollment based notification system that is used by the State to notify the public of impending emergency situations. The public may enroll in this notification system by visiting https://portal.ct.gov/CTAlert/Common-Elements/Common-Elements/Learn-about-CT-Alerts

For a link to these pages visit tollandct.gov/emergency-management Select “CT Prepares Informational Webpage” listed on the left-hand side.

For local alerts, visit tollandct.gov/emergency-management to sign-up for Tolland’s Emergency Alerts

Tolland Alert
Get alerted about emergencies and other important community news by signing up for Tolland Alert, our Emergency Notification Program. This emergency notification system enables the Town of Tolland to provide you with critical information quickly in a variety of situations, such as severe weather, unexpected road closures, missing persons, and evacuation of buildings or neighborhoods.

You can receive time-sensitive messages wherever you specify, such as your home, cell, or business phone, email, text messages, hearing impaired receiving devices, and more. You pick where, you pick how.

Tolland Public Safety/Fire Department

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We are committed to providing your animals with the highest quality care possible.

Small Animal Medicine and Surgery
Large Animal & Equine Farm Calls

www.fentonrivervet.com
**Fitness**

- New Cardio Equipment
- New Group Training Equipment
- Private Personal Training
- Small Group Training
- Group Fitness Classes

**Aquatics**

- Swim Lessons
- Aqua Classes
- Birthday Parties

**Dome**

- Soccer & Flag Football leagues
- Volleyball
- Basketball

Star Hill / CFC U8, U9, & U10 Developmental Leagues & Clinics

100 Gerber Drive, Tolland 860-871-8800 www.starhillsports.com